



LEBANON COUNTY
Commission for Women

**Annual Hall of Fame
Luncheon & Awards Celebration**

March 22, 2023

*Writing women into the
history of Lebanon County*



Amanda Guzman
LCCW Chair

Lebanon County
Commission for Women

Welcome



Dear Friends,

Thank you for joining us at our 20th anniversary of the Lebanon County Commission for Woman and our 13th celebration of our Women’s Hall of Fame, as we highlight 11 dynamic women – our 2023 Hall of Fame Inductees. We are very thankful to be here today and welcome you to celebrate these women with us. In 2023, it is time for us to continue our work of building community and prompting healthy connections. There is much to be done in honoring our mission with assisting women to enhance their status in our community.

Women are a powerful force and when we unite and work together, we can accomplish phenomenal tasks. The Commission for Women works to support many organizations in our community including the Girls on the Run, Junior Achievement, a mentoring program for young women in the community, and our women’s empowerment scholarship opportunity to assist local high school graduates in fulfilling their dream of obtaining a post high school degree or certification. Now this year, we plan to host a “Lebanon Ted Talk” event to empower, motivate, and inspire women in our community.

Last year, the Commission for Women had the honor of being granted, by the Lebanon County Commissioners, a proclamation for World Women’s Day. This is our second year recognizing this honor on March 8, 2023. For the first time, we will also recognize this year three senior high school girls with our scholarship opportunity. We are excited to celebrate Women’s History Month with you today through our Hall of Fame luncheon.

The Commission for Women’s Hall of Fame is a true tribute as chosen unsung heroes are honored for their outstanding achievements and contributions they have made to our community. These individuals are notable examples of the greatness one person can accomplish, and with the combined spirit and commitment of all women in Lebanon County, we can move mountains. Lebanon County Women’s Commission will continue to advocate for increased opportunities for women to achieve positions of leadership in business, government, and the professions. We welcome each of you celebrating with us today to join us in uplifting the women in our community.

Sincerely,

Amanda Guzman
LCCW Chair

2023 Lebanon County Commission for Women Members

Officers

- CHAIR:** Amanda Guzman
- VICE-CHAIR:** Brittany Hilton
- SECRETARY:** Ashley Sellers
- TREASURER:** Nikki Gray

- Anne Aguilar
- Alicia Arnold
- Susan Danielewicz
- Amanda Davis-Buie
- Judy Hummel
- Elizabeth Judd
- Maine Keith
- Jody Lazorcik
- Stacy Schott
- Emily Simone
- Maribel Torres
- Marilyn Vizcaino
- Becky Woodhouse

Ex-Officio Members

- Jo Ellen Litz, Lebanon County Commissioner
- Sherry Capello, Mayor of the City of Lebanon



LEBANON COUNTY
Commission for Women

About the Commission for Women

This year the Lebanon County Commission for Women turns twenty! The commission was established in 2003, by the Lebanon County Commissioners. It serves as a conduit to them on issues of concern to women in Lebanon County. The mission of the Commission is to promote awareness, be a catalyst for change, and facilitate action in matters pertaining to women and their families.

2003 Officers

CHAIR: Kathy Snavely
VICE-CHAIR: Marianne Bartley
SECRETARY: Joyce Dissinger
TREASURER: Donna Moyer

Josie Ames
Mary Burchik
Carol Checket
Donna Eberly-Lehman
Harriet Farren
Cindy Heisey
Bridget Hofman
Karin Right-Nolan
Pam Tricamo
Jessica Wright

Ex-Officio Members

Rose Marie Swanger

About the Women's Hall of Fame

The first order of business after the Commission was implemented was to assess the community resources available to women and children. With that information, the commission developed a partnership with PROBE and assisted with the financial literacy workshops. Additional needs were recognized, but financial resources were extremely limited.

Initially, the Lebanon County Commission for Women observed Women's History Month through the development of news articles about Lebanon County women of historical interest. As commission members researched these historical women, it became clear that many contributions that women made or continue to make to the quality of life in Lebanon County had not been recognized.

In late 2009, Commission member Beverly Heishman conceived the concept after researching Women's Hall of Fames and presented it to Cindy Heisey, Commission Chair at the time. From there, it was presented to the commission. Its potential was realized and the project implemented.

The first Lebanon County Commission for Women's Luncheon and Hall of Fame celebration on March 10, 2010, coincided with the thirtieth anniversary of National Women's History Month. It was decided to hold subsequent celebrations as close as possible to March 8th, International Woman's Day. Over the years, the date was moved to later in the month to avoid inclement weather.

The purpose of the Lebanon County Commission for Women's Hall of Fame is to celebrate women who are Hidden Heroes, who work or live in Lebanon County. We honor women who make a difference in our community. Often, these women go unrecognized, and when recognized, soon forgotten. Each of these individuals contributes to the history in Lebanon County. Since our inception, we have been both researching and recording women's history; then posting it to our web page listed in this program, thereby preserving their place in history. The proceeds raised from this event are used to fund Commission projects.

In the early years, the proceeds were used to contribute to the Susan Funk Klarsch Memorial Garden at White Deer Run, H.O.P.E.S Family Shelter, and the Lebanon Historical Society for the preservation of women's history.

– Jenna Ekdahl. Honoring Women. "Nominate Women by Nov. 15 for Hall of Fame Inductions", Inside Lebanon. hibü Dec. 2013 pp 14-17



Hall of Fame Pin

Our inductees will receive a Hall of Fame pin. It is an original work of art created by local artist, and past HOF award recipient, Yasmin Brown. Each pin is an original handcrafted, one-of-a-kind creation that is as unique as the individual receiving it. The pin base is made of multicolored dichroic glass. This type of media provides different ways to create a unique play of colors on each pin. The uniqueness of the base symbolizes the uniqueness of the award recipient.

The feminine image on the pin represents three characteristics of the recipients. The base of the image is the shape of a diamond which represents the solid foundation of the recipient. The raised arms represent the innate strength of the recipient. The heart shape of the reaching arms represents the recipient's warmth and caring.

At the conclusion of today's function, 147 Lebanon County Sheroes (she + hero = shero) have been celebrated. Their stories preserved for posterity.

Guidelines for Nomination

Women who live and/or work in Lebanon County, or have played an integral part in the development and/or implementation of project(s) that have benefited the Lebanon Valley or have worked as Hidden Heroes touching lives in a positive way.

Nominations can be made year-round on a fillable PDF or by printing and mailing.
<https://lebanoncountypa.gov/departments/womens-commission>
e-mail: lebanonc4w@gmail.com

Agenda

11:30 am Call to Order

Pledge of Allegiance
Brittany Hilton

Welcome
Amanda Guzman – LCCW Chair

Prayer
Pastor Dustin Sider

Meal

Hall of Fame Program

Opening Remarks
Bev Heishman, HOF Co-Chair

Introduction of Inductees
Alicia Richards

Video Program

Presentation of Recognition

Closing Remarks
Jody Lazorcik, HOF Co-Chair

LCCW 2023 Scholarship Recipients

Lillian Young
Mia Roca-Lara
Amaya Rodriguez

Mentoring Program Honoree
Alani Buie





Mistress of Ceremonies

Alicia Richards

@arichardsabc27

Alicia Richards co-anchors ABC27's 5:00, 6:00 & 11:00 p.m. newscasts. She also does special reporting throughout the year. Most recently, Alicia was focused on the opioid crisis, winning a Keystone Media Award for her coverage.

When Alicia turned her attention to domestic violence, she won an Emmy award after revealing that Pennsylvania does not track how judges rule in these cases. She was also the Pennsylvania Association of Broadcasters television broadcaster of the year in 2020.



Alicia interviewed the first female CEO of The Hershey Company, Michele Buck. Alicia traveled to Kosovo to report on the Pennsylvania National Guard's peacekeeping efforts. She accompanied heart specialists from Penn State Hershey Medical Center on a life-saving medical mission to Ecuador. She covered the 2016 Democratic National Convention and the 2000 Republican National Convention – both in Philadelphia. She interviewed Hillary Clinton in Harrisburg and was there as Central Pennsylvanians poured into Washington for the Ronald Reagan Memorial.

Alicia spent a decade advocating for breast cancer awareness. Her Buddy Check 27 series won two Pennsylvania Association of Broadcaster awards and she and her mother Karen appeared in public service announcements promoting the importance of early detection. In addition, Alicia was awarded a first-place Associated Press award for "Lori's Story," a moving 10-part series on a local woman's determined battle against breast cancer.

Alicia takes great pride in her extensive involvement with the Central Pennsylvania community through regular speaking engagements.

Travel is one of her primary interests. With her family, she has gone on safari in Africa and has been to Egypt, Russia, Argentina and throughout Europe. Alicia and her partner of 25 years, Elise, have a Goldendoodle named Moxie.

Thank You to Cody Hassler and the Cedar Crest High School Media Class for the video interviews!



CEDAR CREST MEDIA CLASS

Tyler Angelo	Lea Jaeger	Owen Pohlkotte
Ryann Beyer	MaKennzie Keiser	Charlie Robbins
Ren Baluch	Josiah Kohl	Ben Sheffield
Jake Bowman	Nick Lambros	Yadelys Suarez
Derek Dombach	Cailyn Langham	Connor Thompson
Peter Ferreri	Lann Marshall	Caryn Thurman
Jackson Fields	Ethan Martin	Olivia Wickenheiser
Ellie Gerhart	Autumn McKelvie	Jack Williams
Leo Hernandez	Theron Norrington	
Dylan Hocker	Yorkely Paulino	



Women Contributing to the Arts

KATIE TRAINER

Nominator: Dr. Marianne Bartley

Katie Trainer is a 33-year-old life enthusiast who currently specializes in painting murals. She went to Cedar Crest High School in Lebanon, PA and attended HACC at the Harrisburg, Lebanon and Lancaster campuses. In 2020 she became a certified Teaching Artist through University of the Arts in Philadelphia.



She's been teaching mural classes since 2017 and has personally worked with over 5,500 local students to create large scale public art all over the state. Using her background as an entertainer, she developed a style of mural production which allows for her students to be a part of the entire process of mural creation, from design to production in a flexible application. In 2016, Katie taught students at South Lebanon Elementary the connection between numerical patterns and art in nature. Her art often showcases the beauty of nature and usually features a flowing movement to water blended with whatever other elements are requested. Her work can be found in local museums, schools, zoos, gyms, studios, homes, streets, bars, restaurants, etc.

In the onset of the COVID-19 pandemic, Katie set out to paint window murals throughout Cumberland Street, Lebanon. It was during this time that her positive messages found throughout the city went "viral" online. Katie does not miss a chance to bring change even amidst her own obstacles. She broke her right shoulder in 2020 and had multiple surgeries. She adapted to the pain and trauma by becoming ambidextrous, and uses this as motivation to keep improving herself every day. She is approaching her 100th mural soon. She not only has impacted Lebanon with her incredible artistic ability but has murals located throughout the country. Her murals can be found throughout Pennsylvania, Washington DC, Tennessee, California, South Carolina and her hope is to further expand into all 50 states!

Katie's personal life includes loving her cats, kayaking, snorkeling and being anywhere in nature.

"Art enables us to find ourselves and lose ourselves at the same time." — Thomas Merton



Women Contributing to the Community

LORI BURRUS

Nominator: Michael Schroeder

Lori Burrus was born and built a foundation in Lebanon County. She grew up in the small community of Goosetown located in Cornwall. She later graduated from Cedar Crest High School and went on to study and receive her Bachelor's Degree in Social Work at Kutztown University. She has worked in the human services field for over 40 years. For the last seven years, Lori has held the position as National Coordinator of Developmental Disabilities Program at Youth Advocate Programs, Inc. (YAP), where previously she held positions as the Lebanon County and then the Pennsylvania Coordinator. She has a vision for social justice which led her to find a career collaborating with people who have been diagnosed with Developmental Disabilities. She believes that all people and particularly marginalized people should have a voice.



Lori's work at YAP also consists of meeting with families and teams of support to help individuals recognize and overcome barriers. This includes anything from someone needing help with transportation, day to day activities to job and employment supports.

Throughout her life, Lori has been involved in many ventures in Lebanon county. She has coached local girls' softball, boys' football, worked at a local playground and created a camp for youth with disabilities at the local YMCA. Recently, she started to become more involved in larger projects by sitting on the governor's council for disability, and she became a member of a music therapy association. Lori currently is an active member of the executive committee of the Lebanon County NAACP, and holds the chair position for the Legal Redress Committee, while also serving on the Public Safety and Criminal Justice Committee. She has spearheaded an African American Heritage Trail that started in Lebanon County this year, 2023, in collaboration with Visit Lebanon Valley, the Lebanon County Historical Society and St. John AME Church, among others.

Lori thinks of herself as someone who loves to laugh and to be silly. She loves to plan adventures with her friends and spends lots of time with her family. She enjoys walking on local trails, driving all over the place, and even getting lost. Lori loves seeing reconciliation happen on any level and, like her God, loves to see social justice prevail. This has been part of her soul since her youth and continues in her as she travels through life.

"The future belongs to those who believe in the beauty of their dreams." — Eleanor Roosevelt



Women Contributing to the Community

CHRISTINE SMITH

Nominator – Karen Groh



Chris has dedicated her career to non-profit management working primarily in youth-serving organizations in Lebanon County and in South Dakota. She worked at the Lebanon and Lancaster YMCA for over 30 years and had a tremendous impact on youth programming at the Lebanon YMCA. The focus on serving youth in our area provided a positive opportunity to shape and create role models for the kids in our community. Her dedication to finding ways to serve youth continued to her career at Camp Shand, Cornwall where she was Executive Director for 17 years. At Camp Shand, she managed to create financial stability for the organization while offering programs for all kids, no matter what the families' limitations may be, to be able to have a fun summer outdoor experience.

She is seen as a mentor both personally and professionally and does not seek recognition for all the hard work and time she puts in for organizations that make a change. Chris is noted to have had an impact on many of her young employees, especially camp counselors. She has been a volunteer at SARCC, Lebanon Valley Family Health Services, DDS, Habitat for Humanity, Chestnut Community Center, and the Lebanon Valley Chamber of Commerce. Throughout her years volunteering, she has learned of all the needs throughout our community and world and has worked tirelessly to address those needs.

Chris's work expands across the nation from Pennsylvania to South Dakota where she served as the executive director of Working Against Violence, an organization providing shelter and advocacy to survivors of domestic violence and sexual assault, among countless other things she provided while living and working in South Dakota.

Chris retired in September and is taking a break to re-energize and explore possibilities for the next chapter. She is looking forward to exploring new ways to serve the community in Lebanon County and beyond.

"Real change, enduring change, happens one step at a time." — Ruth Bader Ginsburg



Women Promoting Healthcare

RACHEL ETTER

Nominator – Fallon Binner



Rachel Etter serves as Director of Cardiovascular Services at WellSpan Good Samaritan Hospital. She started her healthcare career as a Radiologic Technologist working in hospital and outpatient settings before transitioning into urgent care. Rachel has served as a manager within urgent care, family practice and cardiology. Rachel collaborates with physicians and staff to maintain cardiology accreditation programs and registry requirements, and implement successful systems, tools, and practices, to provide high-quality services and patient care to Lebanon County residents.

Additionally, Rachel volunteers in her community, serving the American Heart Association, the American Legion Auxiliary, the Veterans of Foreign Wars Auxiliary and working with the Lebanon Chamber of Commerce Leadership Lebanon Valley Council. She volunteered with the Fredericksburg Community Board, the Fredericksburg Elementary APT and the Hinkelfest Committee.

Rachel has had the honor of working with the American Heart Association to support Go Red for Women, the Heart Walk, and the Heart Ball. Rachel has served locally as the Chair of Leadership Lebanon Valley, Chair of the 2022 Lebanon Heart Ball, Co-Chair of the 2023 Lebanon/Lancaster Go Red for Women Luncheon, 2022 Women of Impact nominee, and 2023 Lancaster Heart Ball Chair support.

Rachel is proud to be an active member of her community, supporting the heart health of Lebanon and Lancaster counties personally and professionally. Heart disease is the number one cause of death for women, unfortunately taking 314,186 women's lives in 2020 – one in every five female deaths. About one in 16 women aged 20 and older have coronary heart disease. Although Rachel's work touches the lives of males and females, these statistics show just how enormously important her work, commitment and volunteerism are to the health of women and girls in our area and beyond.

Rachel's other passions include her husband, children and extended family, leadership development, camping, hiking, and game nights.

"I am no longer accepting the things I cannot change. I am changing the things I cannot accept." — Angela Davis



Women Promoting Healthcare

LYNNE M. LOWE

Nominator: Michelle Shuff



Lynne Lowe is a wife, mother, daughter, aunt, physical therapist, and volunteer. She retired from the Army in 2010. Her military assignments included The Office of the Surgeon General, Walter Reed National Military Medical Center, faculty of the US Army–Baylor University Graduate Program in Physical Therapy, Training with Industry at the American Physical Therapy Association, Winn Army Community Hospital, and Brooke Army Medical Center. During her military career she evaluated and treated the full spectrum of patients referred to physical therapy with an emphasis on patients with neurologic disorders. In 2007, she was appointed as Rehabilitation Specialist to the Army Surgeon General Traumatic Brain Injury Task Force and she spent the next eight years implementing the task force recommendations. Lynne has earned national recognition and achievements such as: the Expert Field Medical Badge, the A proficiency designator, six Army Achievement Medals, three Army Commendation Medals, four Army Meritorious Service Medals, a Legion of Merit, and the Order of Military Medical Merit.

Lynne completed her graduate studies at Elon University, where she earned her Doctorate in Physical Therapy in 2005. She published numerous scientific articles and lectured internationally. Currently, she practices school-based physical therapy with children attending cyber school and teaches a course in the Exercise Science Department at Lebanon Valley College.

Lynne has contributed to Lebanon County through her leadership positions in Girl Scouts, Cedar Crest Parent Organizations, The Cornwall Elementary PTO, Jack & Jill Preschool, and Church of the Good Shepherd. Lynne's contributions have enhanced women in our community, and helped shape the lives of college students at LVC, as well as impacted young girls through her work at the school and the Girl Scout organization.

Lynne, her husband Andy, and their twin girls Madelyn and Elizabeth live in Lebanon, PA and enjoy camping, traveling, skiing, and spoiling their dogs.

"The most difficult thing is the decision to act; the rest is merely tenacity." — Amelia Earhart



Women Advocating Justice

CARMEN MEDINA

Nominator: Guillermo Barroso



Carmen M. Medina is a native of Caguas, Puerto Rico. She attended the University of Puerto Rico where she majored in Mathematics and minored in Education. She currently is the Chief of the Division of Student Services under the Bureau of School Support at the PA Department of Education.

Prior to her employment with the Commonwealth, Carmen was the Adams County Program Director of 21st Century Community Learning Centers. As the Program Director, she was responsible for the grant writing, implementation, management, and supervision of the Adams County after-school programs focusing on migrant students. She also spent 15 years with the Dauphin County Courthouse system as an Adult Probation & Parole Officer and Criminal Investigator. In 2019, she was selected to be Chair for the Interstate Migrant Education Council. Carmen is an Alumnus of the Leadership Development Institute for Women in Government and a Fellow of the Education Policy Leadership Institute.

As the Division Chief of Student Services, she oversees 6 federally funded initiatives that includes Migrant Education, Refugee School Impact Grant, Teen Pregnancy and Parenting Program, 21st Century Community Learning Centers, Foster Care Provision under ESSA and Homeless Education (McKinney Vento). These programs provide high quality supplemental educational services to Pennsylvania special student populations. In addition to overseeing these programs, Carmen is a member of the Pennsylvania Department of Education Data Governance Council and the Equity, Inclusion and Belonging Internal Coalition.

Carmen is the former Chair of the Governor's Advisory Commission on Latino Affairs, and former President of the National Latino Peace Officer Association Pennsylvania–Gettysburg Chapter. On August 28, 2004, Carmen received the Honor to be the recipient of the PA Latina of the Year Award of the National Latino Peace Officer Association and she was presented with the Key to Gettysburg Borough. Carmen has been honored with many other awards including Women of the Year from the Pennsylvania Fraternity of Police and named one of "Pennsylvania's Most Influential Latinos".

Carmen currently resides in Palmyra, PA with her husband of 28 years. She has a son and 3 beautiful grandchildren who live in St. Ives, United Kingdom.

"Fight for the things that you care about, but do it in a way that will lead others to join you." — Ruth Bader Ginsburg



Women Demonstrating Leadership

LAURIE A. CRAWFORD

Nominator: Nicole Gray



Laurie Crawford is passionate about serving her community and creating lasting change in the world. With Laurie's leadership, the literal landscape of Lebanon Valley has had lasting change. Over the past twelve years, Laurie has turned her love of nature, outdoor recreation, and drive to improve our community through her work, business and volunteerism.

Laurie leads as a Project Manager for the Penn State College of Medicine REACH Project. This project aims to remove health disparities in the Hispanic/Latino population in Lebanon and Berks Counties by improving access to food, increasing bike and pedestrian corridors and creating community clinical linkages to health resources. This year, Laurie and her Penn State team are excited to support a five-million-dollar grant that will build community gardens across the Penn State Health area. Over fifteen gardens will be built or enhanced. One of these gardens, the Chestnut Street Community Center Garden, is located in downtown Lebanon.

Prior to working with the REACH Project, Laurie served as the Executive Director of the Lebanon Valley Conservancy. She led the Conservancy in supporting downtown projects like the John E. Wengert Memorial Park and the Liberty Trail Park.

Laurie has recently turned her love of cycling into a new adventure with the Lebanon Valley Bike Coalition. Laurie worked with her co-director to start the Lebanon Bicycle Recycle in 2021. This non-profit collects, repairs and gives bikes back to the community. In its first year, Lebanon Bicycle Recycle has given over 175 bikes away!

Laurie started a design and conservation landscape business called Mae Marie Organics in 2016. She later earned her Chesapeake Bay Landscape Professional Certification in 2021, and she uses that training when consulting for stormwater projects in the area. Always striving to increase her skills, Laurie is currently enrolled in the Penn State Project Management Masters Certificate Program with expected completion this year.

When she is not in a work meeting or garden consultation, Laurie can be found at her home in Cornwall, Lebanon County. Laurie enjoys hiking, biking, gardening and beekeeping and shares these activities with her husband and two children, Kate and Abby. She also enjoys cooking with farm-fresh food, drinking craft beer and listening to bluegrass music.

"Let us make our future now and let us make our dreams tomorrow's reality." – Malala Yousafzai



Women Demonstrating Leadership

JENNIFER KUZO

Nominator: Kimberly Kreider Umble



Jennifer Kuzo was born and raised in the Lebanon Valley. After a visit to Europe, travel and hospitality became a career choice of hers at Widener University. Her work life began at the Marriott and then Hershey Resorts, bringing her back to the Lebanon Valley.

As President of Visit Lebanon Valley for the past 5 years, Jen has helped to grow local hotel tax revenues over 200% since 2018. Since then, under Jen's leadership, Visit Lebanon Valley also curated a new website, and built a new office and welcome center at the North Cornwall Commons. Through marketing efforts, promotions have continued to elevate Visit Lebanon Valley's name and presence to residents and visitors alike.

Jen is the author of "The Adventures of Lebanon Lilly" Storybook, and through promotions like The Java Journey, The Libations Trail, Explore the Outdoor Guide and the History and Heritage Trail, she has been able to represent the county through extraordinary marketing efforts and engagement. She strives to highlight local businesses and attractions, outdoor recreation, and rich history. Her hope is that her passion for the Lebanon Valley is contagious.

While working ambitiously for Visit Lebanon Valley, Jen also volunteers and serves in many organizations throughout Lebanon county. She volunteers for Lebanon Family Health Services and sits on the Pink Drink Committee in support of breast cancer research, prevention, and awareness. Jennifer also sits on the Board of Directors for the Lebanon Valley Chamber of Commerce and is a member of the Farm to City Committee providing education on the importance of agriculture in the Lebanon Valley. She is a part of the United Way of Lebanon County's Community Advisory Council to guide community support, and she is a member of the HACC Hospitality Advisory Committee for South Central PA to provide input on college curriculum to build the workforce in the Hospitality Industry.

Jennifer and her husband Ron reside in Palmyra. They enjoy the gift of travel with trips to Asia, Europe and around the U.S. Jennifer also enjoys playing the piano, swimming, biking and golfing. They have two grown children, Madeline Guzman and Daniel Kuzo.

"If you don't see a clear path for what you want, sometimes you have to make it yourself." – Mindy Kaling



HARMONIE J. SHERK

Nominator: Fallon Binner

Harmonie Sherk joined the PA Army National Guard at the age of 17, and recently retired after 20 years of service. In Harmonie's years of service, she has made an impact on those around her and in our community. In 2004, she served in a year-long deployment in Iraq. Harmonie has served on several state active duty missions, specifically for efforts in PA with Tropical Storm Lee and in Texas for Hurricane Harvey.



Currently, Harmonie continues to work at Ft. Indiantown Gap at the Aviation Support Facility as a Database Administrator. She sits on the board of VFW Post 6417 in Palmyra, where she volunteers for supporting Veterans, past and present. Recently, she organized Wreaths Across America in Palmyra with the support of her Post. She also worked to coordinate efforts to replace or repair veterans service designation markers and replacement flags. She has attended the Veterans Women's Conference to learn about services and benefits unique to women who have served in the armed forces in order to bring back that information to other female veterans. She also raises funds for Homeless Veterans and donates personal care items to veterans in need.

By leading through example and dedicating so much of her time to her community, Harmonie wants to bring veteran issues and causes to the forefront of the minds of Lebanon County residents and leaders, and bring community involvement to positively impact our area's veterans. Harmonie's unique career experiences, as well as the classes and training she's received, have helped her facilitate relationships and become a mentor in the military for junior service members that served under her.

Harmonie has been honored with many accolades and medals throughout her service including; the Meritorious Service Medal for Military Service, Texas Humanitarian Service Medal, Iraqi Campaign Medal with campaign star, Army Commendation Medal, Army Achievement Medal, Armed Forces Reserve Medal-M, Army Good Conduct Medal, National Defense Service Medal, Overseas Service Ribbon, Army Reserve component Achievement Medal, Global War on Terrorism Expeditionary Medal, and the Global War on Terrorism Service Medal.

Harmonie resides in Cleona, with her husband Nate and son Matthew at home, while her daughter Courtney lives nearby. They enjoy their family time and being outdoors in our State Parks and State Forests.

"If there's one thing I've learned in life, it's the power of using your voice." — Michelle Obama



BETSY DORSEY

Nominators: Mary Anne Mahle-Skulski
Tanya Weaver

Betsy Dorsey is the Warehouse Manager for an organization called American Foundation for Children with AIDS (AFCA) located in downtown Lebanon. She has not only held this volunteer position for over ten years, but she has helped gather supplies, medical equipment, and contributions in order to serve HIV+ children and their families in many clinics in Africa. This is no small task. Betsy has helped to locate, pick up, and store medical equipment; created partnerships; organized coordination in finding volunteers and trucks; and executed the packing of large cargo containers. Under her tutelage, 77 cargo containers have been shipped to hospitals in Africa.



She began volunteering with AFCA's Lebanon warehouse in 2010; and joined an all-woman team in 2011 to climb and reach the summit of Mt. Kilimanjaro as a fundraising event for AFCA. In 2014, Betsy had the opportunity to tour some of their partner clinics in Uganda. That trip was rewarding to see the items that she had prepared in the warehouse have a second act in the clinics, including the very bassinets she and her husband donated which was holding a sleeping baby in it!

All of Betsy's efforts to help HIV+ children in Africa is beyond commendable; however, her most incredible quality is her ability to inspire scores of young people to embrace volunteering. She is integral in partnerships with Lebanon youth groups, church groups, scout groups, and college students. Through her mentorship, Betsy shows young people how volunteers from our community can make a difference locally and world-wide. Young women who have volunteered at the warehouse were inspired by Betsy to become educators, caregivers, medical professionals, and community servants here in our community and across the globe. Some young people have even taken the lessons taught by Betsy and founded volunteer and community organizations themselves.

In addition to her work with AFCA, she has been a teacher, a field hockey coach, an active member of her church, and involved in her children's school groups. She still finds time to spend with her husband and five children.

"How wonderful it is that nobody need wait a single moment before starting to improve the world." — Anne Frank



Trailblazer

HEIDI NEISWENDER

Nominator: Cathy Weiland

For the past 50 plus years, Heidi Neiswender has made Lebanon County her home. Heidi's earlier years were spent in Minnesota where she received a Bachelor of Science degree in Nutrition and Food Service from the University of Minnesota. In 1970, she entered a twelve-month dietetic internship program sponsored by the Pennsylvania State University and the Commonwealth of Pennsylvania.



Heidi earned a Master of Public Administration from Penn State in 1974. She then began a career as a dietitian and public health nutritionist with the Commonwealth of Pennsylvania from nursing home licensure program to WIC (Women, Infants and Children) to dietetic instructor/program director.

She has been active in a variety of state and community organizations over the years. Heidi was a board member and president of the Central Pennsylvania Dietetic Association. During her tenure she helped to coordinate membership educational programs.

Heidi has served as a board member and president of the Lebanon County League of Women Voters and currently is a League member-at-large. She also serves on the Palmyra Garden Club where she also has held various roles. She is involved with the ongoing community beautification program in Palmyra.

In 2004, the North Londonderry Township Supervisors appointed her as their representative to the Greater Lebanon Refuse Authority. She is an active board member and has served in leadership roles and on various committees within the GLRA. Heidi also was appointed to the Lebanon County Commission for Women Commission in 2004 and served through 2010. She was one of the founding committee members of the LCCW's Hall of Fame in 2010 and continued to serve on the committee for eleven years.

Heidi is the 'historian' for the Bindnagle Evangelical Lutheran Church congregation since 1986, providing tours and assistance to persons researching their families' history. She took part in Palmyra's 250th Anniversary Celebration in 2010.

In her personal life, she is the proud stepmom to three children, a grandmother to six grandkids and great grandmother to four great grandkids. She is also the proud aunt of five nephews, two great-nieces and two great-nephews.

"Define success on your own terms, achieve it by your own rules, and build a life you're proud to live." — Anne Sweeney



National Women's History Alliance

Our History is Our Strength!

The 2023 National Women's History Theme

"Women Providing Healing, Promoting Hope"

The National Women's History Alliance, which spearheaded the movement for March being declared National Women's History Month, has announced the women's history theme for 2023, "Celebrating Women Who Tell Our Stories."

Throughout 2023, the NWA will encourage recognition of women, past and present, who have been active in all forms of media and storytelling including print, radio, TV, stage, screen, blogs, podcasts, and more. The timely theme honors women in every community who have devoted their lives and talents to producing art, pursuing truth, and reflecting the human condition decade after decade.

From the earliest storytellers through pioneering journalists, our experiences have been captured by a wide variety of artists and teachers. These include authors, songwriters, scholars, playwrights, performers, and grandmothers throughout time. Women have long been instrumental in passing on our heritage in word and in print to communicate the lessons of those who came before us. Women's stories, and the larger human story, expand our understanding and strengthen our connections with each other.

As in previous years, the Alliance, which is centered in Santa Rosa, California, will encourage local communities throughout the country to use the year's theme to guide their own celebrations. The NWA will popularize national efforts through on-line celebrations, a special magazine and thematic products that recognize and honor these brave, accomplished and influential women who told – and continue to tell – our stories. Today and over the years ahead, their dedication and shared desire to give voice to the voiceless are critical to keeping us informed, entertained and aware.



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Director of Cardiology Services
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WellSpan appreciates the opportunity to recognize our own Rachel Etter, RT(R), BSHCA, for her promotion of health throughout the community and for being inducted into the Lebanon County Commission for Women Hall of Fame.

Congratulations, Rachel, on this well-deserved recognition! Your leadership has helped WellSpan deliver world-class cardiovascular care to our patients every day.

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to chamber volunteers Laurie Crawford, Rachel Etter, Jennifer Kuzo, and Christine Smith, and all the inspirational women joining the Hall of Fame.

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Every woman's success should be an inspiration to another. We're strongest when we cheer each other on.

Serena Williams



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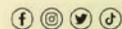
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 Annual Cash Raffle October 17, 2023



Our Mission

To stimulate and increase interest, appreciation, and knowledge of gardening; flower arranging; community beautification; and to aid in the conservation of native plants and trees.

Palmyra Garden Club

For the Beauty of the Earth

Projects & Activities

- Annual Flower Show
- Arbor Day Tree Planting
- Community Beautification
- Jennie Horstick Scholarship
- Poinsettia Sale
- Special Workshops
- Spring Plant Sale

The Palmyra Garden Club asks members to work on community projects as able, to host lunch at one membership meeting a year, and to exhibit at least one entry in the Club's annual Flower Show.

You don't need a green thumb; there are many ways to participate.

Membership meetings are held the third Monday of each month at noon. For more information, contact President Linda Woelfling.

 717-215-6162

 lindawoe54@gmail.com



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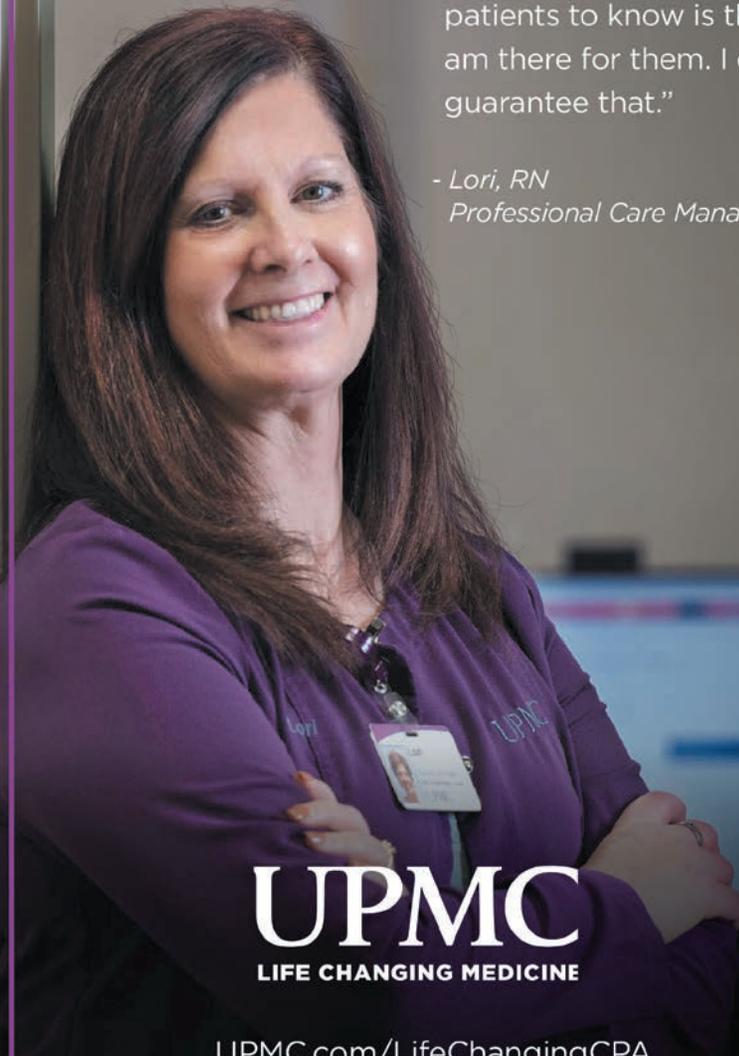


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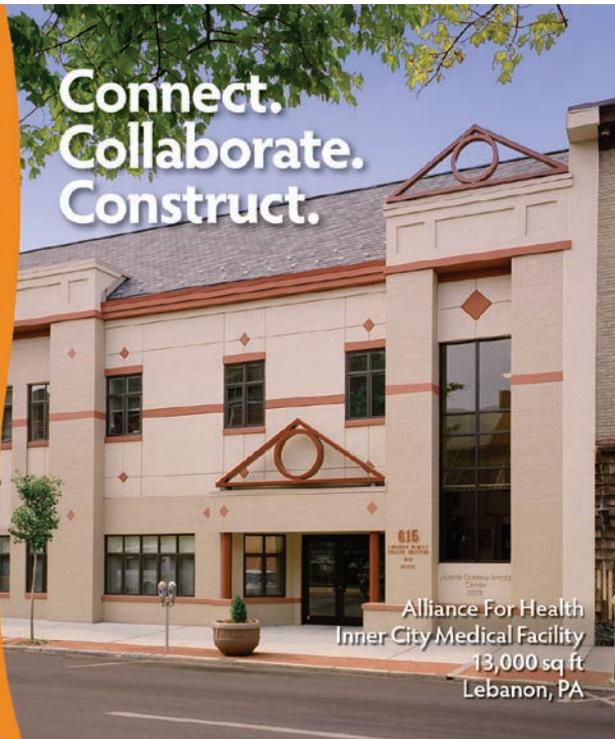


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Beryl Hoffman
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Linda Krall

Shirley Krall
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Kimberly Kreider-Umble
Renee Krizan
Melissa Kulbitsky
Ann Lasky
Elaine Ludwig
Kristy Ludwig
Karla Ludwig MD
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Carol Maurer
Amy Mazella DiBosco
Sandy Meluskey
Kathleen Moe
Rita Moore
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Marilyn Nolte
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2010 – 2022

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