

PROGRAM CALENDAR



MYERSTOWN



AUGUST 2026

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

Manager: Anne Kim 101 S. Railroad St, Myerstown, PA 17067

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10:00 Calendar/Nutrition Ed Flyer Distribution 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	4 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Game 12:00-12:30 Lunch 1:00-2:00 Bible Study	5 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise 12:00 Happy August Luncheon at Cedar Grill*	6 10:30-2:00 Pickleball 11:00 Lunch & Carnival at Albright Life Center (Sign up for lunch by 7/20)	7 10:30-11:30 Collect for Events & Trips 10:30-11:45 Bingo* 12:00-12:30 Lunch
10 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	11 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Ice Cream Social & Games 12:00-12:30 Lunch	12 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	13 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Planning Meeting 4:00 Dinner & Mini Golf at Kauffman's*	14 10:30-11:30 Collect for Events & Trips 10:00-2:00 Pinochle* 10:30-11:45 Bingo* 12:00-12:30 Lunch
17 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	18 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Game 12:00-12:30 Lunch 1:00-2:00 Bible Study	19 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	20 10:30-2:00 Pickleball 10:00-2:00 Indoor Picnic* (Sign up by 8/13. Fun Games, Entertainment, Lots of Picnic Food, Cake Walk)	21 10:30-11:30 Collect for Events & Trips 10:30-11:45 Bingo* 12:00-12:30 Lunch
24 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	25 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30 "Fixed Route" Workshop by Lebanon Transit	26 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 10:30-12:00 Own Craft Club 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	27 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 10:30-1:00 Acrylic Paint Class with Brandon* (SU by 8/20) 4:00 Dinner & Mini Golf at Wetlands*	28 10:30-11:30 Collect for Events & Trips 10:30-11:45 Quarter Bingo* 12:00-12:30 Lunch
31 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)		8/20 Picnic Menu Ham Sandwich, Potato Salad, Maccaroni Salad, Cole Slaw, Fruit Salad, Pineapple Delight, Pretzel, Chips, Cookies, and more	Upcoming Events 9/2 – Everybody's Birthday Party @ Heidelberg* 9/9- Hand Chime Choir 9/10- Lunch at Shady Maple* 9/22 - Happy Autumn Cookie Social	Lunch is available Mon-Fri Orders need to be placed by 10:30 AM on the previous business day. Suggested donation per meal is \$4.50

*Program w/ cost & reservation required