#### LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM One program—Five Locations!

Programs inclusive of exercise, fitness, games, crafts, volunteering, movies, trivia, parties, day trips, and car pools are offered on weekdays throughout all the locations. A healthy, nutritious meal may be served each day to persons 60 years of age and older.

ANNVILLE

200 South White Oak St. Annville, PA 17003 717-675-9549 or 717-867-1796 Annville.SeniorCenter@lebanoncountypa.gov

#### **MAPLE STREET**

710 Maple Street Lebanon, PA 17046 **717-273-1048** MapleStreet.SeniorCenter@lebanoncountypa.gov

#### **MYERSTOWN**

59 North Ramona Road P.O. Box 611 Myerstown, PA 17067 **717-675-9546 or 717-866-6786** Myerstown.SeniorCenter@lebanoncountypa.gov

#### **NORTHERN LEBANON**

335 North Lancaster Street P. O. Box 463 Jonestown, PA 17038 **717-675-9548 or 717-865-0944** Northern.LebanonSeniorCenter@lebanoncountypa.gov

#### PALMYRA

101 South Railroad Street Palmyra, PA 17078 **717-675-9547** Palmyra.SeniorCenter@lebanoncountypa.gov The Lebanon County Area on Aging also offers information on the following organizations and programs available to our senior community:

## **AGING WAIVER PROGRAM**

Referrals to the Aging Waiver program provides extensive in-home long-term care services to individuals as an alternative to nursing home placement. Eligibility criteria includes: be age 60 or older, assessed at nursing facility clinically eligible level of care, and meet financial eligibility for medical assistance. Or contact the PA Independent Enrollment Broker at **1-877-550-4227** or www.paieb.com.

#### LEBANON TRANSIT REGISTRATION

\*Fixed Route -With proper proof of age, a Lebanon Transit bus card will be issued to people 65 years of age and older. Senior Citizens ride free on the fixed routes. Call 717-274-3664.

#### \*Shared Ride (Mini Bus) - Van service may be scheduled to any place in Lebanon County for a fee. Persons must be registered with Lebanon Transit before scheduling rides. Call no later than 2:00 P.M. the day before to schedule a ride. Call 717-274-3514.

# **LEGAL SERVICE**

Older persons are referred to legal professionals who provide counseling and legal representation on benefits, rights, and other legal matters. Eligibility is based on financial need.

#### LONG TERM CARE OMBUDSMAN

A trained staff person is designated to investigate and attempt to resolve complaints related to the health, safety or rights of residents who live in nursing facilities, personal care homes, or assisted living residences. Contact the Ombudsman at **717-274-2834**.

# SENIOR FARMERS MARKET NUTRITION PROGRAM

Senior FMNP runs annually over the summer and fall growing season. The Pennsylvania Department of Agriculture partners with AAA to provide seniors with checks to purchase PA Grown Fresh Produce. Lebanon County residents age 60 and older who meet household income requirements are eligible to enroll.

These programs are supported, in part, by a grant from the Pennsylvania Department of Aging, the U.S. Department of Health and Human Services, nistration on Aging, and the Lebanon County Commissioners.

# SERVICES & INFORMATION



710 Maple Street, 2nd Floor Lebanon, PA 17046 Phone (717) 273-9262 Fax (717) 274-3882 Email: AAA@lebanoncountypa.gov Website: www.lebcountypa.gov

The mission of the Lebanon County Area Agency on Aging is to develop, coordinate and promote a continuum of services that values and supports older adults as they age; empowers them to maintain independence, dignity and respect; and enhances their overall well-being and quality of life.

> Office Hours Monday - Friday 8:00 a.m. - 4:30 p.m.

Walk-In Inquiries Welcome

# MORE INFORMATION ONLINE <u>www.lebanoncountypa.gov</u>

#### AREA AGENCY ON AGING OFFERS THE FOLLOWING SERVICES FOR OLDER PERSONS

Call the Area Agency on Aging at 717-273-9262 for further information on any of the services listed below.

#### PA MEDI

PA MEDI is a free, Medicare insurance counseling program designed to assist beneficiaries make informed and costeffective decisions on healthcare choices. Professionally trained volunteers provide guidance on health and prescription drug plans as well as information on Medicare financial assistance programs. Outreach and classroom education on Medicare options and appeals are offered on an ongoing basis to answer beneficiaries' questions.

# **CARE MANAGEMENT**

Caseworkers assess the needs of a client and develop a plan to provide the needed services.

#### CAREGIVER SUPPORT PROGRAM

The Pennsylvania Caregiver Support Program provides financial reimbursement/support for adult caregivers of individuals 60 or older who are suffering from an illness or disability. Assistance is also available to adult caregivers caring for qualified younger relatives.

#### GRANDPARENT CAREGIVER SUPPORT PROGRAM

A grandparent, age 55 or older, providing care to their grandchildren (under 18 years old), is a relative of the grandchild by blood/marriage/adoption, but is not the biological parent, lives in the same residence with the grandchild, and has an informal or legal relationship may be eligible for the Caregiver Support Program.

# **IN-HOME MEALS**

Eligible persons must be 60 years of age or older and either physically unable to prepare hot nutritious meals or financially unable to obtain foods needed to prepare adequate meals. Meals are delivered Monday through Friday or biweekly, depending on the meal provider chosen.

# PERSONAL CARE

Personal care services through contracted agencies may consist of assistance with bathing, dressing, hair care, and medication reminders.

#### **INFORMATION & REFERRAL**

Trained staff is available to take calls requesting information on In-Home Meals, Personal Care, Housing, PACE, Tax/Rent Rebates, Medicare, and any other issues of concern to senior citizens. There are booklets with information on Personal Care Homes, Nursing Homes, and In-Home Care Agencies. Requests for services not provided by our agency will be directed to other community agencies or resources that provide the needed support.

# LEVEL OF CARE ASSESSMENT

The Level of Care Determination, also known as **Functional Eligibility Determination (FED)**, is a comprehensive needs assessment of individuals seeking community services (Community Waivers funded by Medicaid), placement in a personal care homes or a nursing facilities.

# OLDER ADULT DAILY LIVING SERVICES

Eldercare provides a daytime program of activities (8:00 a.m. to 4:30 p.m.), within a protective setting, to adults over the age of 60 who are not capable of full-time independent living.

#### PACE/PACENET APPLICATIONS

PACE/PACENET program provides prescription drug coverage for individuals 65 years of age & older, a resident of PA for at least 90 days, not on Medical Assistance and meeting income guidelines. Forms are available at our office or contact PA Department of Aging/PACE/PACENET at **1-800-225-7223**.

### PERSONAL EMERGENCY RESPONSE SYSTEMS

Personal Emergency Response Systems (PERS) are for the medically needy, socially isolated consumer who, with assessment, would benefit from an emergency alert unit to prevent injury, as a rapid response to a fall, or as a safety intervention.

#### PERSON CENTERED COUNSELING

A free service that connects Pennsylvanians to public benefits and private resources.

# **PROTECTIVE SERVICES**

A program designed to assure that older adults who lack the capacity to protect themselves and are at imminent risk of abuse, neglect, exploitation or abandonment shall have access to and be provided with services necessary to protect their health, safety, and welfare. The Adult Abuse Hotline is available 24/7 at **1-800-490-8505**.

#### RENT & PROPERTY TAX REBATE

Rebates of property taxes or rent paid the previous year are available if income guidelines are met. Forms are available in our office or by calling the PA Department of Revenue at **1-888-222-9190.** 

#### VEHICLE REGISTRATION FORMS

Lower cost vehicle registration is available if income guidelines are met. Forms are available in our office.

# **VOLUNTEER OPPORTUNITIES**

Volunteers help senior citizens in the following areas: deliver Meals on Wheels, serve meals at Senior Community Centers, lead exercise groups, assist in filling out property/rent rebate forms, etc. **Please call for more information on how you can Volunteer too.**