

March

Lebanon County
Home Delivered Meals/Meals On Wheels

Monday	Tuesday	Wednesday	Thursday	Friday
		Please call the Area Agency on Aging with all meal questions/concerns 717-273-9262 cancellations: call on the previous business day before 11:00am <i>*menu is subject to change based on availability</i>		1 Breaded Fish Sandwich 1/2c Cheesy Potatoes 1/2c Peas 1 Hamburger Bun 1/2c Cottage Cheese & Peaches
4 Cheese Omelet w/ Ham, Peppers, Onions 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	5 Lemon Dijon Pork Loin 1/2c Buttered Pasta 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pineapple Tidbits 	6 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	7 Pepper Steak w/ Onions & Peppers 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	8 Creamy Egg Salad Sandwich Lettuce & Tomato 1/2c Potato Salad 2 Whole Wheat Bread 1/2c Cinnamon Applesauce
11 BBQ Pulled Pork 1/2c Creamy Coleslaw 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	12 Cheeseburger Stroganoff 1/2c Green Beans 1 Breadstick Fresh Fruit 	13 Chicken Cobb Salad (Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Diced Beets 1 Dinner Roll 1/2c Pudding	14 Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Apple Crisp	15 Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Garlic Breadstick 1/2c Fruit Cocktail
18 Honey Rosemary Chicken 1/2c Diced Potatoes 1/2c Green Beans 1 White Bread 1/2c Peaches 	19 Pizza Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding	20 Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 White Bread Seasonal Fresh Fruit	21 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn 1 White Bread 1 Cookie	22 Tuna Salad Sandwich w/lettuce & tomato 1/2c Coleslaw 2 White Bread Fresh Orange
25 BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit	26 Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Beets 1 Dinner Roll 1/2c Gelatin	27 Swedish Meatballs 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears	28 Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit	29 Good Friday! Area Agency on Aging Office Meals on Wheels are CANCELLED TODAY! 

Call AAA Office no later than the PREVIOUS BUSINESS DAY by 11:00am if you need to cancel your meal!
¡Llame a la oficina a más tardar el DÍA HÁBIL ANTERIOR antes de las 11:00 a. m. si necesita cancelar su comida!

717-273-9262