







LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch is available Mon-Fri Orders need to be placed by 11:00am on the previous business day. Suggested Donation for meal is \$4.50</p>	<p>8/15 Special Meal Menu Ham Sandwich Cole Slaw Chili Cheesy Cauliflower Bumbleberry Pie Milk</p>	<p>Upcoming Events 9/4 - Luncheon @ Brickerville* 9/12 - Bus Trip to Dutch Apple* 9/23 - Open House 9/26 - Mini Golf & Dinner @ Wetlands*</p>	<p>1 10:00 Activity Calendar Distribution 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/Planning Meeting, EVERYONE IS WELCOME!</p>	<p>2 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>5 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>6 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study</p>	<p>7 10:00 Nutrition Ed Flyer Distribution 10:30-11:30 Stretch Resistance Exercise 12:00 Happy August Luncheon @ Cedar Grill* 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk</p>	<p>8 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ Wetlands*</p> 	<p>9 10:00-2:00 Pinochle* 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>12 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>13 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch</p>	<p>14 10:30-11:30 Stretch Resistance Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk</p>	<p>15 10:30-11:30 Chair Exercise 12:00-12:30 Soup & Sandwich Special Meal* (Order by 8/8)</p>	<p>16 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>19 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>20 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study</p>	<p>21 Bus Trip to "Bird-in-Hand" Stage & Smorgasbord* Depart: 9:30 AM Return: 5:30 PM</p> 	<p>22 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ Kauffman's*</p> 	<p>23 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>26 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>27 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch</p>	<p>28 10:00-10:30 Stretch Resistance Exercise 10:30-12:00 Scrapbooking/ Craft Club* 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk</p> 	<p>29 Annual Summer Indoor Picnic @ Myerstown Senior Center* 10:00 – 2:00 PM (sign up by 8/22)</p>	<p>30 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>

*Program w/ cost & reservation required