

June Central Cuisine



Lebanon County Senior Center Dine-In or Take-Out Meals

| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  | to order lunch, please contact your center manager or the LCAA Office at 717-273-9262 Orders need to be placed by 11:00am on the previous business day All meals have a suggested donation of \$4.50 *menu subject to change based on availability |  | Baked Chicken Cutlet 1/2c Whipped Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie | Tuna Salad Sandwich w/lettuce & tomato 1/2c Coleslaw 2 White Bread Fresh Orange |
| 5 Warm Roast Beef Sandwich W/Mozz. 1/2c. Roasted Parmesan Redskins 1/2c. Carrots 1 Sandwich Roll Fresh Banana | 6 Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Potato Salad 1 Dinner Roll 1/2c Gelatin | 7 Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit | 8 LAST DAY to order 6/15 SPECIAL! Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit | 9 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie |
| 12 Baked Chicken w/ Gravy 1/2c Rice Pilaf 1/2c Green Beans 1 Wheat Bread 1/2c Peaches | 13 Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears | 14 Hawaiian Chicken Breast 1/2c Buttered Noodles 1/2c Island Blend Vegetables Seasonal Fresh Fruit Cookie | 15 SPECIAL Soup & Sandwich Italian Wedding Soup Minestrone Soup Italian Sandwich provolone, lettuce, tomato, & onion Cucumber Salad Pineapple Upside Down Cake | 16 Baked Crab Cake Over 1c. Mixed Greens w/ Tomato & Hardboiled Egg 1/2c Fresh Broccoli Salad 1 Dinner Roll 1/2c. Pineapple |
| 19 Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange | 20 Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding | 21 Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice | 22 Baked Pollock 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit  | 23 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad |
| 26 Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie | 27 Chicken Cacciatore (2oz Tomato Sauce, Peppers, Onions) 1/2c. Blended Rice 1/2c Mixed Vegetables 1 Breadstick 1/2c Applesauce  | 28 Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp | 29 Pizza Burger 1/2c Cheesy Potatoes 1/2c. French Style Green Beans 1 Hamburger Bun 1/2c Pineapple & Mandarin Oranges | 30 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread 1/2c Gelatin |