February Lunch Menu

Lebanon County Senior Center

Dine-In or Take-Out Meals

Monday	Tuesday	Wednesday	Thursday	Friday
to order lunch, please contact your center	∞ ∞ ∞		Maple Street Soup & Salad Bar Day 1	2
manager or the LCAAA Office at			Tuna Salad Sandwich	Open Faced Turkey Sandwich
717-273-9262	√ √ √ √ √ √ √ √		w/lettuce & tomato	w/ Gravy
Orders need to be placed by 11:00am			1/2c Potato Salad	1/2c Whipped Potatoes w/ Chives
on the previous business day			2 White Bread	1/2c Corn
All meals have a		Car (50)	Fresh Orange	1 White Bread
suggested donation of \$4.50				1 Cookie
menu subject to change based on availability	() (*) (*)			Choho d
5	6	7	Maple Street Soup & Salad Bar Day 8	9
Pot Roast w/ Gravy	Chicken Parmesan	Chicken Taco	Salisbury Steak w/ Gravy	Vegetable Lasagna w/ Sauce
1/2c Parsley Potatoes	w/ 1oz Shredded Cheese	w/ Lettuce & Tomato	Baked Potato w/ Margarine	1c Tossed Salad
1/2c Coin Carrots	1/2c Rotini w/ Sauce	1/2c. Seasoned Corn & Blackbeans	1/2c Green Beans	1/2c Peas
1 Italian Bread	1c Tossed Salad w/ Tomato	1/2c. Spanish Rice	1 Wheat Bread	1 Italian Bread
1/2c Peach Crisp	1 Garlic Breadstick	Soft Tortilla Shell	1/2c Gelatin	Cookie
2, 20 : 300:: 3::35	1/2c Mixed Fruit	1/2c Pineapple	1, 20 Genau	555.mc
	-,			
12	13	Ash Wednesday/Valentines Day 14	Maple Street Soup & Salad Bar Day 15	16
Sloppy Joe	Chicken Marsala w/	Crab Cake	Monthly SPECIAL Meal	Baked Pollock
1/2c Ranch Roasted Potatoes	2oz Mushroom Sauce	1/2c Parmesan Garlic Noodles	Chili	1/2c Macaroni & Cheese
1/2c Island Blend Vegetables	1/2c. Blended Rice	1/2c Peas	Cheesy Caulifower Soup	1/2c Spinach
1 Hamburger Bun	1/2c Carrots	1 Wheat Bread	Ham Sandwich w/ Provolone	1 Wheat Bread
Seasonal Fresh Fruit	1 Breadstick	Seasonal Fresh Fruit	Lettuce, Tomato, & Onion	1/2c Mandarin Oranges
	1/2c Applesauce		Cherry Pie	
19	20	21	Maple Street Soup & Salad Bar Day 22	23
AAA Office & All Centers	Cabbage Casserole	Balsamic Glazed Chicken w/	Philly Cheeseburger	Egg Salad Sandwich
are CLOSED today!	w/ 2oz Sauce	Tomatoes & Mozzarella Cheese	w/ Provolone, Peppers, & Onions	w/ Lettuce & Tomato
111-00/	1c Tossed Salad	1/2c Penne Pasta	1/2c Three Bean Salad	1/2c Potato Salad
MAPPY SIT'S	1/2c Carrots	1/2c Mixed Vegetables	Sandwich Roll	1/2c Beets
PRESIDER	1 White Bread	1 Dinner Roll	Fresh Seasonal Fruit	2 Wheat Bread
DAY	Seasonal Fresh Fruit	1/2c Fruited Gelatin	NEW ITEM	1/2c Sliced Peaches
26		····		
Swedish Meatballs (4)	Mango PPO Chickon Broast	-	WINTER LUNCH PARTY DAY! 29 Chili	<u>×</u>
1/2c. Rice	Mango BBQ Chicken Breast 1/2c. Brown Rice	Lemon Dijon Pork Loin 1/2c Buttered Pasta	Chill Baked Potato w/ Sour Cream	
1/2c. Rice 1/2c Peas	1/2c. Brown Rice 1/2c. Carrots	1/2c Mixed Vegetables	Lettuce, Tomato, Onion, Cheese	
1/2c Peas 1 Wheat Bread	Wheat Bread	1/2C Mixed Vegetables 1 Wheat Bread	Cornbread	The
1/2c Apple Crisp	Fresh Orange	1/2c Pineapple Tidbits	Diced Pineapple	Nutrition II
1/2C Apple Clisp	riesii Orange	NEW TITEM	Cherry Pie	Group
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Soup & Salad Bar Lunches are at Maple Street EVERY THURSDAY!
All other centers have a Soup & Sandwich Meal on the 3rd Thursday!
One week notice on special orders, continued suggested donation of \$4.50 day of meal.