

December

Lebanon County
Home Delivered Meals/Meals On Wheels

Monday	Tuesday	Wednesday	Thursday	Friday
		Please call the Area Agency on Aging with all meal questions/concerns 717-273-9262 cancellations: call on the previous business day before 11:00am <i>*menu is subject to change based on availability</i>		1 Chicken Cobb Salad (Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Pickled Diced Beets 1 Dinner Roll 1 Piece Cake
4 Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Sliced Apples	5 Sweet & Sour Meatballs 1/2c. Rice 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fresh Fruit	6 Stuffed Pepper Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding	7 Honey Rosemary Chicken 1/2c Buttered Noodles 1/2c Green Beans 1 White Bread 1/2c Peaches 	8 Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit
11 Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears	12 Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Three Bean Salad 1 Dinner Roll 1/2c Gelatin	13 BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit	14 Tuna Salad Sandwich w/lettuce & tomato 1/2c Potato Salad 2 White Bread Fresh Orange	15 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn 1 White Bread 1 Cookie
18 Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	19 Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit 	20 Christmas Special! Roast Turkey w/ Gravy 1/4c Homemade Stuffing 1/2c Whipped Potatoes 1/2c Seasoned Peas & Carrots Dinner Roll Apple Pie	21 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin	22 Maple Mustard Salmon 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit 
25 Merry Christmas Area Agency on Aging Office Meals on Wheels are CANCELLED TODAY! 	26 Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Carrots 1 Breadstick 1/2c Applesauce	27 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	28 Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Pickled Beet Salad 1 Wheat Bread 1/2c Fruited Gelatin	29 Roasted Pork w/ Peach Glaze 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie CLOSED MONDAY JANUARY 1, 2024

Call AAA Office no later than the PREVIOUS BUSINESS DAY by 11:00am if you need to cancel your meal!
¡Llame a la oficina a más tardar el DÍA HÁBIL ANTERIOR antes de las 11:00 a. m. si necesita cancelar su comida!

717-273-9262