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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 3 10:00 Activity Calendar Distribution10:15-11:15 Coupon Clipping for Troops10:30-11:30 Line Dancing12:00-12:30 Lunch | 4 8:30 Indoor Walking-Gym & Breakfast10:30-12:30 Pickleball10:30-12:00 Games12:00-12:30 Lunch1:00-2:00 Bible Study | 5 10:30-11:00 Stretch Resistance Exercise12:00 Happy March Luncheon – Country Fare\* | 610:30-12:30 Pickleball10:30-11:30 Chair Exercise12:00-12:30 Lunch1:00-2:00 Planning Meeting | 710:30-11:30 Collect for Events & Trips10:30-11:45 Bingo\*12:00-12:30 Lunch |
| 1010:15-11:15 Coupon Clipping for Troops10:30-11:30 Line Dancing12:00-12:30 Lunch | 11 8:30 Indoor Walking-Gym & Breakfast10:30-12:30 Pickleball10:30-12:00 Games12:00-12:30 Lunch | 12 10:00 Nutrition Ed Flyer Distribution10:30-11:00 Stretch Resistance Exercise12:00-12:30 Lunch | 1310:30-12:30 Pickleball10:30-11:30 Chair Exercise12:00-12:30 Lunch | 14 10:30-11:30 Collect for Events & Trips10:00-2:00 Pinochle\*10:30-11:45 Bingo\*12:00-12:30 Lunch |
| 17 10:15-11:15 Coupon Clipping for Troops10:30-11:30 Line Dancing12:00-12:30 Lunch | 18 8:30 Indoor Walking-Gym & Breakfast10:30-12:30 Pickleball10:30-12:00 Games 12:00-12:30 Lunch1:00-2:00 Bible Study | 19 10:30-11:00 Stretch Resistance Exercise11:00-12:00 Spring SocialFree Clipart Spring | Free download on ClipArtMag12:30 Pizza Lunch | 20 10:30-12:30 Pickleball10:30-11:30 Chair Exercise12:00-12:30 Soup & Sandwich Special Meal\* (Order by 3/13) | 2110:30-11:30 Collect for Events & Trips10:30-11:45 Bingo\*12:00-12:30 Lunch |
| 2410:15-11:15 Coupon Clipping for Troops10:30-11:30 Line Dancing12:00-12:30 Lunch | 25 8:30 Indoor Walking-Gym & Breakfast10:00-11:00 Games10:30-12:30 Pickleball11:00 “Elder Fraud & Scams" Presented by FBI agent12:00-12:30 Lunch | 2610:00-10:30 Stretch Resistance Exercise10:30-12:00 Craft Club12:00-12:30 Lunch | 2710:30-12:30 Pickleball10:30-11:30 Chair Exercise12:00-12:30 Lunch | 2810:30-11:30 Collect for Events & Trips10:30-11:45 Bingo\*12:00-12:30 Lunch |
| 3110:15-11:15 Coupon Clipping for Troops10:30-11:30 Line Dancing12:00-12:30 Lunch | Lunch is available Mon-Fri. Orders need to be placed by 11:00 AM on the previous business day.Suggested Donation for meal is $4.50 | Open Gym Access for Walking10:00AM - 2:00 PM Open to center participants on Monday, Wednesday, Friday when the gym is not in useuntil further notice. |  3/20 Special Meal MenuNE Clam ChowderTomato BisqueTuna Salad SandwichColeslawLemon Meringue, Milk | Upcoming Events4/2 – Happy April LuncheonBrickerville4/9 – Easter Banquet – Neptune Banquet Hall4/29 – “Alzheimer & Dementia” Presentation |