MAPLE NEWS TIPS & TIDBITS AT MSSCC!

Missing Apron Lunch

Wednesday, October 30, 2024 1:00 pm **Hershey Pantry 801 E Chocolate Ave Hershey**

*** Time change!***

Cool

weather is just around the corner!



Ioin us inside when it's too cold outside!

Upcoming Missing Apron Dates

November 20th, Vesuvio in Bethel, date changed from 11/28/24 (Thanksgiving Eve)

December 18th, Udder Choice in Ephrata, date changed from 12/25/24 (Christmas Day)

Meeting at 2pm on each date





Save the date! Thursday, November 7, 2024 1pm Mt Hope Estate & Winery **Holiday Program** \$60 for the meal and entertainment

October 2024

MAPLE STREET

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM



SPECIAL MEAL

SOUP & SANDWICH

OCTOBER 10TH & 24TH



CHANGE FROM EVERY WEEK



The Missing Apron Lunch Group is scheduled to have lunch at

Hershey Pantry

801 E Chocolate Ave Hershev 1pm, restaurant closes at 3pm

Qigong is at Maple Street Senior Community Center!



Exercises to optimize energy within the body, mind, and spirit. See you Thursday's at 10am!

Annville 717.867.1796 Michele Allen 200 S. White Oak St Annville, PA 17003

Christ Church UCC

Maple Street 717.273.1048 Julia Organtini 710 Maple St Lebanon, PA 17046 Area Agency on Aging Myerstown 717.866.6786 Anne Kim

59 N. Ramona Rd. Mverstown, PA 17067 Myr. Baptist Church

Northern Lebanon 717.675.9548

Helene Heisey 335 N. Lancaster St. Jonestown, PA 17038 American Legion

Tai Chi FOR **ARTHRITIS**

TIME CHANGE!

MONDAY SESSIONS WILL BEGIN AT 9:45AM AND CONCLUDE AT 10:45AM

10:45—11_{AM} MOVE CHAIRS TO MIDDLE OF ROOM OR TO EQUIPMENT WALL |

PICKLEBALL PLAYERS WILL SET THE NETS IN PLACE

Keeping you social, active, healthy & independent!



Eat Healthy, Stay Active, Be Positive, YOU GOT THIS!

Palmyra 717.838.8237 Matthew Cipri 101 S. Railroad St. Palmyra, PA 17078 Interfaith Manor