

# Program Calendar

# Palmyra

# September 2026

## SENIOR COMMUNITY CENTER LOCATION

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| MONDAY                                                                                                                                       | TUESDAY                                                                                                                          | WEDNESDAY                                                                                   | THURSDAY                                                                                                                                                                                 | FRIDAY                                                                                                                                                                       |
|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Lunch is available Mon-Fri. Orders need to be placed by 10:30 am on the previous business day. Suggested donation for meals is \$4.50</i> | <b>1</b><br>10:00 Puzzles/Music/<br>Games<br>11:30 Lunch<br>12:30 Card Games<br>1:00 Craft with Rose                             | <b>2</b><br>10:00 Puzzles/GVB/Games<br>11:30 Lunch<br>12:30 Card Games<br>1:00 Chair Yoga   | <b>3</b><br>10:00 Puzzles/Games/Music<br>11:30 Lunch-<br>11:30 <b>Pizza Party</b> in honor of<br>Labor Day<br>12:30 Bingo Magic Number<br>1:00 Tabletop Games Adj Room                   | <b>4</b><br>10:00 Puzzles/Chair<br>Yoga**<br>11:30 Lunch Bunch @<br><b>Soprano's</b> 50 Lynmar Ave.<br>Palmyra, PA 17078                                                     |
| <b>7</b><br><b>LABOR DAY</b><br><b>CENTER CLOSED</b>                                                                                         | <b>8</b><br><b>10:00 FRESH EXPRESS</b><br>11:30 Lunch<br>12pm Planning Meeting<br>12:30-Card Games<br>1:00 Corn Hole (outdoors)^ | <b>9</b><br>10:00 Puzzles/GVB/Games<br>11:30 Lunch*<br>12:30 Card Games<br>1:00 Chair Yoga  | <b>10</b><br>10:00 Puzzles/Games/Music<br>11:30 Lunch<br>12:30 Bingo Magic Number<br>1:00 Needle Arts with Jean in<br>Adjoining Room                                                     | <b>11</b><br>10:00 Puzzles/Chair Yoga**<br>11:30 Lunch Bunch at<br><b>Soda Jerk</b><br>400 East Main Street<br>Hummelstown, PA 17036                                         |
| <b>14</b><br>10:00 Puzzles/Games<br>11:30 Lunch<br>12:30 Pinochle<br>1:00 Chair Yoga                                                         | <b>15</b><br>10:00 Puzzles/Games/ Music<br>11:30 Lunch<br>12:30 Card Games<br>1:00 Craft with Rose                               | <b>16</b><br>10:00 Puzzles/GVB/Games<br>11:30 Lunch*<br>12:30 Card Games<br>1:00 Chair Yoga | <b>17</b><br>10:00 Puzzles/Games/Music<br><b>12:00 Noon FREE MEAL</b><br><b>provided by Palm Lutheran</b><br><b>Church</b><br>12:300 Bingo Magic Number<br>1:00 Poetry/Art or Literature | <b>18</b><br>10:00 Puzzles/Chair Yoga**<br>11:30 Lunch Bunch at<br><b>Cocoa Diner</b><br>590 East Main Street<br>Hummelstown, PA 17036                                       |
| <b>21</b><br>10:00 Puzzles/Games<br>11:30 Lunch<br>12:30 Pinocle<br>1:00 Chair Yoga                                                          | <b>22</b><br>10:00 Puzzles/Games/Music<br>11:30 Lunch<br>12:30 Card Games<br>1:00 Glamour Nail Spa                               | <b>23</b><br>10:00 Puzzles/GVB/Games<br>11:30 Lunch*<br>12:30 Card Games<br>1:00 Chair Yoga | <b>24</b><br>10:00 Puzzles/Games/Music<br>11:30 Lunch<br>12:30 Bingo Magic Number<br>1:00 Needle Arts with Jean in<br>Adjoining Room                                                     | <b>25</b><br>10:00 Puzzles/Chair Yoga**<br>11:30 Lunch Bunch at<br><b>Isaac's</b> 119 Springwood Dr.<br>Cornwall Road Suite 100<br>Lebanon, PA 17042                         |
| <b>28</b><br>10:00 Puzzles/Games<br>11:30 Lunch<br>12:30 Pinochle<br>1:00 Chair Yoga                                                         | <b>29</b><br>10:00 Puzzles/Music/Games<br>11:30 Lunch<br>12:30 Card Games<br>1:00 Craft with Rose                                | <b>30</b><br>10:00 Puzzles/GVB/Games<br>11:30 Lunch<br>12:30 Card Games<br>1:00 Chair Yoga  | <b>30</b><br>10:00Puzzles/Music<br>11:30 Lunch<br>12:30 Bingo Magic Number<br>1:00 Poetry/Art or<br>Literature                                                                           | <b>Lunch Bunch</b><br>Meets at local restaurants to<br>socialize and enjoy a meal with<br>other Senior Center members!<br><br>^Weather permitting<br>** Chair Yoga via video |

Closings &/or Delays – WGAL – tv, FM 100.1 – radio, AM 1270 – radio

**\*PROGRAM W/ COST & RESERVATION REQUIRED**