

MYERSTOWN



APRIL 2024

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10:00 Activity Calendar Distribution 10:00 Property Tax/Rent Rebate Online Application 10:15-11:15 Coupon Clipping 10:30-11:30 Line Dancing 12:00-12:30 Lunch	2 8:00 Golden Sneakers Walking @Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	3 National Walking Day 10:30-11:00 Stretch Resistance Exercise 12:00 Walk to Wellness & Picnic Lunch @ Fairlane (RSVP by 3/22)	4 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/Planning Meeting	5 10:30-11:30 Collect for Trips & Events 10:30-11:30 Bingo* 12:00-12:30 Lunch
8 10:00 Property Tax/Rent Rebate Online Application 10:15-11:15 Coupon Clipping 10:30-11:30 Line Dancing 12:00-12:30 Lunch	9 8:00 Golden Sneakers Walking @Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch	10 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise 12:00 Happy April Luncheon @ Isaac's* (RSVP by 4/3) 5:00 Walk @ Lion's Lake	11 10:30-11:30 Chair Exercise 12:00-12:30 Lunch	12 10:00-2:00 Pinochle* 10:30-11:30 Bingo* 12:00-12:30 Lunch
15 10:15-11:15 Coupon Clipping For Troops 10:30-1130 Line Dancing 12:00-12:30 Lunch	16 8:00 Golden Sneakers Walking @Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	Volunteer Appreciation Banquet @ Maple Center (By invitation only) 5:00 Walk @ Ironwood Park	18 10:30-11:30 Chair Exercise 12:00-12:30 Soup & Sandwich Special Meal* (Order by 4/11)	19 10:30-11:30 Bingo* 12:00-12:30 Lunch
22 10:15-11:15 Coupon Clipping For Troops 10:30-1130 Line Dancing 12:00-12:30 Lunch	23 8:00 Golden Sneakers Walking @Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch	24 10:0-10:30 Stretch Resistance Exercise 10:30-12:00 Craft w/Ruth* 12:00-12:30 Lunch 5:00 Walk @ Middle Creek	25 10:30-11:30 Chair Exercise 12:00-12:30 Lunch	26 10:30-11:30 Bingo* 12:00-12:30 Lunch
29 10:15-11:15 Coupon Clipping For Troops 10:30-1130 Line Dancing 12:00-12:30 Lunch	30 8:00 Golden Sneakers Walking @Fairlane & Breakfast* 10:30-11:30 Intergenerational Games with Kindergarten Students & Cookie Social 12:00-12:30 Hot Dog Lunch*	Upcoming Events 5/8 – Happy May Luncheon @ Mick's* 5/14 – Mother's Day Tea Party 5/23 – 50 th Anniversary Celebration @ Hebron's*	4/18 Special Meal Menu Chicken Tortellini Soup Loaded Potato Soup Ham Sandwich Cole Slaw Chocolate Peanut butter Pie Milk	Lunch is available Mon-Fri. Orders need to be placed by 11:00am on the previous business day. Suggested donation for meals is \$4.50