








**SENIOR COMMUNITY CENTER LOCATION**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 10:00 Activity Calendar Distribution                      10:15-11:15 Coupon Clipping for the Troops                      10:30-11:30 Line Dancing                      12:00-12:30 Lunch                      1:00-2:00 Tai Chi</p>	<p>4 8:00 Golden Sneakers Indoor Walking &amp; Breakfast                      10:00 Zoom Band Together                      10:30-11:30 Games                      12:00-12:30 Lunch                      1:00-2:00 Bible Study</p>	<p>5 10:00-11:00 Tai Chi                      10:30-11:00 Stretch Resistance Exercise                      12:00 "Happy April" Luncheon @ Cedar Grill* (Sign up by 3/29)</p> 	<p>6 10:00-11:00 Collect for Events                      10:00 Zoom Band Together                      10:30-11:30 Chair Exercise                      12:00-12:30 Lunch                      1:00-2:00 Advisory/Planning Meeting</p>	<p>7 <b>Center Closed</b></p> 
<p>10 10:15-11:15 Coupon Clipping for the Troops                      10:30-11:30 Line Dancing                      12:00-12:30 Lunch                      1:00-2:00 Tai Chi</p> 	<p>11 8:00 Golden Sneakers Indoor Walking &amp; Breakfast                      10:00 Zoom Band Together                      10:00-11:00 Games                      12:00-2:00 Easter Banquet &amp; Entertainment @ Country Fare* (Sign up by 4/4)</p> 	<p>12 10:00-11:00 Tai Chi                      10:30-11:30 Stretch Resistance Exercise                      12:00-12:30 Lunch</p>	<p>13 Nutrition Education Flyer Distribution                      10:00 Zoom Band Together                      10:30-11:30 Chair Exercise                      12:00-12:30 Lunch</p>	<p>14 10:00-2:00 Pinochle*                      10:30-11:30 Bingo*                      12:00-12:30 Lunch</p>
<p>17 10:15-11:15 Coupon Clipping for the Troops                      10:30-11:30 Line Dancing                      12:00-12:30 Lunch</p>	<p>18 8:00 Golden Sneakers Indoor Walking &amp; Breakfast                      10:00 Zoom Band Together                      10:30-11:30 Games                      12:00-12:30 Lunch                      1:00-2:00 Bible Study</p>	<p>19 10:30-11:30 Stretch Resistance Exercise                      12:00-12:30 Lunch</p>	<p>20 10:00 Zoom Band Together                      10:30-11:30 Chair Exercise                      12:00-12:30 Soup &amp; Sandwich Special Meal* (Sign up by 4/13)</p>	<p>21 10:30-11:30 Bingo*                      12:00-12:30 Lunch</p>
<p>24 10:15-11:15 Coupon Clipping for the Troops                      10:30-11:30 Line Dancing                      12:00-12:30 Lunch</p>	<p>25 8:00 Golden Sneakers Indoor Walking &amp; Breakfast                      10:00 Zoom Band Together                      10:00-11:15 Games                      11:15-12:00 "Fraud Bingo" Presented by Dept. of Banking                      12:00-12:30 Lunch</p>	<p>26 10:00-10:30 Stretch Resistance Exercise                      10:30-12:00 Craft w/Ruth*                      2:00-12:30 Lunch</p>	<p>27 10:00 Zoom Band Together                      10:30-11:30 Chair Exercise                      12:00-12:30 Lunch</p>	<p>28 10:30-11:30 Bingo*                      12:00-12:30 Lunch</p> 
<p>Meals offered @ 12:00 PM 5 days a week. For meal reservation, please sign up or call 717-866-6786 by 11:00 AM the day before.                      Suggested Donation \$4.50</p>	<p><b>4/20 Special Meal Menu</b>                      Turkey Noodle Soup                      Broccoli Cheddar Soup                      Ham Sandwich                      Cole Slaw                      Raspberry Pie                      Milk</p>	<p><b>Upcoming Events</b>                      5/3- "Happy May" Luncheon @ Hilltop Café*                      5/11- Mother's Day Dinner &amp; Mini Golf @ Wetlands*</p>	<p>5/16 - Carpool Trip to Gretna Glen for Spring Fling*                      5/23- Carpool Trip to Wolf Sanctuary &amp; Lunch @ Brickerville*</p>	