

PROGRAM CALENDAR



MYERSTOWN



SEPTEMBER 2026

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

Manager: Anne Kim 101 S. Railroad St, Myerstown, PA 17067

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is available Mon-Fri Orders need to be placed by 10:30 AM on the previous business day. Suggested donation per meal is \$4.50	1 8:00 Walking Club at Fairlane Park & Breakfast 10:00 Activity Calendar Distribution 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	2 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise 11:30 Everybody's Birthday Party & Boom Box Bingo @ Heidelberg	3 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Planning Meeting 4:00 Dinner & Mini Golf at Kauffman's*	4 10:30-11:30 Collect for Events & Trips 10:30-11:45 Bingo* 12:00-12:30 Lunch
7 Center Closed 	8 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch	9 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 11:00-12:00 Hand Bell Choir 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	10 10:30-2:00 Pickleball 10:30-11:00 Chair Exercise 12:00 Carpool Trip to Shady Maple & Farm Market (Sign up by 9/3)	11 10:30-11:30 Collect for Events & Trips 10:00-2:00 Pinochle* 10:30-11:45 Bingo* 12:00-12:30 Lunch
14 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	15 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	16 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 11:00-12:00 Hand Bell Choir 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	17 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 12:00-12:30 Soup & Sandwich Special Meal* (Order by 9/10)	18 10:30-11:30 Collect for Events & Trips 10:30-11:45 Bingo* 12:00-12:30 Lunch
21 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	22 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:30-12:00 Happy Autumn Cookie Social & Games 12:00-12:30 Lunch	23 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 11:00-12:00 Hand Bell Choir 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	24 10:30-2:00 Pickleball 10:30-11:30 Chair Exercise 10:30-1:00 Acrylic Paint Class with Brandon* (Sign up by 9/17) 4:00 Dinner & Mini Golf at Kauffman's*	25 10:30-11:30 Collect for Events & Trips 10:30-11:45 Quarter Bingo* 12:00-12:30 Lunch
28 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch 1:00-1:30 Chair Yoga (DVD)	29 8:00 Walking Club at Fairlane Park & Breakfast 10:30-12:30 Pickleball 10:45 "Myerstown Nursing Home Services" Presentation 12:00-12:30 Lunch	30 10:30-12:30 Pickleball 10:30-11:00 Stretch Resistance Exercise 10:30-12:00 Own Craft Club 12:00 Lunch 1:00-1:30 Chair Tai-Chi (DVD)	Upcoming Events 10/7 – Happy October Luncheon at Esther's 10/13 – Autumn Leaves at Gretna Glen* 10/29-Mini Golf & Dinner at Kauffman's	9/17 Special Meal Menu Broccoli Cheddar Minestrone Turkey Club Sandwich Coleslaw Cherry Crumb Pie Milk

*Program w/ cost & reservation required