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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 3 10:00 Activity Calendar Distribution  10:15-11:15 Coupon Clipping for Troops  10:30-11:30 Line Dancing  12:00-12:30 Lunch | 4 8:30 Indoor Walking-Gym & Breakfast  10:30-12:30 Pickleball  10:30-12:00 Games  12:00-12:30 Lunch  1:00-2:00 Bible Study | 5  10:30-11:00 Stretch Resistance Exercise  12:00 Happy March Luncheon – Country Fare\* | 6  10:30-12:30 Pickleball  10:30-11:30 Chair Exercise  12:00-12:30 Lunch  1:00-2:00 Planning Meeting | 7  10:30-11:30 Collect for Events & Trips  10:30-11:45 Bingo\*  12:00-12:30 Lunch |
| 10  10:15-11:15 Coupon Clipping for Troops  10:30-11:30 Line Dancing  12:00-12:30 Lunch | 11  8:30 Indoor Walking-Gym & Breakfast  10:30-12:30 Pickleball  10:30-12:00 Games  12:00-12:30 Lunch | 12  10:00 Nutrition Ed Flyer Distribution  10:30-11:00 Stretch Resistance Exercise  12:00-12:30 Lunch | 13  10:30-12:30 Pickleball  10:30-11:30 Chair Exercise  12:00-12:30 Lunch | 14  10:30-11:30 Collect for Events & Trips  10:00-2:00 Pinochle\*  10:30-11:45 Bingo\*  12:00-12:30 Lunch |
| 17  10:15-11:15 Coupon Clipping for Troops  10:30-11:30 Line Dancing  12:00-12:30 Lunch | 18  8:30 Indoor Walking-Gym & Breakfast  10:30-12:30 Pickleball  10:30-12:00 Games  12:00-12:30 Lunch  1:00-2:00 Bible Study | 19  10:30-11:00 Stretch Resistance Exercise  11:00-12:00 Spring Social  Free Clipart Spring | Free download on ClipArtMag12:30 Pizza Lunch | 20  10:30-12:30 Pickleball  10:30-11:30 Chair Exercise  12:00-12:30 Soup & Sandwich Special Meal\*  (Order by 3/13) | 21  10:30-11:30 Collect for Events & Trips  10:30-11:45 Bingo\*  12:00-12:30 Lunch |
| 24  10:15-11:15 Coupon Clipping for Troops  10:30-11:30 Line Dancing  12:00-12:30 Lunch | 25 8:30 Indoor Walking-Gym & Breakfast  10:00-11:00 Games  10:30-12:30 Pickleball  11:00 “Elder Fraud & Scams" Presented by FBI agent  12:00-12:30 Lunch | 26  10:00-10:30 Stretch Resistance Exercise  10:30-12:00 Craft Club  12:00-12:30 Lunch | 27  10:30-12:30 Pickleball  10:30-11:30 Chair Exercise  12:00-12:30 Lunch | 28  10:30-11:30 Collect for Events & Trips  10:30-11:45 Bingo\*  12:00-12:30 Lunch |
| 31  10:15-11:15 Coupon Clipping for Troops  10:30-11:30 Line Dancing  12:00-12:30 Lunch | Lunch is available Mon-Fri. Orders need to be placed by 11:00 AM on the previous business day.  Suggested Donation for meal is $4.50 | Open Gym Access for Walking  10:00AM - 2:00 PM  Open to center participants on Monday, Wednesday, Friday when the gym is not in use  until further notice. | 3/20 Special Meal Menu  NE Clam Chowder  Tomato Bisque  Tuna Salad Sandwich  Coleslaw  Lemon Meringue, Milk | Upcoming Events  4/2 – Happy April Luncheon  Brickerville  4/9 – Easter Banquet – Neptune Banquet Hall  4/29 – “Alzheimer & Dementia” Presentation |