

Name: _____
 Route: _____

June COLD Menu

Lebanon County Cold Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><i>*menu is subject to change</i></p>		
<p>4oz Ham Salad 1/2oz Cheddar Cheese 2 Tomato Slices 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Diced Peaches</p> <p style="text-align: right;">3</p>	<p>3oz Chicken Breast 1oz Provolone Cheese 1/2c Broccoli Salad 2 Whole Wheat Bread 1/2c Mandarin Oranges Mayo Pkt Milk</p> <p style="text-align: right;">4</p>	<p>3oz Corned Beef 1oz Swiss Cheese 1/2c Cucumber Salad 2 Rye Bread Fresh Fruit Mayo Pkt Milk</p> <p style="text-align: right;">5</p>	<p>4oz Creamy Chicken Salad 1/2oz Swiss Cheese 1/2c Carrot Raisin Salad 2 Multi Grain Bread 1/2c Sliced Pears Milk</p> <p style="text-align: right;">6</p>	<p>Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk</p> <p style="text-align: right;">7</p>
<p>4oz Creamy Chicken Salad 1/2oz Swiss Cheese 1/2c Carrot Raisin Salad 2 Multi Grain Bread 1/2c Sliced Pears Milk</p> <p style="text-align: right;">10</p>	<p>Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk</p> <p style="text-align: right;">11</p>	<p>3oz Chicken Breast 1oz Cheddar Cheese 4oz Fruit Juice Whole Grain Sandwich Roll 1/2c Sliced Peaches Mayo Pkt</p> <p style="text-align: right;">12</p>	<p>4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c Applesauce Milk</p> <p style="text-align: right;">13</p>	<p>2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk</p> <p style="text-align: right;">14</p>
<p>3oz Sliced Turkey Breast 1oz Provolone Cheese 1/2c Tomato, Onion, Pepper Salad 2 Multi Grain Bread Fresh Fruit Mayo Pkt Milk</p> <p style="text-align: right;">17</p>	<p>4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk</p> <p style="text-align: right;">18</p>	<p>3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk</p> <p style="text-align: right;">19</p>	<p>2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk</p> <p style="text-align: right;">20</p>	<p>3oz Sliced Roast Pork 1oz Cheddar Cheese 1/2c Carrot Raisin Salad 2 Rye Bread Fresh Fruit Ketchup Pkt Milk</p> <p style="text-align: right;">21</p>
<p>4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk</p> <p style="text-align: right;">24</p>	<p>3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk</p> <p style="text-align: right;">25</p>	<p>3oz Turkey Breast 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Tropical Fruit Salad Mayo Pkt Milk</p> <p style="text-align: right;">26</p>	<p>3oz Chicken Breast 1/2oz Cheddar Cheese 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Mayo Pkt, Milk</p> <p style="text-align: right;">27</p>	<p>3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk</p> <p style="text-align: right;">28</p>