## **March Lunch Menu**

## **Lebanon County Senior Center**

Dine-In or Take-Out Meals

Monday	Tuesday	Wednesday	Thursday	Friday
	Nutrition Group	to order lunch, please contact your center manager or the LCAAA Office at 717-273-9262 Orders need to be placed by 11:00am on the previous business day All meals have a suggested donation of \$4.50 *menu subject to change based on availability		Breaded Fish Sandwich 1/2c Cheesy Potatoes 1/2c Peas 1 Hamburger Bun 1/2c Cottage Cheese & Peaches
Cheese Omelet w/ Ham, Peppers, Onions 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	Lemon Dijon Pork Loin  1/2c Buttered Pasta  1/2c Mixed Vegetables  1 Wheat Bread  1/2c Pineapple Tidbits	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	Maple Street Soup & Salad Bar Pepper Steak w/ Onions & Peppers 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	Creamy Egg Salad Sandwich Lettuce & Tomato 1/2c Potato Salad 2 Whole Wheat Bread 1/2c Cinnamon Applesauce
BBQ Pulled Pork 1/2c Creamy Coleslaw 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	Cheeseburger Stroganoff 1/2c Green Beans 1 Breadstick Fresh Fruit	Chicken Cobb Salad (Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Diced Beets 1 Dinner Roll 1/2c Pudding	Maple Street Soup & Salad Bar 1. Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Apple Crisp	Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Garlic Breadstick 1/2c Fruit Cocktail
Honey Rosemary Chicken 1/2c Diced Potatoes 1/2c Green Beans 1 White Bread 1/2c Peaches	Pizza Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding	Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit	Soup & Sandwich Lunch Menu	Tuna Salad Sandwich w/lettuce & tomato 1/2c Coleslaw 2 White Bread Fresh Orange
BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit	Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Beets 1 Dinner Roll 1/2c Gelatin	Swedish Meatballs 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears	Maple Street Soup & Salad Bar Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit	Area Agency on Aging Office Meals on Wheels are CANCELLED TODAY!

Soup & Salad Bar Lunches are at Maple Street EVERY THURSDAY!
All other centers have a Soup & Sandwich Meal on the 3rd Thursday!
One week notice on orders, continued suggested donation of \$4.50 day of meal.