PROGRAM CALENDAR

MYERSTOWN

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

DECEMBER 2026

Manager: Anne Kim 101 S. Railroad St, Myerstown, PA 17067 (717) 675-9546 myerstown.seniorcenter@lebanoncountypa.gov

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Upcoming Events **1/6**- Hapy New Year Luncheon at Cedar Grill **1/20** – Snowman Luncheon at Heidelberg **1/26** – Presentation on "The practical tips for decluttering & home organization"	1 8:00 Walking Club & Breakfast 10:00 Activity Calendar distribution 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch **1:00-2:00 Bible Study**	2 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise **12:00 Happy December Luncheon at Country Fare***	3 **Off-Site Program** **Bus Trip to American Music Theatre & King's Farmhouse*** Depart: 8:30 AM Return: 4:00 PM	4 10:30-11:30 Collect for Events & Trips **10:30-11:45 Bingo*** 12:00-12:30 Lunch
7 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch **1:00-1:30 Chair Yoga (DVD)**	8 8:00 Walking Club & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch	9 10:30-12:30 Pickleball **11:00-2:00 Christmas Party Myerstown Senior Center*** (Sign up & pay $15 by 12/2) Bring $5 value wrapped gift for gift exchanges. 	10 10:30-2:00 Pickleball 10:30-11:00 Chair Exercise 12:00-12:30 Lunch **1:00-2:00 Planning Meeting**	11 10:30-11:30 Collect for Events & Trips **10:00-2:00 Pinochle*** 10:30-11:45 Bingo* 12:00-12:30 Lunch
14 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch **1:00-1:30 Chair Yoga (DVD)**	15 8:00 Walking Club & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch  **1:00-2:00 Christmas Concert with Arbor Gate Singers at Maple St. Center**	16 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 10:30-12:00 Own Craft Club **11:00-12:00 Hand Bell Choir** 12:00 Lunch 1:00–1:30 Chair Tai-Chi (DVD)	17 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise **12:00-12:30 Soup & Sandwich Special Meal*** (Order by 12/10))	18 10:30-11:30 Collect for Events & Trips **10:30-11:45 Bingo*** 12:00-12:30 Lunch
21  10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch **1:00-1:30 Chair Yoga (DVD)**	22 8:00 Walking Club & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch	23 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise **11:00-1:00 Christmas Carol Sing-Along w/Donna LaRue & Bell Choir*** **($5 for Pizza Lunch by 12/16)**	**24 Center Closed** 	**25 Center Closed** 
28 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch **1:00-1:30 Chair Yoga (DVD)**	29 8:00 Walking Club & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch	30 10:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 12:00-12:30 Lunch 1:00-1:30 Chair Tai-Chi	31 10:30-2:00 Pickleball 10:30-11:00 Chair Exercise 12:00-12:30 Lunch	**12/17 Special Meal Menu** NE Clam Chowder Turkey Noodle Ham Sandwich Coleslaw Apple Crumble Milk

*Program w/ cost & reservation required