Lebanon County Human Services Plan FY 2023-24

September 7, 2023

Submitted by:

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Table of Contents

		Page
1.	Appendix A – County Human Services Plan Assurance of Complian	nce 1
2.	Human Services Plan	
Part I	County Planning Process	2
Part I	Public Hearing Notice	5
*	Proof of Publication	5
*	Summary and Sign-In Sheets	8
Part I	I Cross-Collaboration of Services	16
Part I	Human Services Narrative	
*	Mental Health Services	19
	a) Program Highlights b) Strengths and Needs by Populations c) Recovery-Oriented Systems Transformation d) Strengths and Needs by Service Type e) Certified Peer Specialist Employment Survey	19 19 27 29 41
	f) Existing County Mental Health Services g) Evidence-Based Practices (EBP) Survey h) Additional EBP, Recovery-Oriented and Promising Practices Survey i) Involuntary Mental Health Treatment	42 43 46 48
*	j) CCRI Data Reporting Substance Use Disorder Services	49 51
*	Intellectual Disability Services	57
*	Homeless Assistance Program Services	65
*	Human Services and Supports/Human Services Development Fund	68
3.	Human Services Proposed Budget and Individuals Served Spreadsheet (Appendix C1Block Grant County)	70

Appendix A Fiscal Year 2023-2024

COUNTY HUMAN SERVICES PLAN

ASSURANCE OF COMPLIANCE

COUNTY	OF:	LEBANO	·

- A. The County assures that services will be managed and delivered in accordance with the County Human Services Plan submitted herewith.
- **B.** The County assures, in compliance with Act 153 of 2016, that the County Human Services Plan submitted herewith has been developed based upon the County officials' determination of County need, formulated after an opportunity for public comment in the County.
- C. The County assures that it and its providers will maintain the eligibility records and other records necessary to support the expenditure reports submitted to the Department of Human Services.
- D. The County hereby expressly, and as a condition precedent to the receipt of state and federal funds, assures that in compliance with Title VI of the Civil Rights Act of 1964; Section 504 of the Federal Rehabilitation Act of 1973; the Age Discrimination Act of 1975; and the Pennsylvania Human Relations Act of 1955, as amended; and 16 PA Code, Chapter 49 (relating to contract compliance):
 - The County does not and will not discriminate against any person because of race, color, religious creed, ancestry, origin, age, sex, gender identity, sexual orientation, or disability in providing services or employment; or in its relationship with other providers; or in providing access to services and employment for individuals with disabilities.
 - 2. The County will comply with all regulations promulgated to enforce the statutory provisions against discrimination.

COUNTY COMMISSIONERS/COUNTY EXECUTIVE

Signature(s) Please Prin	t Name(s)	
Kalin S Hullyer	Robert J. Phillips	Date: 9/7/2023
makh	Michael J. Kuhn	Date: 9/7/2023
Nollan Sam	JoEllen Litz	Date: 9/7/2023

2. Human Services Plan

Part I COUNTY PLANNING PROCESS

The County Planning Process has not undergone any significant changes since last year's submission. The Lebanon County human services planning committee has continued to meet every quarter to discuss the block grant funds and unmet needs. This committee includes members from MH/ID/EI, Drug and Alcohol, Lebanon Community Action Partnership and County Fiscal staff. The County continues with a team approach to develop consistent and uniformed plans for delivery of human services.

The Children's Service Planning Committee, which is comprised of representatives from MH/ID/EI, Children and Youth Services, Probation, Drug and Alcohol, and CASSP meets once a year to review various aspects of human services delivery in the county including issues and barriers affecting the effective delivery of those services.

In February 2021, Lebanon County implemented a joint county team approach for complex case coordination. This team is comprised of members from MH/ID/EI, Children and Youth Services, Probation, Drug and Alcohol, and CASSP who developed a county policy and procedure for addressing complex cases for individuals under age 21 with overlapping involvement of services. Team members meet once a month or as needed for emergencies to discuss case needs and create a comprehensive strategic plan to address the needs.

Representatives from Children and Youth Services, MH/ID/EI, Drug and Alcohol, and CASSP also serve on the Community Health Council (CHC) of Lebanon. (The CHC in partnership with WellSpan Good Samaritan Hospital includes a CHC Executive Director.) The Community Health Council meets monthly and is a coalition of individuals and organizations working together to encourage and support a safe, healthy, and substance free community for every individual with a focus on community wellness. The coalition is constantly identifying unmet needs within the county and initiating new projects to address those needs. This includes searching for potential funding options to sustain the projects. Membership also includes representatives from: WellSpan Good Samaritan Hospital, WellSpan Philhaven, Youth Advocate Program, Lebanon Family Health Services, Lebanon County Christian Ministries, Lebanon YMCA, UPMC, Luthercare for Kids, Domestic Violence Intervention, Lancaster General/Penn Medicine, Family First Health (FQHC), Penn State REACH, Veterans Affairs, the District Attorney's Office, and the Superintendent of Record representing all county schools, Area Agency on Aging, parents, students, media, and Lebanon County Commissioners. This Board also oversees a number of projects including: Communities That Care, Communities Violence Prevention (PCCD), the 50+ Festival, Aging Inspired (for the older adult population), Better Together addressing food access, mental health and physical activity, Cultural Diversity Conference, Healthy Kids Day, Mentor a Mother, Youth Only Fishing, Tobacco & Vaping Coalition, Suicide Prevention Task Force, Stronger Together (Heroin Task Force), and the Coalition to End Homeless of Lebanon County. These are just a sampling of the special projects through the Community Health Council of Lebanon.

Our Mental Health program utilizes several teams to discuss recommended services and supports for county constituents. They utilize a treatment team (for children, adolescents and adults) that meet on a weekly basis to review recommended services and supports before authorization or referrals occur. A diversion team meets on a monthly basis to discuss all individuals receiving services in a community inpatient psychiatric hospital, extended acute unit and Wernersville State Hospital. During these monthly meetings, they discuss anticipated discharges and recommended services and supports. All teams work diligently to meet the needs of our residents in the least restrictive setting.

Mental Health also meets with the Community Support Program (CSP) on a monthly basis and the Quality Management Team (QMT) on a quarterly basis. These groups bring together stakeholders from all levels of the service system including consumers, family members, providers and agencies. Both the Community Support

Program participants and Quality Management Team are involved in the creation, review and approval of the mental health portion of this plan and actively participate in the public hearings.

During 2022, Lebanon County implemented a Team MISA (Mental Illness and Substance Abuse). A collaboration established between Mental Health, District Attorney, PrimeCare, Probation, Prison, Drug & Alcohol, Court Administration, Crisis, Public Defenders office and Area Agency on Aging. This collaboration meets monthly to address the needs of inmates and develop plans to reintegrate individuals back into our community with supports.

Efforts to re-establish a Re-Entry Coalition with a Re-entry Coordinator within Lebanon County have stalled during the past year. However, the plan remains for a local non-profit, FORE: First Opportunity in Re-entry, to take the lead in meeting with stakeholders and re-engaging the community.

The Intellectual Disability (ID) unit within MH/ID/EI have a variety of regular meetings aimed at planning and program improvements. The Quality Improvement Council comprised of stakeholders from private providers, agency staff, family members and ARC staff meet every six months to review the ID Quality Management Plan and makes any revisions or improvements deemed appropriate. The Support Coordination Organizations (SCOs) meet with ID Management staff monthly to review individuals with high needs and how to best serve and meet those needs including system changes, implementation, and funding issues. Finally, The Lancaster Lebanon Employment Coalition, a group dedicated to employment issues which consists of providers, ID staff, ARC, OVR, IU #13, and school district personnel meet quarterly to discuss how best to promote the employment of people with disabilities and plans to implement activities throughout the year. In addition, they discuss any barriers that may exist to employment and how to overcome them.

Representatives from MH/ID/EI, Probation, and Drug and Alcohol serve on the Criminal Justice Advisory Board (CJAB) which meets bimonthly to review, discuss and address a variety of needs as it relates to issues within our justice system, both juvenile and adult. The CJAB Committee also includes members from law enforcement, Domestic Violence Intervention, the District Attorney's Office, Court Administration, the Public Defender's Office, the Sheriff's Department, County Commissioners, and the President Judge. DUI Court and Veteran's Court remain as treatment court options in Lebanon County. In addition, Drug Court is now a third treatment court option and has been operating in Lebanon County since 2023. Individuals with pending charges and an identified drug and alcohol addiction are able to make application for participation in the Lebanon County Drug Court, which offers an evidence-based and therapeutic approach to supervision in support of recovery. The ongoing mission of the Lebanon County Criminal Justice Advisory Board is to identify the strengths, weaknesses, and needs of local criminal justice systems, and by means of communication, cooperation, and collaboration, enhance and improve the system and services in the most effective, efficient, and cost-effective manner possible.

Lebanon County Commission on Drug and Alcohol Abuse (LCCDAA) maintains numerous programs within the County to combat the Opioid epidemic. In addition to the numerous ongoing programs and services, several initiatives including: a case management project through PA Counseling Services, and a mobile assessment service, also available through PA Counseling Services. DUI Court continues to be very successful in the county. The Lebanon Heroin Task Force (Stronger Together) and the Lebanon County Drug and Alcohol Commission Advisory Board continue to take an active collaborative role to address the epidemic and prevention efforts within Lebanon County.

Funds through special grants in the Children and Youth Services Needs Based Budget are utilized to provide services in the least restrictive setting possible and eliminate the need for out of home placements. Housing grant money is utilized to prevent the need for evictions, utility shut offs due to lack of payment, etc. thereby preventing placement of the children and keeping the family unit intact. Truancy money is utilized to provide intensive in-home service to youth who have been determined to be habitually truant and in need of on-going services. By utilizing our Truancy Prevention Program, the agency successfully reduces the number of youth who would otherwise end up in placement and reintegrates the youth back in to their home school, Cyber School or other viable option. In addition, by utilizing

Multi-systemic Therapy (MST), there has been a noted decrease in placements, especially as it relates to Juvenile Probation. Finally, MH/ID/EI and Children and Youth Services have a positive relationship with True North Wellness, the provider for Functional Family Therapy (FFT). It is anticipated, through the continued use of this evidence-based services that the need for placements will be reduced.

In July 2023, Probation Services Juvenile Unit established the Lebanon County First Cast Youth Fishing Program to teach justice-involved youth a prosocial activity that can be utilized upon completion of supervision. The PA Fish and Boat Commission provides free supplies to the county to utilize for the Youth Fishing Program in exchange for Probation Services acting as a site for the Fishing Tackle Loaner Program, which enables the public to sign out and borrow equipment to fish. In addition, Juvenile Probation, in collaboration with Justice Works, is in the process of establishing an Impact of Crime Group that will help youth understand the impact of their actions. The goal is to host our first group prior to the close of 2023. A recent collaboration with PA Career Link has resulted in providing office space weekly to Career Link representatives who will meet with unemployed justice-involved youth and adults to assist in their efforts to obtain gainful employment. We hope to see this resource help reduce unemployment among individuals under supervision. The goal is to see these programs grow throughout 2024.

Probation Services has implemented the use of the Massachusetts Youth Screening Instrument, Version 2 (MAYSI-2), a self-report questionnaire designed to identify youth who may be experiencing mental health or substance abuse disorders. As part of the intake process, youth are administered the MAYSI-2 to identify possible areas of need for referral to other agencies for formal evaluation. The screening score assists the Juvenile Court in identifying youth who may benefit from additional supports and interventions within the community, broadening the scope of agency support for youth in need of rehabilitation and treatment.

Our ID/Autism Bridge Housing developed in 2020 as a collaboration between the ID program and Lebanon Community Action Partnership has completely stalled, as there are no longer any affordable and safe 1-bedroom apartments available in our community. However, we continue to search for apartments to re-institute this housing.

In 2021, the human services planning committee identified some unmet needs within the county, based upon outcomes, and increased the funding for rental assistance and shelter housing.

In 2021 the team identified a huge need for forensic transitional housing. We identified and renovated a home. It opened and started taking referrals in January 2023. The maximum capacity is 3 individuals. There are currently 2 females in the home. Individuals can remain in the home up to one year to stabilize in the community, obtain employment / legal income and save money for alternate housing of their choice.

The team was successful in 2022 by expanding our mental health permanent supportive housing units. The team remains is now focused on identification of funding resources to expand the Student Assistance Program into elementary schools for additional prevention services.

The team of human service agencies within Lebanon County continues to utilize various resources such as advisory boards, consumer satisfaction surveys, housing surveys, assessments, and community meetings to ensure positive collaboration and furtherance of county planning purposes. Although this list is not all encompassing of the teams, meetings, resources, and stakeholders that are utilized throughout the county, this is a sampling of our commitment to involve stakeholders on all levels as a guide for the delivery of human services. For many years, Lebanon County has demonstrated a strong collaborative effort. Barriers identified are quickly addressed, and if possible, removed to ensure continuity and consistency of services. Agency directors have a positive working relationship with one another that allows for the betterment of Lebanon County.

Part II PUBLIC HEARING NOTICE **Proof of Publication**



Publication Cost: \$160.56 Ad No: 0005782167 # of Affidavits1

Customer No: 1428176

This is not an invoice

LEBANON COUNTY MH/ID /EI 220 E. LEHMAN ST

LEBANON, PA 17046-3930

Affidavit of Publication

Proof of Publication State of Pennsylvania

The Lebanon Daily News is the name of the newspapers(s) of general circulation published continuously for more than six months at its principle place of business, 718 Poplar Street, Lebanon, PA.

The printed copy of the advertisement hereto attached is a true copy, exactly as printed and published, of an advertisement printed in the regular issues of the said The Lebanon Daily News published in the editions dated on the following dates, viz:

Editions Dated: 08/02/2023, 08/09/2023

I, being first duly sworn upon oath depose and say that I am a legal clerk and employee of The Lebanon Daily News and have personal knowledge of the publication of the advertisement mentioned in the foregoing statement as to the time, place and character of publications are true, and that the affiant is not interested in the subject matter of the above mentioned advertisement.

Subscribed and sworn to before on August 9, 2023:

4-6-27

Notary, State of Wisconsin, County of Brown

My commission expires

DENISE ROBERTS Notary Public State of Wisconsin **Notice of Public Hearing**

The public is invited to participate in public hearings as part of the process to develop Lebanon County's FY 2023-2024 Human Services Plan. The public hearings will be held insperson at Lebanon County MH/ID/EI Second Floor Conference Room, 220 East Lehman Street, Lebanon, on the following datest/imes: Wednesday, August 16, 2023 at 2:00 p.m.

p.m. Wednesday, August 23, 2023 at 10:00

a.m. Questions about the public hearing should be directed to Holly Leahy, Administrator, Lebanon County MH/ID/EI Program at 717-274-3415 or holly.leahy @lebanoncountypa.gov.

LEBT WN

SPONSORED ?



Notice of public hearing for Lebanon County MH/ID/EI



Sponsored by Lebanon County MH/ID/EI Program July 28, 2023



The public is invited to participate in public hearings as part of the process to develop Lebanon County's FY 2023-2024 Human Services Plan.

The public hearings will be held in-person at Lebanon County MH/ID/EI Second Floor Conference Room, 220 East Lehman Street, Lebanon, on the following dates/times:

- Wednesday, August 16, 2023 at 2:00 p.m.
- Wednesday, August 23, 2023 at 10:00 a.m.

Questions about the public hearing should be directed to Holly Leahy, Administrator, Lebanon County MH/ID/EI Program at 717-274-3415 or holly.leahy@lebanoncountypa.gov.

LebTown & Lebanon County Weather (Lebanon Publishing Company) 1154 Draymore Ct Hummelstown, PA 17036

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INVOICE

BILL TO Lebanon MH/ID/EI

INVOICE # 1620 **DATE** 07/28/2023 **DUE DATE 07/28/2023**

DATE 07/28/2023 DESCRIPTION

Public Notice - To be published on LebTown homepage at minimum from the dates 7/28 to 8/1, and included in LebTown email newsletter on 8/4.

QTY RATE 75.00 **AMOUNT**

75.00

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Legal Notice

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Summary

LEBANON COUNTY FY 2023-24 HUMAN SERVICES PLAN PUBLIC HEARING #1

Location/Method: In-person at Lebanon County MH/ID/EI 220 East Lehman Street, Lebanon, PA Date: 8/16/2023 – 2:00 PM to 3:30 PM

The public hearing began at 2:00 p.m. with Melissa Herr, Deputy Administrator of the Lebanon County MH/ID/EI Program, welcoming guests, and staff. For today's public hearing, a detailed PowerPoint presentation was created and presented by each contributor to the written plan.

After those present introduced themselves, Melissa Herr gave a brief background into the timeline, county planning process, and development of the plan.

Jocelyn Stakem, Lebanon County CHIPP Coordinator/ Housing Specialist, then presented on the Cross Collaboration of Services.

Jim Donmoyer: "How many individuals are currently in the Enhanced Personal Care Home?"

<u>Jocelyn Stakem:</u> "There are 7 individuals in the house right now and the 8th person being admitted by the end of the month. So, we will be at capacity."

Jim Donmoyer: "Is there a waiting list?"

<u>Jocelyn Stakem:</u> "I keep an informal waiting list, but since both the Fairweather Lodge and the Enhanced Personal Care Home do not have a maximum length of stay, we can't give anyone a timeline. So, I keep a very informal wait list and then notify providers if there would be an opening."

The mental health section of the plan and a brief summary on each of the various components was presented. The participants did not have any questions or comments regarding the Mental Health portion presented.

Dawn Wolfe, Director of ID/EI Services followed with a review of the ID section of the plan and the sources of data that were used to develop this section. The participants did not have any questions or comments regarding the ID portion presented.

Christine Hartman, Lebanon Community Action Partnership, then provided an overview of the Homeless Assistance Program (HAP) services.

Jim Donmoyer: "How many families are served in a year for Bridge Housing?"

<u>Christine Hartman:</u> "Families are allowed to be in it for over a year, so it stands stagnant for a while. It's a 3-unit house, but only 2 are being used right now because the last family trashed it and sometimes it takes a while to do the rehab on the houses and to have the funding to do it."

"Since 2009 I would say that we put 15 families through the Bridge House. Most are very successful. They do have to pay rent. Minimum rent is \$5, and maximum is \$350. It goes according to their income.

<u>Jim Donmoyer: "Is this something that they can do more than once?"</u>

<u>Christine Hartman:</u> "It depends on the situation. How they left. Why they left. With the money that they pay us, if they pay us \$5, \$2.50 goes back into the grant and \$2.50 goes into a saving account for them, so when they leave, we can pay their security deposit or buy them furniture or whatever."

James Donmoyer, Executive Director of the Lebanon County Commission on Drug and Alcohol Services reviewed the Substance Use Disorder section of the plan. This included a financial pie chart indicating how funds are spent, presented by Sue Douglas.

Susan Blouch, Lebanon Rescue Mission: "What is the success rate of having Narcan so readily available?"

Jim Donmoyer: "I don't have that data. There are so many factors. Statistically I can only say how many people are dying and by what substance. But I can tell you that our numbers would be higher if Narcan was not available. Can't say to what degree. Can't say if it's saving 10 lives or 20 lives. That would be a good question for the EMT's. How often do they distribute? How often do they give it? How many people were saved on the way to the hospital?"

<u>Cari Daub, Lebanon Rescue Mission:</u> "Is it a transitional program? Do you transition off of it? Is that what the goal is?"

Jim Donmoyer: "The goal is that they are completely drug free. Back in the day they would say 2 years and taper them off. They should be gone in 2 years. Times have changed with that philosophy and treatment is more individualized. Some people have been there since it has opened in 2006. They are on it for 17 years, but we haven't heard from them, they have not needed to go to detox or rehab. There are some people that it works for."

Christine Hartman then provided an overview of the Human Services Development Fund section. The participants did not have any questions or comments regarding this portion presented.

Sue Douglas, Lebanon County MH/ID/EI Director of Fiscal Operations, provided an overview of the Human Services Block Grant funding as well as the total funding for each county department and the percentage of the total funding that is block grant. Sue provided detailed information as part of her presentation. There were no questions or comments for this section of the plan.

Melissa Herr concluded the public hearing by thanking the participants and asking them to email staff any additional comments or questions. She invited them to attend the next public hearing scheduled for August 23, 2023 at 10:00 am, in-person at Lebanon County MH/ID/EI.

DUBLIC HEARING #1 - Sign-In Sheet / Log of Participants

LEBANON COUNTY FY 2023-24 HUMAN SERVICES PLAN PUBLIC HEARING #1 8/16/2023

NAME	AFFILIATION	EMAIL
	Lebanon Community Action	
Christine Hartman	Partnership	christine.hartman@lebanoncountypa.gov
	Lebanon Drug & Alcohol	
Jim Donmoyer	Commission	james.donmoyer@lebanoncountypa.gov
Susan Blouch	Lebanon Rescue Mission	sblouch@lebanonrescuemission.org
Cari Daub	Lebanon Rescue Mission	cdaub@lebanonrescuemission.org
Melissa Herr	Lebanon MH/ID/EI	mherr@lebcnty.org
	Lebanon MH/ID/EI Advisory	
Shirley Sowizral	Board	s.sowizral@icloud.com
Natasha		
Beaumont	SAM Inc.	nbeaumont@sam-inc.org
Rebecca Boerst	SAM Inc.	rboerst@sam-inc.org
Sue Douglas	Lebanon MH/ID/EI	Susan.douglas@lebanoncountypa.gov
Dawn Wolfe	Lebanon MH/ID/EI	Dawn.wolfe@lebanoncountypa.gov
Jocelyn Stakem	Lebanon MH/ID/EI	Jocelyn.stakem@lebanoncountypa.gov
Nicole Snyder	Lebanon MH/ID/EI	Nicole.snyder@lebanoncountypa.gov

Summary

LEBANON COUNTY FY 2023-2024 HUMAN SERVICES PLAN PUBLIC HEARING #2

Location/Method: In-person at Lebanon County MH/ID/EI 220 East Lehman Street, Lebanon, PA Date: 8/23/2022 – 10:00 AM – 11:30 AM

The public hearing began at 10:00 a.m. with Holly Leahy, Administrator Lebanon MH/ID/EI, welcoming guests and staff. For today's public hearing, a detailed PowerPoint presentation was created and presented by each contributor to the written plan.

After those present introduced themselves, Holly Leahy gave a brief background into the timeline, county planning process, and development of the plan.

Jocelyn Stakem, Lebanon County CHIPP Coordinator/Housing Specialist, then presented on the Cross Collaboration of Services.

<u>Jessica Paul:</u> "Would you be able to add the Community Support Program (CSP) as a resource to assist with SDOHs? CSP is a good place to learn about accessing resources from peers."

Jocelyn Stakem: "Yes, we can do so. Thank you for the suggestion."

Sue Douglas, Director of Fiscal Operations, presented the overall split for the block grant funds amongst the county departments, as well as the percentage of each departments overall budget the block grant comprises. She also explained that some departments receive separate grant monies which increases their funding overall. (This is important to note since the actual state allocations have not increased.)

<u>Denise Wright: "Is the grant one-time only?"</u>

<u>Sue Douglas:</u> "The block grant funds are ongoing. The separate ID grant is multi-year but often grants are one-time only unless otherwise designated."

Jim Donmoyer: "Can you please explain the advantage of being a block grant county?

<u>Sue Douglas:</u> "Block grant funds can be used amongst the county departments included, as needed. The allocations are itemized out but if one program needs funds and another has funds available, the monies can be shifted."

"We have been a block grant county since 2017."

Kasey Felty, Director of Mental Health Services, then reviewed the mental health section of the plan and provided a brief summary on each of the various components.

Holly Leahy: "Could you please give a brief description of each of the housing support services?"

<u>Kasey Felty:</u> "Yes. A rental subsidy can assist an individual with rent for one month due to a hardship such as car repairs. We can assist with the rental payment so they can pay their car repair bill."

Denise Wright asked a question related to this statement regarding rental subsidy:

"If you pay that month's rent and then they still can't afford to pay the rent, how is this handled?

<u>Kasey Felty:</u> "Case Managers work with the individual on budgeting and ensure that they can make their monthly rental payment and that this is just a one-month, temporary need."

Jessica Paul: What are the amounts for housing support services shown on the left?

<u>Kasey Felty:</u> This is the total funding for each and then projections for the upcoming year based upon needs and historical utilization.

Jim Donmoyer: "Are the housing support services provided by the county or a contractor?

Kasey Felty: "A contracted provider, WellSpan Philhaven."

"Housing support services do not provide housing but rather supportive services either short-term or long-term to obtain and maintain their own housing."

<u>Jessica Paul:</u> "Regarding the voucher program through LCCM. Must the individuals be in case management to receive?"

<u>Kasey Felty and Jim Donmoyer:</u> SAM BCMs, Administrative Case Managers, the 2 County Drug & Alcohol Case Managers, and the 7 SUD Case Managers through PA Counseling Services can all make referrals for youchers.

Additionally, anyone in the community can go to LCCM and access voucher services so they are not exclusive.

Jessica Paul: "Does everyone receiving Peer Support Services have an assigned case manager?"

<u>Kasey Felty</u>: Not all have case managers. If someone has PerformCare (HealthChoices) they can go directly to PerfomCare to obtain peer support services without having a case manager.

<u>Jessica Paul:</u> "If a peer support is working with someone, can the peer support make a referral to LCCM for SDOHs?"

<u>Kasey Felty:</u> No. But LCCM offers their services to anyone in the community that qualifies. It may not be our funding, but they would be able to access the assistance directly from LCCM.

Jessica Paul, CSS stated:

"Join us at the Capital on September 26th! We need to stand up for staffing, access to services and supports and adequate funding."

<u>Denise Wright regarding suicide prevention efforts:</u> "Do any suicide prevention things go into the high schools?"

Kasey Felty: Yes, some do. There have been presentations at the schools as well.

<u>Nikki Gray:</u> PCCD has been focused on school services. Through the Community Health Council we have had a PCCD grant to provide QPR and MHFA in schools. And there were just monies diverted by the state budget to PCCD to support mental health services in the schools.

<u>Denise Wright:</u> "Do the schools know about this funding? Do the students know these things are available?"

Kasey Felty: Yes, absolutely.

<u>Nikki Gray:</u> They are offered but the students are not interested. We are always looking for funding options and seeking when possible. The Community Health Council is currently the recipient of 2 PCCD grants for school mental health services.

As a team we collectively discussed and reviewed the suicide statistics for 2023 thus far:

12 individuals as of July 6; 10 males and 2 females; 1 veteran; 5 non-Lebanon County residents; 7 with a known mental health history; 2 with a known substance use history.

This year is unusual as we have had 2 18-year-olds. On average, we may have 1 or 2 young adults die by suicide but the vast majority are in their 30s, 40s, 50s and older. We believe that this is a result of the oversight and support our youth receive in the school system for early identification and intervention of potential suicidal ideation.

<u>Jessica Paul:</u> Hopefully, the schools are collaborating with both the youth and their family.

<u>Jessica Paul:</u> Is the state taking growth or reduction in county population into consideration for the funding allocation?

<u>Holly Leahy:</u> Lebanon County has seen a 12% increase in population over the past 10 years, while there have been other counties that have a loss over the same time period.

When advocating for additional county base funding, we are asking the state to take current county population into consideration, but we have not heard that legislatures are considering changing the allocation methodology.

Kasey Felty and Sue Douglas reviewed the data for individuals served by services broken out and the amount of funding. Kasey explained that each person funded with mental health base funding goes through an extensive assessment process to determine initial services to be referred. They continue to be assessed and monitored by case managers while open and receiving mental health base funding.

Sue explained that we contract with providers and keep monies in contracts for all base funded services, even though we may not have anyone utilizing that funding at the time. All base funded services and supports are to be in a contract and available if someone is assessed and qualifies for that service. Of course, this all depends on funding availability.

In the mental health base funded program, there is not as much provider choice but contracted and available, as long as there are base funds available.

Dawn Wolfe, Director of ID/EI Services followed with a review of the ID section of the plan and the sources of data that were used to develop this section. This included a financial portion with a pie chart for ID services presented by Sue Douglas.

Jim Donmoyer: "How does ODP determine base funding allocation for counties?"

<u>Dawn Wolfe:</u> I don't know. Base funding has been stagnant for years but the waiver funding has been available since the early 2000s.

Everyone in ID is assessed to determine the urgency of needs and then the state uses that to consider waiver funding. The state also takes graduate data into account for waiver funding.

<u>Sue Douglas:</u> The waiver funding is a very high amount as this pays for the group home placements. Also, the administration amount is high since it takes a lot to assess and monitor the waiver funding.

As a team we collectively discussed base funding throughout the years:

Mental Health: flat-funded base allocation for state funding since 2006, with a 10% cut in 2012 that was never restored. This included A 10% cut to the CHIPP funding which is supposed to be guaranteed monies considering we brought individuals out of the state hospital due to the promised funds for their care.

\$20 million statewide in the current budget. As we are one of the smaller counties, we will see very little / no significant increase to our base allocation. The lion's share will go to the larger counties, especially if legislatures do not consider current / changes in population.

Intellectual Disabilities: Base funding stagnant for many years.

<u>Jessica Paul:</u> I am sure the lack of adequate funding for mental health services takes away from other departments, but it sounds like the block grant funding has been helpful.

Nikki Gray: How will changing to a Class 4 help with the base funding allocation?

<u>Holly Leahy:</u> It is unclear at this time. No notifications from the state but we will hope for some positive change and additional funds.

Denise Wright to ID staff: Who is the respite through?

<u>Dawn Wolfe:</u> There are multiple options for respite in the ID Program. There are overnight or shorter periods of time. The provider must be deemed qualified by stringent criteria. Options in-county and in neighboring counties.

<u>Jessica Paul:</u> Do waiver funded individuals have access to the same services?

<u>Dawn Wolfe:</u> Yes, plus they have provider choice if they are an approved ODP provider.

There are also self-directed services where the family can be the provider and get paid.

Ryan Wertz, Lebanon Community Action Partnership Administrator, then provided an overview of the Homeless Assistance Program (HAP) services. He noted that there are no significant changes from last year and that funding has also been stagnant for many years.

Jim Donmoyer: What is your total budget for your agency?

Ryan Wertz: I do not know off the top of my head. We have multiple different funding streams such as FEMA, grants, MATP and the block grant.

Jim Donmoyer: Is this (block grant) the smallest funding stream?

Ryan Wertz: No, the smallest would be FEMA.

Jessica Paul: How will the release of the current bulletin for Street Medicine change your services?

<u>Ryan Wertz:</u> I do not foresee huge changes in staffing or such due to the Street Medicine bulletin. We are a very small agency of 8 staff members. We highly utilize crisis intervention since 24/7 365 with walk-in or mobile services.

Jessica Paul: Are there other organizations that CAP might collaborate with for street medicine?

Ryan Wertz: Yes, we collaborate with everyone locally. Especially, those in human services.

<u>Jocelyn Stakem:</u> Street Medicine will become a bigger discussion for Lebanon County with the bulletin. But is has been more prevalent in urban cities. As with many things, street medicine is a good concept, but it will require additional funding.

<u>Holly Leahy:</u> Street Medicine is yet another unfunded "mandate" by the state. Street medicine along with crisis expansion will be extremely challenging to create due to the lack of adequate state funding for the base system. The base funding has already been stretched to it's absolute limit due to flat funding for all these years.

James Donmoyer, Executive Director of the Lebanon County Commission on Drug and alcohol Services reviewed the Substance Use Disorder section of the plan. This included a financial pie chart indicating how funds are spent, presented by Sue Douglas.

Jessica Paul: Is there a dedicated adult probation officer trained in SUD or something?

<u>Jim Donmoyer:</u> Yes. Earlier this year they appointed a probation officer who must go through trainings and understand what the individual is going through to determine if they are going to treatment or incarceration. It is a small caseload of 30. Data must be readily available.

Jim added that the Methadone clinic is moving to Schneider Drive.

Regarding the Overdose survivor rate, the number of individuals referred to services is going up and those refusing services is going down.

As of the end of July there have been 23 overdose deaths for Lebanon County but not necessarily Lebanon County residents. (Last year 29 overdose deaths for the entire year.)

<u>Jessica Paul:</u> Of those that commit to treatment, are we following them?

<u>Jim Donmoyer:</u> Those that detoxed are then referred to detox / rehab. If they remain in services, their information is sent to the Drug & Alcohol Commission to be assigned to a case manager. But if they go to detox and then leave without further treatment, they are not followed.

The county is the funder of last resort, so once they obtain Medical Assistance it is a different funding source and Drug & Alcohol is not involved or following them. At that point it would be voluntarily up to the individual if the county follows them or not.

There are also times when they get out of detox, do not wish for the county to follow them and then we do not have any contact with them until the next time needed.

There have been no adolescent referrals for Drug & Alcohol case management for 2-3 years. This is because they are being assessed, referred and going directly into treatment without County Drug & Alcohol involvement.

Sue Douglas and Jim Donmoyer then reviewed the funding portion for Drug & Alcohol noting that although the base funding appears to have increased over the years, it is because DDAP has fully funded any initiatives. So, unlike the other departments, DDAP mandates a lot but somehow DDAP finds adequate funding for the counties.

This is the sixth year for State Opioid Response money, SOR and Opioid Settlement funds. This has allowed the Drug & Alcohol Commission to implement 2 funded Recovery Support Specialists along with a contracted provider for 7 SUD case managers. This is the biggest expense.

Ryan Wertz then provided an overview of the Human Services Development Fund section. The participants did not have any questions or comments regarding this portion presented.

Sue Douglas, Lebanon County MH/ID/EI Director of Fiscal Operations, provided an overview of the human services block grant funding as well as the total funding for each county department and the percentage of the total funding that is block grant. Sue provided detailed information as part of her presentation. There were no questions or comments for this section of the plan.

Holly Leahy concluded the public hearing by thanking the participants and asking them to email staff any additional comments or questions. She also indicated that the PowerPoint presentation would be sent to each participant via email. Additionally, once the Human Services plan has been approved by the PA Department of Human Services it will be posted on the County website.

DUBLIC HEARING #2 - Sign-In Sheet / Log of Participants

LEBANON COUNTY FY 2022-23 HUMAN SERVICES PLAN PUBLIC HEARING #2 7/27/2022

NAME	AFFILIATION	EMAIL
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Kay Litman	WEPA Empower Center	klitman@wepaempowercenter.org
Paula Moyer	Disability Empowerment Center	pmoyer@decpa.org

Part III Cross-Collaboration of Services

Lebanon County seeks to creatively use funding to promote cross-systems development and collaboration recognizing the positive outcomes in serving our residents in a fiscally prudent manner. We believe in maintaining the individual in the least restrictive environment possible and in adherence to the CASSP principles which are: family focused, community based, multi-systemic, culturally competent, least restrictive, and least intrusive.

Lebanon County recognizes that families often experience cross-system issues and therefore applying a more holistic approach to service provision is necessary.

As individuals are known to engage with multiple systems and services, a great deal of collaboration and planning occurs as each department has a variety of services available to meet that person's particular set of needs. In turn, each department discusses the available services and the best way to utilize their resources to assist the individual in a cost-effective manner. Recognizing that housing and employment play crucial roles in an individual's overall well-being and recovery, has brought about a great deal of focus in these two areas. Lebanon County remains committed to continuing our search for additional ways to better serve our community and to strengthen the existing relationships among agencies.

As discussed in recent submissions, many agencies and supports discussed below continue to experience significant staffing shortages which has impacted their ability to adequately deliver services; however, they remain a vital part of the network essential to support our residents. Knowing this challenge exists makes the goal of collaboration amongst county agencies even more imperative. Lebanon County will continue to search for viable models and potential funding sources in examining these needs as we serve our constituents.

1. Employment:

Several avenues for employment opportunities continue to exist within our systems. The county works closely with providers to identify employment opportunities for individuals with disabilities. "Work With Us," fully embraces the *Employment First* Initiative, recognizing that all individuals "with a disability are valued members of society and deserve the opportunity to work." This initiative remains intact under the direction of Governor Shapiro. CareerLink has returned to offering many of their services in-person; this includes job fairs, job-seeker services, and benefits counseling. CareerLink remains an integral member of the Lebanon County Council of Human Services, a group that meets monthly to share information as well as offer education on a variety of topics.

Within the ID system, funds are leveraged to make accommodations for job-coaching or other on-going supportive employment services to meet the needs of the individual. In addition, specific base funds are ear-marked for employment services only. OVR funds may also be pursued, as appropriate, to assist individuals with supportive employment opportunities.

The county mental health office works closely with its local providers to provide employment opportunities to those diagnosed with a serious mental illness. OVR funds are leveraged to promote competitive employment. MH base funds can be utilized to assist with job coaching and employment follow-up to assist the individual in maintaining their employment position within the community.

Employment continues to be a barrier amongst the transition-aged population. Lebanon County has an assigned dedicated OVR transition-aged youth focused counselor. This population often struggles with decision making skills, most closely associated with employment and higher forms of education. Utilization of OVR's guidance related to these issues is extremely beneficial in navigating the transition to adulthood and increases chances of success and long-term gains in this target population. Lebanon County Children and Youth Services continues to provide support to youth in their care through an Independent Living Coordinator. This individual assists youth transitioning out of care with acquiring skills to access employment and housing. Additionally, once a youth has left care, the coordinator is also able to provide a stipend to those who complete an independent living program, which can be used for housing or employment. A new layer of support for this population is youth focused peer support currently being provided by Recovery Insight.

For eligible adults, a housing counselor is available to work with individuals who have identified an employment goal as a step toward their recovery. Vocational support is also available to adults working with Assertive

Community Treatment Team (ACT), the Fairweather Lodge, the New Start Program, Blended Case Management or Psychiatric Rehabilitation through Community Services Group.

Across all systems and populations, the Disability Empowerment Center serves as a valuable resource. An Independent Living Coordinator works to prioritize self-determination, individual control, and personal choice. They work to eliminate barriers and effect positive change. Employment is a commonly identified goal.

2. Housing:

Lebanon County continues to follow their Olmstead Plan Status Update Report submitted in July 2019. The plan includes updates and steps to help accomplish the goal of ending unnecessary institutionalization of adults with a serious mental illness, but also children with a serious emotional disturbance, those dually diagnosed with a substance use disorder, medical complexity, or an intellectual disability. In 2017, OMHSAS approved a CHIPP project for Lebanon County which entailed establishing an enhanced personal care home to provide services for those diagnosed with a serious mental illness as well as medical complexity. In adherence to the Olmstead Plan, three individuals were discharged from Wernersville State Hospital and five individuals from the community were selected for the home. Currently, there are seven individuals living in this home with the last individual anticipated to move in within the next 30 days.

One of our partners in this process is the Housing Authority of Lebanon County (HACL). The HACL welcomes the opportunity to collaborate as housing options become available. They also participate in a variety of housing initiatives throughout the county as we continue to have discussions involving new opportunities to allow for additional choice and integration. The HACL works with all populations including those with disabilities to identify appropriate and affordable housing.

This year Lebanon County Christian Ministries (LCCM) has partnered with a private donor to successfully open the Chestnut Street Community Center. This space will negate the need for the current shelter model that has guests rotating between various churches as host sites. There are provisions made for families and nursing mothers as well as the traditional male/female separate quarters. In addition to a greatly increased bed capacity, the shelter also features areas for children to play, quiet spaces for homework, reflection, or meetings. As a community outreach effort, they have also included a fresh produce market that is available weekly.

Lebanon County continues to make steps toward finding new housing models. One such initiative that continues within our county is the New Start Program. This program is designed to assist individuals with a serious mental illness secure their own lease. To date, there are twelve individuals being served through this program. The county continues to work with its housing partners to secure additional apartments for this venture. New for fiscal year 23-24, is the Forensic Transitional (Cottage) Program, a subsidiary of the New Start Program. The Cottage is a three-person home. The goal is self-sustainability through ongoing case management and skill building. A participant's length of stay is up to one year. Eligibility for the program is established through the county mental health system as well as prison/probation/parole.

Beach Run, a housing development located in Fredericksburg, has committed 811 Project Rental Assistance units. With 811 units located in Lebanon County, service providers continue to make appropriate referrals to this housing system list. Lebanon County also leverages funds to be used for first month's rent, security deposit, utility needs, and household items as the need arises.

As is the case in every county, Lebanon deals with the problem of homelessness. A collaborative partner in addressing this issue is Lebanon County Christian Ministries (LCCM). There was a priority focus this year on Social Determinants of Health (SDoH). Partner agencies can submit a voucher request for unmet needs including

clothing, food, shelter, transportation, childcare and utilities. LCCM has now shifted to a more holistic approach in combating homelessness.

Part IV HUMAN SERVICES NARRATIVE

*** MENTAL HEALTH SERVICES**

a) Program Highlights:

Some of the program highlights during fiscal year 2022-2023 include:

- 1. Lebanon County Mental Health in partnership with Wellspan Philhaven developed "The Cottage". The Cottage is a forensic transition home that was designed to assist individuals with successfully reintegrating back into the community.
- 2. Lebanon County Mental Health continued to expand the New Start program.
- 3. Using Reinvestment funding, Lebanon County Mental Health in partnership with Lebanon County Drug and Alcohol Commission, Lebanon County Christian Ministries and Capital Area Behavioral Health Collaboration, developed a program to assist the individuals that we serve with resources addressing Social Determinants of Health needs.
- 4. Lebanon County Mental Health was awarded grant funding to develop a Comprehensive County Crisis System Plan.

b) Strengths and Needs by Populations

1. Older Adults (ages 60 and above)

Strengths:

- Lebanon County continues to maintain an ongoing collaborative relationship with our local Office of Aging to develop person-centered plans for older individuals who have a mental health diagnosis. Annually, memorandums of understanding (MOU) agreements are renewed.
- Keystone Human Services Specialized Community Residence (SCR) is a licensed personal care home, enhanced with a nurse and specialty MH trained staff, to support individuals with severe mental illness when they develop significant physical health needs.
- Increased suicide prevention efforts though the collaboration with Lebanon County Area on Aging, Meals on Wheels, and Farmer's Market Voucher program.
- Older adults may have access to all the services identified on our List of Existing County MH Services Chart.

Needs:

• Nursing Homes willing to accept individuals with serious mental illness continues to be a long-standing challenge, both in serving the state hospital population, as well as other community special needs populations. An individual may be approved for nursing home level of care but experience a lengthy waiting list until a home accepts the admission.

- Providers that specialize in geriatric behavioral health care. Currently we have no providers with this specialty in Lebanon County.
- Lebanon County needs to continue to increase outreach to our older population through education of the services and supports that are available to them.
- Access to services is more difficult for individuals that have Medicare as the insurer.
 Lack of Medicare providers significantly affects service options and access to care for Older Adults.

2. Adults (ages 18 to 59)

Strengths:

- Lebanon County Mental Health continues to focus on developing new housing opportunities and enhancing existing housing opportunities for individuals diagnosed with Serious Mental Illness.
- The List of Existing County MH Services Chart outlines specific services currently provided within our county for all adults diagnosed with a Serious Mental Illness. We consider our service array to be a strength despite continued funding concerns and capacity limitations.

Needs:

- Lebanon County would benefit from a Mental Health Court program to decrease the number of individuals with serious mental illness in the prison system. Despite efforts to engage all systems needed to effectively oversee a Mental Health Court program, Lebanon County does not have the funding availability that would allow the program to be run efficiently and successfully.
- Our County Crisis Intervention Services are experiencing a high volume of crisis contacts and hospitalizations. Per reported data, Lebanon County Crisis Intervention Services has seen comparable or higher numbers of individuals utilizing the service to counties that are larger in population and size.
- Expansion of treatment providers to varied sites located across our county. This
 expansion would be able to increase service availability and accessibility due to
 transportation issues.
- Mental health screening at county central booking to divert to treatment versus fines, charges, or imprisonment.
- Serious Mental Illness (SMI) priority in all residential services. (Currently limited to the New Start Program and the Fairweather Lodge.)
- Continued outreach, community awareness and involvement led by the Suicide Prevention Task Force to reach individuals that are not involved in public mental health services.
- Lebanon County is seeing an increased number of individuals who are being released from services without effective or appropriate discharge/diversion plans. Individuals are given a recommendation to obtain services rather than actual scheduled appointments due to the capacity issues within our community. The lack of an actual discharge/diversion plan has caused an increase in the number of individuals utilizing or needing higher level of care services or Crisis Intervention.

3. Transition-age Youth (ages 18-26) - Counties are encouraged to include services and supports assisting this population with independent living/housing, employment, and post-secondary education/training.

Strengths:

- Multi-system Case Reviews through CASSP Transition Collaboration Team (TCT) during which the CASSP Coordinator brings all stakeholders together with a core team to develop a person-centered plan, exploring all possible resources available to the Transition-aged Youth.
- The WARRIOR Project assists youth with developing a person-centered plan (goals) as they prepare for adulthood and effective strategies to accomplish them. This person-centered plan allows decisions to be made in partnership with the youth, not for them. The WARRIOR Project Coordinator is also trained in the Prepared Renter Program (PREP), to assist individuals with independent living skills.
- Full continuum of services through HealthChoices system to include but not limited to: inpatient services, partial hospitalization, outpatient services, Intensive Behavioral Health Services, After-School program, Family Based Mental Health Services, CRR Host Home and RTF.

Needs:

- Specialized Transitional Adult Housing Program as well as Specialized / Supported Housing services. Property owners are very resistant to rent to transition-aged youth due to their poor experiences with this population in the past. Often, transition-aged youth are unsuccessful in an independent living situation (independent apartment) and then many options are closed for them in the community. It would be helpful to have specialized housing programs to assist the transition-aged youth in learning basic living skills.
- Specialized supports to assist Transition age youth that are aging out of the Children's system and do not meet the criteria for county based-funded adult services. Often, these individuals have historically spent their youth with high-level service systems in place and have not had the opportunity to experience significantly challenging circumstances without the services their progress has relied on.

4. Children (under age 18)

Strengths:

- Most Childrens' Services are not funded by base dollars but rather Medical Assistance, the Managed Care organization or their parent's/guardian's insurance. Lebanon County does have base funding to cover needed services if not covered by insurance.
- Lebanon County has a strong CASSP system that supports and is supported by the entire county child serving agencies.
- Student Assistance program behavioral health consultation. Each school district in Lebanon County has a behavioral health professional assigned to them. These SAP behavioral health professionals consult with school staff to recommend and refer children to appropriate mental health and/or substance abuse services.

- Special county respite funding through Mental Health base funding. This funding is
 used to send children to community camp experiences, providing much needed respite
 for families and children within a natural community setting.
 - Full continuum of services through the HealthChoices system to include but not limited to: inpatient services, partial hospitalization, outpatient services, Intensive Behavioral Health Services, After-School program, Family Based Mental Health Services, CRR Host Home and RTF.

Needs:

- Family engagement. The mental health system needs to engage families in all areas including full engagement in their child's treatment, in addition to program development and policies related to mental health services and supports.
- Greater education to parents/guardians regarding Medical Assistance and the Managed Care system.
- Since the COVID-19 pandemic, Lebanon County has seen a disruption in timely access for all mental health services, across all ages. There are extensive waiting lists for psychiatry, outpatient services and Child/Adolescent community behavioral health services. Lebanon County continues to engage in conversations to try to problem solve the dire situation; however, reductions in funding and lack of effective solutions continues to decrease the quantity and availability of behavioral health services in our county.

5. Individuals transitioning from state hospitals

Strengths:

- Please refer to the list of Existing County MH Services Chart. This Chart outlines specific services currently provided within our county for all adults diagnosed with a Serious Mental Illness
- Lebanon County has a strong commitment to community integration. Housing programs focused on diversion include Enhanced Personal Care Home, New Start Program and Fairweather Lodge.
- CHIPP Coordinator actively attends Wernersville State Hospital and Extended Acute Unit meetings for collaboration and coordination of discharge planning.
- Community Support Plans are developed to connect individuals with supports and treatment services prior to discharge. This community support plan follows the individual upon discharge and is a "road map" for community re-integration.
- The List of Existing County MH Services Chart outlines specific services currently provided within our county for all adults diagnosed with a Serious Mental Illness.

Needs:

Lebanon County consistently has a waiting list for Wernersville State Hospital and Extended Acute Unit beds due to individuals with Serious Mental illness having a combination of needing higher levels of care and limited financial resources. Often, individuals have significant personal care needs that limit community discharge resources, as there are limited options for individuals with medical and psychiatric concerns.

6. Individuals with co-occurring mental health/substance use disorder

Strengths:

- Co-occurring (mental health and substance abuse) Outpatient Treatment Services through two providers, PA Counseling Services and Ponessa and Associates, using the evidence based Hazelden co-occurring curriculum. Adults can access this service by contacting the provider directly or through referrals from various referring agencies.
- Lebanon County has developed\ a Drug Court with the purpose of diverting individuals from incarceration and if incarcerated to provide services and supports upon release.
- The List of Existing County MH Services Chart outlines specific services currently provided within our county for all adults diagnosed with a Serious Mental Illness.

Needs:

- Interagency Team meetings. With the great differences between the mental health system's privacy laws and the Drug and Alcohol Commission's privacy laws, it has created a barrier to coordination of care within an interagency setting. However, all efforts are made to obtain signed releases of information that meet the standards of both systems to support the individual in their journey toward recovery.
- Education, training, and utilization of Harm Reduction philosophy by all providers. Harm Reduction is a set of practical strategies that help people reduce the negative consequences of drug use, alcoholism, and mental illness by addressing the conditions of use and treatment. Rather than focusing solely and immediately on cessation of drug use or acceptance of mental health treatment, harm reduction makes improving the quality of the individual's life, health, and wellbeing the primary criteria for success.

7. Criminal Justice-involved individuals

Strengths:

- Team MISA was implemented to divert low risk individuals with mental illness and other special needs from prison in the very early stages of incarceration. Each representative has a strong interest in improving the Criminal Justice System's handling of persons with mental illness and other special needs while having the authority to influence change within their respective departments. Each Team MISA meeting focuses on developing effective working relationships and processes between the systems, reducing jail time for individuals with mental illness as well as other special needs, expanding community treatment options, educating team members about mental illness, special needs and substance abuse and increasing early diversion for D&A and MH/ID defendants.
- In collaboration with the Lebanon County Correctional Facility, Lebanon County Mental Health receives daily updates of individuals that have been incarcerated. This effort allows Lebanon County Mental Health to be alerted and become involved in the beginning stages of individuals' incarceration.

• The List of Existing County MH Services Chart outlines specific services currently provided within our county for all adults diagnosed with a Serious Mental Illness.

Needs:

- Mental Health Court / Jail diversion program to decrease the number of individuals with serious mental illness in the prison system.
- Mental health screening at county central booking to divert to treatment versus fines / charges / imprisonment.
- Housing Choice Vouchers (formerly Section 8 Housing vouchers) with priority for individuals with Serious Mental Illness (SMI). (The Housing Authority did not accept new applications between July 1, 2010, and April 6, 2016.) On April 7, 2016, the Housing Authority reopened their Section 8 waiting list to new applications, however, there is no priority given to those with Serious Mental Illness. If funding becomes available for new housing vouchers, they use a lottery system and pull from the wait list of applicants. Unfortunately, the demand for housing assistance far exceeds the funding available to the Housing Authority.
- Advocacy within the prison system.

8. Veterans

Strengths:

Non-service connected veterans may access services based upon eligibility and availability. For veterans and their families who are service connected, veterans' assistance is provided through information and referral in applying for and accessing benefits and services individuals and their families are entitled to receive through the Office of Veterans Affairs administrative office. In some cases, due to gaps in services, veterans and their families are served by both the MH and VA systems based on their need and eligibility for services.

Needs:

• A Veteran's Administration (VA) Hospital is located within Lebanon County so there is a large influx of veterans to Lebanon County. With that being said, there are many veterans who are ineligible for VA benefits or choose not to utilize VA services. This is placing a strain on the county mental health base funding to meet all their needs with the current funding. Increased funding would greatly benefit this population.

${\bf 9.} \quad Lesbian/Gay/Bisexual/Transgender/Questioning/Intersex\ (LGBTQI)$

Strengths:

- Services to the Lesbian, Gay, Bi-sexual, Transgendered, Questioning and Intersex (LGBTQI) population has improved with education and clinical experience.
- All trainings offered throughout this region are encouraged and marketed electronically throughout the services and supports in Lebanon county.
- Annual Stories Lessons Arts and Music (SLAM) LGBTQ Seminar at Lebanon Valley College.

- Individuals encouraged to utilize the LGBT Center in Harrisburg, PA and Lancaster,
 PA for advocacy, education, and support.
- PA Peer Support Coalition is partnering with Keystone Pride Recovery Initiative (KPRI) to provide training and education to the community.
- Lebanon County researching and pursuing local opportunities for training and education.
- Sexual Assault Resource and Counseling Center (SARCC) opened an LBBTQIA+
 Drop-in Center. The Center was developed to provide a community resource to
 LBBTQIA+ youth and adults, assisting them to receive support and connect with others
 within the community.

Needs:

- Strategies such as training and education need to continue.
- Additional support groups and social opportunities within the Lebanon County area.

10. Racial/Ethnic/Linguistic minorities (RELM) including individuals with Limited English Proficiency (LEP)

Strengths:

■ The Lebanon County MH/ID/EI Program, as well as the Medicaid BH-MCO, PerformCare, has in place policies and procedures to support agencies in addressing the language and linguistic support needs of persons in service. This is particularly necessary when the mental health workforce does not represent the cultural, language, and ethnic demographics of the community population. Lebanon County maintains a contract with EXACT Communication for ethnic-specific language and linguistic services to persons. Additionally, service providers are including components in their assessment tools regarding ethnic needs to provide more culturally competent services.

Needs:

 Bilingual staff in all service providers. Overall, service providers in Lebanon County are limited in their ability to hire bilingual staff, despite constant advertisements and attempts to secure qualified bilingual staff. (There is simply not enough qualified bilingual staff in the area to meet the needs.)

11. Other (specify) Traumatic Brain Injury

Strengths:

BrainSTEPS – a program through the Lancaster-Lebanon IU13. The BrainSTEPS (Strategies Teaching Educators, Parents, & Students) Brain Injury School Re-Entry Consulting Program assists PA schools in creating educational plans for students following acquired brain injury. This program is eligible for youth, including transitional aged youth who are still enrolled in school.

- The Brain Injury Association of Pennsylvania offers those who have experienced brain injury and their family members the ability to improve quality of life through support, education, advocacy, and research. They offer a variety of programs and support groups to individuals throughout the course of the lifespan. They also provide Pre-Enrollment Assistance to people applying for the Commonwealth's Head Injury Program. The Pennsylvania Head Injury Program (HIP) was created in 1988 by the Emergency Medical Services Act of 1985 and pays for head injury rehabilitation services for people who qualify. The goal of the program is to help individuals with a traumatic brain injury (TBI) live independently in their homes and communities. Individuals must be 21 years or older to apply for HIP.
- The COMMCARE Waiver is available for individuals 21 and older to provide services to help keep a person in their home and in the community to remain as independent as possible. Individuals must have a medically determinable diagnosis of TBI, be eligible for specialized rehabilitation facility services, the disability must result in substantial functional limitation in 3 or more major life activities such as mobility, behavior, communication, self-care, self-direction, independent living, or cognitive capacity, and they must not be ventilator dependent.

Needs:

- Outpatient therapists who are trained and specialized in treating individuals with traumatic brain injury.
- Specialized housing for individuals needing supervision and/or assistance with daily living needs if they do not meet criteria for other housing placements, or if their needs exceed what other options (personal care homes, assisted living environments) can provide. Although the county identifies this as a need, there is no concrete plan for development currently. We will continue to search for viable models and potential funding sources, especially if any individual formally diagnosed with TBI should have need for specialized housing.
- Day programming activities if they do not meet qualifying criteria for existing day programming offered through the Area Agency on Aging.

c) Recovery-Oriented Systems Transformation:

Previous Year List:

- 1. Provide a brief summary of the progress made on your FY 22-23 plan ROST priorities.
 - a. Maintain Current Services and Supports
 - For FY 22-23, Lebanon County Mental Health fiscally maintained the current services and supports without having to making any financial cuts. Lebanon County Mental Health was only able to fully fund contracted services due to underutilization. The underutilization occurred due to continued staffing shortages.
 - b. Improve and expand re-entry and diversion options for justice-involved individuals.

- i. The Cottage was opened in January 2023. To date, the Cottage has served 4 individuals with varying degrees of success. The Cottage will continue to remain a housing and service option for justice-involved individuals.
- c. Improve and expand access to affordable and safe housing.
 - i. Lebanon County Mental Health continues to work collaboratively with Lebanon County Housing Authority to expand our New Start program and develop other potential housing support opportunities.

Coming Year List:

1. Maintain Current Services and Suppor

Narrative including action steps: The Lebanon County Mental Health program will continue to work to maintain current services and supports listed on the attached *Existing County MH Services Chart* as these services have been invaluable to consumers within the community. Lebanon County Mental Health continues to find it challenging to address the increasing needs of our community while continuing to receive flat funding. Flat funding does not accurately reflect the increasing costs to provide services. Additional funding is needed, at minimum, to maintain the current service delivery and does not allow Lebanon County Mental Health to expand or fully accommodate the ever-growing needs of our community as service costs continue to rise. Lebanon County Mental Health will continue to regularly discuss availability of services and supports during quarterly Quality Management Team Meetings, in various other community stakeholder meetings and during internal department meetings. Lebanon County Mental Health will continue to embrace and support the philosophy of recovery and resiliency as well as monitor the impact of the current service delivery system. Lebanon County Mental Health will continue to monitor service outcomes and explore alternative strategies to ensure the meeting of individual needs and to promote recovery in the most effective and cost-efficient manner.

<u>Timeline:</u> By December 2023, Lebanon County will have completed discussions regarding provider funding. April 2024, Lebanon County will have completed discussions with providers to develop FY 23-24 funding and determine the County's fiscal resources available for programs.

Fiscal and Other Resources: Current funding of positions, services and supports are utilized.

<u>Tracking Mechanism</u>: This priority will be tracked and monitored by the Quality Management Team (QMT) and Lebanon County MH/ID/EI through monthly, quarterly and annual reviews and discussion regarding access to services, service outcomes and fiscal resources. Lebanon County MH/ID/EI will also utilize consumer satisfaction surveys, incident reports and other resources.

					transition-a		

	\square Continuing from	om prior year	⊠New Priority
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Narrative including action steps: Lebanon County tracks, monitors, and collaborates with numerous County agencies and services for transition-aged individuals with serious mental illness through the Transitional Collaboration Team and Complex Case Team. Each team works diligently to provide different service supports and housing options to aide individuals with successful integration into the community. The data collected by both teams support the need for a transition-aged youth housing support within our own community. Throughout FY 23-24, Lebanon County will continue to collect data to support additional transition-aged youth housing. Lebanon County Mental Health will regularly discuss availability of services and supports during quarterly Quality

Management Team Meetings, monthly Transition Collaboration Team Meetings and Complex Case meetings, in various other community stakeholder meetings and during internal department meetings. Lebanon County Mental Health will continue to monitor service outcomes and explore alternative strategies to ensure the meeting of individual needs and to promote recovery in the most effective and cost-efficient manner.

<u>Timeline</u>: From July 2023- December 2023, Lebanon County Mental Health will collaborate with the Lebanon County Housing Authority on renovations that will occur on a property to be used for a transition-aged youth housing support. By January 2024, Lebanon County Mental Health will begin working on program development for the transition-aged youth housing support. By April 2024, Lebanon County Mental Health will determine the agency to provide transition-aged youth housing support.

<u>Fiscal and Other Resources</u>: Additional funding is desperately needed for any new project development. The mental health funds continue to be stretched to their limits and struggle with absorbing any new projects. Any additional transition age youth projects to be considered must have funding available for both start-up and sustainment.

<u>Tracking Mechanism</u>: This priority will be tracked and monitored by the Quality Management Team (QMT) and Lebanon County MH/ID/EI through monthly, quarterly, and annual reviews and discussion regarding access to services, service outcomes and fiscal resources. Lebanon County MH/ID/EI will also utilize consumer satisfaction surveys, incident reports and other resources.

3	Improve and	expand	our local	Crisis	Intervention	Services
J.	miprove and	CAPanu	our roca		THICH VCHUOH	BUI VICUS.

☐Continuing from	nrior vear	⊠New Priority
	prior year	MINEW FIIOTILY

<u>Narrative including action steps:</u> Lebanon County was awarded grant funding through the Community Mental Health Services Block Grant to develop a comprehensive County Crisis System plan. Lebanon County Mental Health will utilize this grant opportunity to develop a Crisis enhancement plan that will provide the following:

- An overview of the existing crisis services delivered by Lebanon County Crisis Intervention.
- Examining each crisis system modality recommended in SAMHSA's National Guidelines for Behavioral Health Crisis Case Best Practice Toolkit and developing concrete actions steps toward implementing recommendations. Lebanon County understands that the recommendations within SAMHSA's National Guidelines for Behavioral Health Crisis Case Best Practice Toolkit will become mandatory expectations for county crisis service systems.
- A complete financial analysis of Lebanon County's current crisis service system and recommendations around the implementation and sustainability of the best practice recommendations that include enhancement of current crisis services, Mobile Crisis Response Team, and a Crisis Walk-In Center.
- Analyzing the potential for regional partnerships with surrounding counties.
- Inclusive planning approaches through a survey of diverse local consumers and local stakeholders.
- Additional recommendations for Crisis Intervention as they serve a growing diverse population.

Lebanon County Mental Health will collaborate with the contracted consultant, Wellspan Philhaven, Consumer Satisfaction Surveys and additional stakeholders that will be involved in the above action steps. Lebanon County will also discuss progress during quarterly Quality Management Team Meetings and during internal department meetings.

<u>Timeline</u>: July 2023-December 2023, Lebanon County Mental Health in partnership with contracted consultant will discuss system orientation and goal setting. January 2024-March 2024, system analysis will occur to include areas of growth identified by Lebanon County Mental Health and other involved stakeholders. April 2024- May

2024, the team will have developed a focused community survey. June 2024-July 2024, goal alignment for the development of the Crisis System Dynamic Enhancement Plan.

Fiscal and Other Resources: Lebanon County will be utilizing grant funding for this project. Additional funding will be necessary to implement recommendations.

Tracking Mechanism: This priority will be tracked and monitored during weekly meetings with consultant, biweekly meetings with Wellspan Philhaven, and quarterly meetings with Quality Management Team (QMT). Lebanon County MH/ID/EI will also utilize consumer satisfaction surveys and other resources identified as necessary.

d) Strengths and Needs by Service Type:

1. Describe telehealth services in your county:

- **a.** How is telehealth being used to increase access to services?
 - Lebanon County has not seen an increase to access with telehealth; however, telehealth has assisted individuals already involved in services maintain access to their service providers.
- **b.** Is the county implementing innovative practices to increase access to telehealth for individuals in the community? (For example, providing technology or designated spaces in the county for telehealth appointment.)
 - Lebanon County Mental Health has not implemented any practices to increase access to telehealth. Lebanon County would support any provider that requested assistance to do so.

2.	Is the county seeking to have service providers embed trauma informed care initiatives (TIC) into
	services provided?

If	yes,	please	describe	how tl	his is o	occurring.	If no,	indicate	any	plans to	embed	TIC in	FY22-23.

- There has been a strong movement within Lebanon County to embed trauma informed care initiatives into services. Lebanon County has a local facilitator that holds current certification from Lakeside Global Institute as a trauma-competent professional. This facilitator has provided free trauma workshops that included An Overview of Trauma Informed Care and Basic Skills of Trauma Informed Care.
- Lebanon County Mental Health is a partner agency to Connected Together. Connected Together strives to heal and prevent trauma by connecting community members to each other in meaningful, healthy relationships, both professional and

3.	Is the county	currently	utilizing	Cultural	l and Lin	guistic	Competence ((CLC)) Training	5 ?
•	is the country	, cuilciti,	WULLI ZILLE	Cuitaia	i uiiu liii		Competence	(\mathbf{OLC})	,	-•

	personal.					
Is the county currently utilizing Cultural and Linguistic Competence (CLC) Train						
ĭ Yes	□ No					
	29					

If yes, please describe the CLC training being used, including training content/topics covered, frequency with which training is offered, and vendor utilized (if applicable). If no, counties may include descriptions of plans to implement CLC trainings in FY 22-23.

• Each year, the Community Health Council of Lebanon coordinates a Cultural Diversity Conference. Approximately 100+ individuals from our Lebanon community and a few from surrounding counties attend this conference. This includes professionals, community members, individuals in recovery and many more. The committee ensures trainer competency and that there are many different cultures represented at the workshops throughout the day. (LGBTQI, Spanish, individuals in poverty, Amish and many more.) Several agencies in the county have policies surrounding attendance at this conference. For example, the Lebanon County Mental Health Case Management unit places their existing staff on rotating mandatory attendance as well as new case managers mandated to take the training in their first year of employment.

4.	Are there any Diversity, Equity, and Inclusion (DEI) efforts that the county has completed to address health inequities?							
	ĭ Yes □ No							
	If yes, please describe the DEI efforts undertaken. If no, indicate any plans to implement DEI efforts in FY 22-23.							
	• Lebanon County Mental Health has coordinated a Gender Identity training for county employees. Lebanon County Mental Health is continuing to explore additional Diversity, Equity and Inclusion efforts that focus on bias and micro aggressions.							
5.	Does the county currently have any suicide prevention initiatives, which addresses all age groups?							
	ĭ Yes □ No							
	If yes, please describe the initiatives. If no, counties may describe plans to implement future initiatives in the coming fiscal year.							
	on County has an active suicide prevention task force that meets monthly. The task force includes a few ittees with separately scheduled meetings to address the topics. Current initiatives include:							

- Ongoing suicide prevention and awareness media campaign in partnership with WellSpan Philhaven. This includes radio, television, newspaper, and a website.
- Website: http://communityhealthcouncil.com/suicide/
- Enhancement and management of a Remembrance Garden. This includes names of those lost to suicide on pavers with the permission of family members. The yearly Remembrance Ceremony will be held in December.
- Ongoing Mental Health First Aid (MHFA) and Question Persuade Refer (QPR) Suicide prevention trainings offered throughout the year.

- Each September is designated Suicide Prevention month in Lebanon County by the County Commissioners. The month focuses on suicide prevention and awareness opportunities including WRAP classes, QPR and MHFA trainings, and community candle lighting. (Our task force begins scheduling / coordinating these events each January.) This year, the Suicide Prevention Task Force is hosting an inaugural "You Matter" Suicide Prevention Walk to remember and honor those we have lost to suicide.
- The "You Matter" campaign is a local grass roots effort to share a positive message of hope, healing, and wellness to every person in our community by providing acknowledgement, validation and a sense of belongingness through sharing the single message "You Matter". The "You Matter" campaign was initiated in September 2017 and our taskforce continues these efforts by offering presentations to the community that reflects the "You Matter" message. This message has the potential to improve the morale, self-esteem, wellness, and cohesiveness of our entire community. Additionally, we have broadened the "You Matter" message to include other positive messaging while promoting overall mental health wellness.
- Lebanon County Suicide Loss Support Group.

6. Individuals with Serious Mental Illness (SMI): Employment Support Services

The Employment First Act (Act 36 of 2018) requires county agencies to provide services to support competitive integrated employment for individuals with disabilities who are eligible to work under federal or state law. For further information on the Employment First Act, see Employment-First-Act-three-year-plan.pdf (pa.gov)

- **a.** Please provide the following information for your County MH Office Employment Specialist single point of contact (SPOC).
 - Name: Nicole Snyder
 - Email address: Nicole.Snyder@lebanoncountypa.gov
 - Phone number: (717) 274-3415
- **b.** Please indicate if the county **Mental Health office** follows the <u>SAMHSA Supported Employment Evidence Based Practice (EBP) Toolkit:</u>

☐ Yes ☒ No

Please complete the following table for all supported employment services provided to <u>only</u> individuals with a diagnosis of Serious Mental Illness.

Previous Year: FY 22-23 County Supported Employment Data for **ONLY** Individuals with Serious Mental Illness

- Please complete all rows and columns below
- If data is available, but no individuals were served in a category, list as zero (0)
- Only if no data available for a category, list as N/A Include additional information for each population served in the Notes section. (For example, 50% of the Asian population served speaks English as a Second Language, or number served for ages 14-21 includes juvenile justice population).

Data Categories	County MH	Notes
	Office Response	

i. Total Number Served	6	
ii. # served ages 14 up to 21	0	
iii. # served ages 21 up to 65	6	
iv. # of male individuals served	6	
v. # of female individuals served	0	
vi. # of non-binary individuals served	0	
vii. # of Non-Hispanic White served	3	
viii. # of Hispanic and Latino served	1	
ix. # of Black or African American served	2	
x. # of Asian served	0	
xi. # of Native Americans and Alaska Natives served	0	
xii. # of Native Hawaiians and Pacific Islanders served	0	
xiii. # of multiracial (two or more races) individuals served	0	
xiv. # of individuals served who have more than one disability	0	
xv. # of individuals served working part-time (30 hrs. or less	6	
per wk.)		
xvi. # of individuals served working full-time (over 30 hrs. per	0	
wk.)		
xvii. # of individuals served with lowest hourly wage (i.e.:	3	Mobile work crew
minimum wage)		hourly wage varies
		depending on the job
		the individual is
		working, as they have
		county, state, and
		federal contracts.
xviii. # of individuals served with highest hourly wage	3	
xix. # of individuals served who are receiving employer	0	
offered benefits (i.e., insurance, retirement, paid leave)		

7. Supportive Housing:

a. Please provide the following information for the County MH Office Housing Specialist/point of contact (SPOC).

Name: Jocelyn Stakem
Email address: Jocelyn.stakem@lebanoncountypa.gov
Phone number: (717) 274-3415

DHS' five- year housing strategy, <u>Supporting Pennsylvanians Through Housing</u> is a comprehensive plan to connect Pennsylvanians to affordable, integrated and supportive housing. This comprehensive strategy aligns with the Office of Mental Health and Substance Abuse Services (OMHSAS) planning efforts, and OMHSAS is an integral partner in its implementation.

Supportive housing is a successful, cost-effective combination of affordable housing with services that helps people live more stable, productive lives. Supportive housing works well for people who face the most complex challenges—individuals and families who have very low incomes and serious, persistent issues that may include substance use, mental illness, and HIV/AIDS; and may also be, or at risk of, experiencing homelessness.

- b. Supportive Housing Activity to include:
 - Community Hospital Integration Projects Program funding (CHIPP)
 - Reinvestment
 - County Base funded
 - Other funded and unfunded, planned housing projects
 - **i.** Please identify the following for all housing projects operationalized in SFY 22-23 and 23-24 in each of the tables below:
 - Project Name
 - Year of Implementation
 - Funding Source(s)
 - ii. Next, enter amounts expended for the previous state fiscal year (SFY 22-23), as well as projected amounts for SFY 23-24. If this data isn't available because it's a new program implemented in SFY 23-24, do not enter any collected data.
 - Please note: Data from projects initiated and reported in the chart for SFY 23-24 will be collected in next year's planning documents.

1. C	apital Projects for	r Behavioral He	ealth	☐ Check if available in the county and complete the section.						
takes into consider	apital financing is used to create targeted permanent supportive housing units (apartments) for consumers, typically, for a 15-30 year period. Integrated housing akes into consideration individuals with disabilities being in units (apartments) where people from the general population also live (i.e., an apartment building or partment complex).									
1. Project Name	2. Year of Implementation	3. Funding Sources by Type (including grants, federal, state & local sources)	4. Total Amount for SFY 22-23 (only County MH/ID dedicated funds)	5. Projected Amount for SFY 23-24 (only County MH/ID dedicated funds)	6. Actual or Estimated Number Served in SFY 22-23	7. Projected Number to be Served in SFY 23-24	8. Number of Targeted BH Units		9. Term of Targeted BH Units (e.g., 30 years)	
				-						
				-						
Totals										
Notes:										

2. Bridge Re		☑ Check if available in the county and complete the section.									
Short-term tenan	t-based rental su	bsidies, intende	d to be a "bri	dge" to more	e" to more permanent housing subsidy such as Housing Choice Vouchers.						
1. Project Name	2. Year of Implementation	3. Funding Sources by Type (include grants, federal, state & local sources)	4. Total \$ Amount for SFY22-23	5. Projected \$ Amount for SFY23-24	6. Actual or Estimated Number Served in SFY22-23	7. Projected Number to be Served in SFY23-24	8. Number of Bridge Subsidies in SFY	9. Average Monthly Subsidy Amount in SFY22-23	10. Number of Individuals Transitioned to another Subsidy in SFY22-23		
Rental Subsidy Funds	2010	HealthChoices Reinvestment CHIPP	\$1,000.00 \$1,825.00	\$5,000.00	3	5	3	\$235.00	3		
Forensic Transitional Housing "The Cottage"	2022	Base	\$26,337.00	\$5,460.00	2	3	0	\$1,083.00	0		
Totals Notes:			\$29,162.00	\$10,460.00							

3. Master I	easing (ML) Pro	gram for Behavio	oral Health		☐ Check if available in the county and complete the section.							
Leasing units from	n private owners	and then subleas	sing and sub	osidizing these	units to consu	imers.						
1. Project Name	2. Year of Implementation	3. Funding Source by Type (include grants, federal, state & local sources)	4. Total \$ Amount for SFY22- 23	5. Projected \$ Amount for SFY23-24	6. Actual or Estimated Number Served in SFY22-23	7. Projected Number to be Served in SFY23-24	8. Number of Owners/ Projects Currently Leasing	9. Number of Units Assisted with Master Leasing in SFY22-23	10. Average Subsidy Amount in SFY22-23			
New Start Program	2017	CHIPP CMHSBG Base Block Grant	\$56,700 \$53,912 \$77,942 \$11,149	\$248,678	11	12	12	11	\$750/mo per apartment			
Totals			\$188,554	\$248,678								
Notes:			,	42.0,070								

4. Housing	Clearinghouse fo	or Behavioral Ho	ealth	☐ Check if available in the county and complete the section.							
An agency that co	oordinates and m	anages permane	ent supportive	housing opportunities.							
1. Project Name	2. Year of Implementation	3. Funding Source by Type (include grants, federal, state & local sources)	4. <i>Total</i> \$ Amount for SFY22-23	5. Projected \$ Amount for SFY23-24	6. Actual or Estimated Number Served in SFY22-23			7. Projected Number to be Served in SFY22-23	8. Number of Staff FTEs in SFY22-23		
Totals											
Notes:											

5. Housing	Support Service	s (HSS) for Behav	vioral Health	☑ Check if available in the county and complete the section.							
HSS are used t	o assist consume	ers in transitions t	to supportive hou	using or services ne move-in.	eeded to assist indivi	duals i	n sustaining their l	nousing after			
1. Project Name	2. Year of Implementatio n	3. Funding Sources by Type (include grants, federal, state & local sources)	4. Total \$ Amount for SFY22-23	5. Projected \$ Amount for SFY23-24	6. Actual or Estimated Number Served in SFY22-23		7. Projected Number to be Served in SFY23-24	8. Number of Staff FTEs in SFY22-23			
Supported Housing Program	1996	CHIPP CMHSBG	\$30,029 \$30,028	\$74,830	46		55	1			
Totals			\$60,057	\$74,830							
Notes:				1							

6. Housing	Contingency Fun	nds for Behaviora	l Health	☑ Check if available in the county and complete the section.						
Flexible funds for one-time and emergency costs such as security dep allowable costs.				sits for apartment or utilities, utility hook-up fees, furnishings, and other						
1. Project Name	2. Year of Implementation	3. Funding Sources by Type (include grants, federal, state & local sources)	4. <i>Total</i> \$ Amount for SFY22-23	5. Projected \$ Amount for SFY23- 24	6. Actual or Estimated Number Served in SFY22-23			7. Projected Number to be Served in SFY23-24	8. Average Contingency Amount per person	
Housing Support Funds	1998	HealthChoices Reinvestment	\$3,323	\$5,000	3			5	\$2,645	
		СНІРР	\$4,613							
Totals			\$7,936	\$5,000						

Notes:

7. Other: Identify the Program for Behavioral Health

☑ Check if available in the county and complete the section.

Project Based Operating Assistance (PBOA) is a partnership program with the Pennsylvania Housing Finance Agency in which the county provides operating or rental assistance to specific units then leased to eligible persons; Fairweather Lodge (FWL) is an Evidenced-Based Practice where individuals with serious mental illness choose to live together in the same home, work together and share responsibility for daily living and wellness; CRR Conversion (as described in the CRR Conversion Protocol), other.

1. Project Name	2. Year of	3. Funding	4. Total \$ Amount	5. Projected \$	6. Actual or	7. Projected Number to
(include type of	Implementation	Sources by Type	for SFY22-23	Amount for SFY23-	Estimated Number	be Served in SFY23-24
project such as		(include grants,		24	Served in SFY22-23	
PBOA, FWL, CRR		federal, state &				
Conversion, etc.)		local sources)				
Enhanced	2018	CHIPP	\$406,257	\$518,515	6	8
Personal Care						
Home (SCR)			****			
		Base	\$291,256			
Fairweather Lodge	2017	СНІРР	\$10,465	\$85,305	6	6
		CMHSBG	\$39,047			
Totals			\$747,025	\$603,820		
Notes:						

40

e) <u>Certified Peer Specialist Employment Survey:</u>

Certified Peer Specialist" (CPS) is defined as:

An individual with lived mental health recovery experience who has been trained by a Pennsylvania Certification Board (PCB) approved training entity and is certified by the PCB.

<u>In the table below</u>, please include CPSs employed in <u>any</u> mental health service in the county/joinder including, but not limited to:

- case management
- inpatient settings
- psychiatric rehabilitation centers
- intensive outpatient programs
- drop-in centers

- HealthChoices peer support programs
- consumer-run organizations
- residential settings
- ACT or Forensic ACT teams

County MH Office CPS Single Point of Contact (SPOC)	Name: Nicole Snyder Email: Nicole.Snyder@lebanoncountypa.gov Phone number: (717)274-3415				
Total Number of CPSs Employed	13				
Average number of individuals served (ex: 15 persons per peer, per week)	Full Time, average 10-15 persons per peer, per week Half Time, average 6 persons per peer, per week				
Number of CPS working full-time (30 hours or more)	7				
Number of CPS working part-time (under 30 hours)	6				
Hourly Wage (low and high), seek data from providers as needed	\$17.00-25.62 hourly wage				
Benefits, such as health insurance, leave days, etc. (Yes or No), seek data from providers as needed	Yes				
Number of New Peers Trained in CY 2022	3				

f) Existing County Mental Health Services

Please indicate all currently available services and the funding source(s) utilized.

Services by Category	Currently Offered	Funding Source (Check all that apply)
Outpatient Mental Health	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Psychiatric Inpatient Hospitalization	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Partial Hospitalization - Adult		⊠ County ⊠ HC □ Reinvestment
Partial Hospitalization - Child/Youth		⊠ County ⊠ HC □ Reinvestment
Family-Based Mental Health Services		⊠ County ⊠ HC □ Reinvestment
Assertive Community Treatment (ACT) or	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Community Treatment Team (CTT)		,
Children's Evidence-Based Practices	\boxtimes	□ County ⊠ HC □ Reinvestment
Crisis Services		
Telephone Crisis Services		⊠ County ⊠ HC □ Reinvestment
Walk-in Crisis Services	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Mobile Crisis Services	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Crisis Residential Services		☐ County ☐ HC ☐ Reinvestment
Crisis In-Home Support Services	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Emergency Services		☐ County ☐ HC ☐ Reinvestment
Targeted Case Management	\boxtimes	☑ County ☑ HC ☐ Reinvestment
Administrative Management	\boxtimes	⊠ County □ HC □ Reinvestment
Transitional and Community Integration Services	\boxtimes	⊠ County □ HC □ Reinvestment
Community Employment/Employment-Related Services	\boxtimes	⊠ County □ HC □ Reinvestment
Community Residential Rehabilitation Services		☐ County ☐ HC ☐ Reinvestment
Psychiatric Rehabilitation	\boxtimes	⊠ County ⊠ HC □ Reinvestment
Children's Psychosocial Rehabilitation		☐ County ☐ HC ☐ Reinvestment
Adult Developmental Training		☐ County ☐ HC ☐ Reinvestment
Facility-Based Vocational Rehabilitation	\boxtimes	⊠ County □ HC □ Reinvestment
Social Rehabilitation Services	\boxtimes	⊠ County □ HC □ Reinvestment
Administrator's Office	\boxtimes	⊠ County □ HC □ Reinvestment
Housing Support Services		⊠ County □ HC ⊠ Reinvestment
Family Support Services		⊠ County □ HC □ Reinvestment
Peer Support Services		☐ County ☐ HC ☐ Reinvestment
Consumer-Driven Services	\boxtimes	⊠ County □ HC ⊠ Reinvestment
Community Services		⊠ County □ HC □ Reinvestment
Mobile Mental Health Treatment		□ County ⊠ HC □ Reinvestment
Behavioral Health Rehabilitation Services for Children and Adolescents		□ County ⊠ HC □ Reinvestment
Inpatient Drug & Alcohol (Detoxification and Rehabilitation)		⊠ County ⊠ HC □ Reinvestment
Outpatient Drug & Alcohol Services		⊠ County ⊠ HC □ Reinvestment
Methadone Maintenance		⊠ County □ HC □ Reinvestment
Clozapine Support Services		⊠ County ⊠ HC □ Reinvestment
Additional Services (Specify – add rows as needed)		☐ County ☐ HC ☐ Reinvestment

Note: HC= HealthChoices

g) Evidence-Based Practices (EBP) Survey

Please include both county and HealthChoices funded services.

(Below: if answering Yes (Y) to **#1. Service available,** please answer questions #2-7)

Evidenced-Based Practice	1. Is the service availabl e in the County/ Joinder? (Y/N)	2. Curren t numbe r served in the County / Joinder (Appro x.)	3. What fidelity measure is used?	4. Who measure s fidelity? (agency, county, MCO, or state)	5. How often is fidelity measured ?	6. Is SAMHSA EBP Toolkit used as an implementati on guide? (Y/N)	7. Is staff specificall y trained to implemen t the EBP? (Y/N)	8. Additional Informatio n and Comments
Assertive Community Treatment	Yes	47	TMACT and outcomes rating scale	CABHC /Wellspa n Philhave n	Annually/ Every 6 months	No	No	Wellspan Philhaven
Supportive Housing	Yes	60	Adherence to their housing sub-lease	County/ Housing Authorit y/NSP staff	Annually	No	No	Wellspan Philhaven
Supported Employment	Yes	6	Staffing Caseload: amount/pe rcent of time; zero exlusion Services: ongoing assessment , rapid search (e.g. length of time to placement, individual, diversity of job; performan ce, follow along support, ongoing service, assertive outreach	County, Agency	Quarterl y	Yes	Yes	Include # Employed

		1			1			
Integrated Treatment for Co- occurring Disorders (Mental Health/SUD)	Yes	106	The lead clinician observed co-occurring group quarterly and also reviews co-occurring charts	Agency	Quarterl y	No	No	PA Counseling Services
Illness Management/ Recovery	No							
Medication Management (MedTEAM)	No							
Therapeutic Foster Care	No							
Multisystemic Therapy	Yes	10	SAM and TAMS. This tool measures fidelity to the model of the therapist and of the supervisor .	It is the MST national tool.	It is measured at intake and discharge . Also monthly and bimonthly, therapists , consultan t and superviso rs are measured . Outcome s fidelity is measured 2x/year for the entire program.	MST is a blueprint national evidence- based program which has gone through rigorous research.	Yes. All staff attend a 5 day training that requires passing a test. Staff also receive quarterly booster training. Superviso rs attend an additiona 1 2 day Superviso r training.	PA Counseling Services
Functional Family Therapy	Yes	1	Adherence self report and competenc e self report (by therapist)	Therapi st (Agency), Supervis or (Agency or FFT LLC consulta nt)	Every session. Each time a therapist presents a case at supervisi on (generall y at least every other week)	No. There is a model specific implementati on of 3 phases, managed/over seen by FFT LLC.	Yes	True North Wellness
Family Psycho-Education	No							

SAMHSA's EBP toolkits: https://store.samhsa.gov/product/Supported-Education-Evidence-Based-Practices-EBP-KIT/SMA11-4654

h) Additional EBP, Recovery-Oriented and Promising Practices Survey:

- Please include both county and HealthChoices funded services.
- Include CPS services provided to all age groups in total, including those in the age break outs for TAY and OAs.

(Below: if answering yes to #1. service provided, please answer questions #2 and 3)

Recovery-Oriented and Promising Practices	1. Service Provided (Yes/No)	2. Current Number Served (Approximate)	3. Additional Information and Comments
Consumer/Family Satisfaction Team	Yes	560	
Compeer	Yes	25	
Fairweather Lodge	Yes	6	
MA Funded Certified Peer Specialist (CPS)- Total**	Yes	25	
CPS Services for Transition Age Youth (TAY)	Yes	6	
CPS Services for Older Adults (OAs)	Yes	0	
Other Funded CPS- Total**	Yes	19	
CPS Services for TAY	Yes	0	
CPS Services for OAs	Yes	0	
Dialectical Behavioral Therapy	Yes	23	
Mobile Medication	No		
Wellness Recovery Action Plan (WRAP)	Yes	6	
High Fidelity Wrap Around	No		
Shared Decision Making	No		
Psychiatric Rehabilitation Services (including clubhouse)	Yes	58	
Self-Directed Care	No		
Supported Education	No		
Treatment of Depression in OAs	No		
Consumer-Operated Services	No		
Parent Child Interaction Therapy	Yes	2	
Sanctuary	No		
Trauma-Focused Cognitive Behavioral Therapy	Yes	8	
Eye Movement Desensitization and Reprocessing (EMDR)	Yes	0	
First Episode Psychosis Coordinated Specialty Care	No		
Other (Specify)			

Reference: Please see SAMHSA's National Registry of Evidenced-Based Practices and Programs for more information on some of the practices: <u>Resource Center | SAMHSA</u>

i) Involuntary Mental Health Treatment

1.	During CY 2022, did the County/Joinder offer <i>Assisted Outpatient Treatment</i> (AOT) Services under PA Act 106 of 2018?
	✓ No, chose to opt-out for all of CY 2022
	☐ Yes, AOT services were provided from: to after a request
	was made to rescind the opt-out statement
	☐ Yes, AOT services were available for all of CY 2022
2.	If the County/Joinder chose to provide AOT, list all outpatient services that were
	provided in the County/Joinder for all or a portion of CY 2022 (check all that
	apply):
	☐ Community psychiatric supportive treatment
	□ ACT
	☐ Medications
	☐ Individual or group therapy
	☐ Peer support services
	☐ Financial services
	☐ Housing or supervised living arrangements
	☐ Alcohol or substance abuse treatment when the treatment is for a
	co-occurring condition for a person with a primary diagnosis of mental illness
	☐ Other, please specify:
_	
3.	If the County/Joinder chose to opt-out of providing AOT services for all or a
	portion of CY 2022: a. Provide the number of written petitions for AOT services received during
	the opt-out period
	b. Provide the number of individuals the county identified who would have
	met the criteria for AOT under Section 301(c) of the Mental Health
	Procedures Act (MHPA) (50 P.S. § 7301(c))0
4.	Please complete the following chart as follows:
	a. Rows I through IV fill in the number
	i. AOT services column:
	1) Available in your county, BUT if no one has been served in
	the year, enter 0.
	2) Not available in your county, enter N/A.
	ii. Involuntary Outpatient Treatment (IOT) services column: if no one has been served in the last year, enter 0.
	b. Row V fill in the administrative costs of AOT and IOT
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	AOT	IOT
I. Number of individuals subject to involuntary treatment in CY 2022		353
II. Number of involuntary inpatient hospitalizations following an IOT or AOT for CY 2022		10
III. Number of AOT modification hearings in CY 2022		
IV. Number of 180-day extended orders in CY 2022		144
V. Total administrative costs (including but not limited to court fees, costs associated with law enforcement, staffing, etc.) for providing involuntary services in CY 2022		\$217,114

j) Consolidated Community Reporting Initiative Data reporting

DHS requires the County/Joinder to submit a separate record, or "pseudo claim," each time an individual has an encounter with a provider. An encounter is a service provided to an individual. This would include, but not be limited to, a professional contact between an individual and a provider and will result in more than one encounter if more than one service is rendered. For services provided by County/Joinder contractors and subcontractors, it is the responsibility of the County/Joinder to take appropriate action to provide the DHS with accurate and complete encounter data. DHS' point of contact for encounter data will be the County/Joinder and no other subcontractors or providers. It is the responsibility of the County/Joinder to take appropriate action to provide DHS with accurate and complete data for payments made by County/Joinder to its subcontractors or providers. DHS will evaluate the validity through edits and audits in PROMISe, timeliness, and completeness through routine monitoring reports based on submitted encounter data.

File	Description	Data Format/Transfer Mode	Due Date	Reporting Document
837 Health Care Claim: Professional Encounters v5010	Data submitted for each time an individual has an encounter with a provider. Format/data based on HIPAA compliant 837P format	ASCII files via SFTP	Due within 90 days of the county/joinder accepting payment responsibility; or within 180 calendar days of the encounter	HIPAA implementation guide and addenda. PROMISe TM Companion Guides

♣ Have all available claims paid by the county/joinder during CY 2022 been reported to the state as an encounter?
☑ Yes □ No

k) Provide a brief narrative as to the services that would be expanded or new programs that would be implemented with increased base funding?

For many years, Lebanon County's budget has been under-funded and over-stretched. Increased mandates have forced Lebanon County to do more while no additional monies have been provided. The current funding commitments have left services unable to cope with the increased demands and needs of the individuals within our community. Lebanon County has seen this inadequate funding negatively impact our crisis services, the local hospital, law enforcement, schools, and more. Despite internal efforts to maximize the stagnant budget, Lebanon County is

unable to keep up. Without increased funding, the current array of services and supports will not be able to be maintained, causing an even greater impact to an already strained Mental Health system. For the Mental Health system to not only be maintained but expand, Pennsylvania needs to make a meaningful and sustainable investment in county base funding.

Lebanon County would utilize the increased base funding to adjust contracts to account for cost-of-living increases, strengthen our locally provided care, embed certified peer support within our local crisis system and continue to develop residential mental health programs. Lebanon County also recognizes the importance of developing Mobile Response Teams and a Crisis Walk in Center per the SAMSHA guidelines. Lebanon County will not be able to meet these guidelines without additional and adequate funding for long term sustainment. To develop additional sustainable programing, Lebanon County would need to receive a significant increase in base funding in addition to necessary continued increases in coming years.

<u>l) Categorical State Funding-FY 22-23 [ONLY to be completed by counties not participating in the Human Services Block Grant (i.e. Non-Block Grant)]</u>

	State Categorical Funding							
Please complete the following chart below for all funding received. Funding expended can be estimated								
for fourth quarter expenditures of FY 22-23. If yes, complete the question below the chart that pertains								
	to the specific line of funding. If no funding received for a line, please indicate with n/a. These numbers							
	will be compared to the county Income and Expenditure Reports when received to ensure accuracy.							
Program	Funding	Funding	Funding	Balance of funds				
	Received	Received	Expended FY					
	Yes or No	FY 22-23	22-23					
Respite Services								
Consumer Drop-								
in Center								
Direct Service								
Worker R&R								
Philadelphia								
State Hospital								
Closure								
Forensic Support								
Team								
Eastern State								
School &								
Hospital								
Mayview	Mayview							
Children's Unit								
Closing								
Student								
Assistance								
Program								

- 1. If your county currently receives state funds for Respite services, describe the services rendered with these funds, including an estimate of the number of individuals served.
- 2. If your county currently receives state funds for Consumer Drop-in Centers, describe the services rendered with these funds, including an estimate of the number of individuals served.
- 3. If your county currently receives state funds for Direct Care Worker Recruitment & Retention, describe the services rendered with these funds,

including an estimate of the number of individuals served.

- 4. If your county currently receives state funds for the closure of Philadelphia State Hospital, describe the services rendered with these funds, including an estimate of the number of individuals served.
- 5. If your county currently receives state funds to support the Forensic Support Team, describe the services rendered with these funds, including an estimate of the number of individuals served.
- 6. If your county currently receives state funds to support the closure of the Eastern State School & Hospital, describe the services rendered with these funds, including an estimate of the number of individuals served.
- 7. If your county currently receives state funds to support the closure of the Mayview Children's Unit, describe the services rendered with these funds, including an estimate of the number of individuals served.
- 8. If your county currently receives state funds to for the Student Assistance Program, describe the services rendered with these funds, including an estimate

Substance Use Disorder Services

Access to Services; funding treatment for residents in Lebanon County. In addition to funding treatment for residents of Lebanon County, Lebanon County Commission on Drug and Alcohol Abuse (LCCDAA) also funds education and information services for all Lebanon County residents.

LCCDAA through licensed professional providers, funds a wide range of treatment services for residents of Lebanon County including:

- Substance Abuse Evaluations
- Gambling Counseling
- Outpatient Counseling
- Intensive Outpatient Counseling
- Medication Assisted Treatment to include Methadone, Buprenorphine & Vivitrol
- MAT Maintenance Program at the Lebanon County Correctional Facility
- Partial Hospitalization
- Detoxification
- Inpatient Rehabilitation
- Case Management/Resource Coordination
- Halfway House Programs
- Specialized services for IV drug users, pregnant women and women with children
- Maternal Assistance Drug & Alcohol treatment services

- Treatment court programs to include: DUI Court, Drug Court, and Veterans Court
- Certified Recovery Specialists program services
- Prevention Services
- Intervention Services

Please provide the following information for FY 22-23:

1. Waiting List Information:

Services	# of Individuals*	Wait Time (days)**
Withdrawal management	27	0-2 days
Medically- managed intensive inpatient	0	N/A
services		
Opioid treatment services (OTS)	416	0-2 days
Clinically- managed, high- intensity residential	32	1-2 days
services		
Partial Hospitalization program(PHP) services	5	1-2 days
Outpatient	399	3-5 days
Other (specify)	0	N/A

^{*}Average weekly number of individuals

2. Overdose Survivors' Data: Describe below the SCA plan for offering overdose survivors direct referral to treatment for FY 22-23.

Lebanon County Commission on Drug & Alcohol Abuse (LCCDAA) Overdose Survivor Policy & Procedures Established in 2015-2016

DDAP defines an overdose as a situation in which an individual is in a state requiring emergency medical intervention as a result of the use of drugs. This policy and procedure will address all drug related overdoses, especially heroin and other opioids. DDAP has identified this group of individuals as one of the priority populations for Single County Authorities (SCA).

It is the policy of the Lebanon County Commission on Drug & Alcohol Abuse (LCCDAA) to facilitate a smooth transition between emergent care facilities and substance abuse treatment, following emergency room visits for a drug overdose. The SCA will provide a current listing of contact information for all local screening, assessment, and treatment providers to local emergency rooms and urgent care facilities, along with a description of the process to access care for all individuals. The SCA will also allow priority access to substance abuse treatment for those being referred by the emergency room following an overdose.

The Lebanon County Commission on Drug & Alcohol Abuse (LCCDAA) will use the <u>Contracted Provider Model</u> when addressing the needs of individuals who are drug overdose survivors. The LCCDAA contracts with Lebanon County Crisis Intervention agency and Pennsylvania Counseling Services (PCS) for this purpose.

^{**}Average weekly wait time per person

During LCCDAA normal business hours, 8:00am to 4:30pm Monday through Friday, area emergent care facilities will contact the Lebanon County Commission on Drug & Alcohol Abuse when an individual presents in their emergent care facilities as a result of a drug related overdose. The LCCDAA case manager will locate an open bed at a contracted facility and work with the emergent care facility to get the individual into treatment as soon as possible. Interim services will be provided as necessary.

During holidays, weekends, and after normal business hours, Crisis Intervention will be contacted directly by emergent care facilities when an individual presents in their emergent care facilities as a result of a drug related overdose. The crisis worker will be required to report to the emergent care facility and meet with the individual. The crisis worker will begin a detoxification bed search through the White Deer Run call center, complete a basic drug & alcohol screen, and have the individual sign a release of information for Pennsylvania Counseling Services (PCS), and then contact the PCS office The crisis worker will forward this information to the PCS mobile Assessor and begin to coordinate services for the individual. If a bed is not immediately available, the PCS Mobile Assessor will coordinate with Lebanon County Commission on Drug & Alcohol Abuse for funding to provide interim services to the individual until a bed becomes available. The PCS Mobile Assessor will be responsible for tracking such referrals or refusals of treatment, along with information provided by the crisis intervention agency.

This policy and procedures is not limited to a particular population (e.g., the publicly funded client, co-occurring individuals, MA client's, etc.) meaning the clients who have commercial or private insurances must be included in the SCA's policy and procedures. This is considered a 24/7 service provided by the Lebanon County SCA, the Lebanon County Crisis Intervention agency & PCS.

This policy will be reviewed annually and updated as needed. When changes occur the new information will be redistributed by D&A Commission staff to the following Lebanon County emergency departments and DDAP.

WellSpan Good Samaritan Hospital Emergency Room 4th and Walnut Street, Lebanon

We will add any new emergent care providers to this list during our annual review of the policy.

Revised on 8/1/23

***The data shown in the boxes below are from the year 2022-2023 in Lebanon County

# of Overdose Survivors	# Referred to	Referral	# refused
	Treatment	methods(s)	Treatment
160	70 (44%)	WHO Provider	90 (56%)

3. Levels of Care (LOC): Please provide the following information for the county's contracted providers.

LOC American Society of addiction Medicine (ASAM) Criteria	# of Providers	# of Providers Located In- County	# of Co- Occurring/Enhanced Programs
4 WM	2	0	0
4	2	0	1
3.7 WM	23	1	0
3.7	5	0	0
3.5	15	1	8
3.1	8	0	0
2.5	3	0	0
2.1	4	2	3
1	7	5	7

- **4. Treatment Services Needed in County**: Provide a brief overview of the services needed in the county to afford access to appropriate clinical treatment services.
 - **a.** Provide a brief overview of the services needed in the county to afford access to appropriate clinical treatment services:
 - Medically Assisted Treatment (MAT) Services in all outpatient (OP) clinics.
 - Certified Recovery Specialists (CRS) Services in all outpatient (OP) clinics.
 - Licensed Recovery houses for both males and female consumers.
 - Halfway House service providers in Lebanon County.
 - Increase treatment services for the forensic population, especially in our local county prison.
 - Case management services.
 - **b.** Provide an overview of any expansion or enhancement plans for existing providers.
 - The Lebanon Treatment Center (methadone clinic) received a facility census increase by DDAP from 385 to 400 clients. This increase will help address the heroin epidemic.
 - The Lebanon Treatment Center (methadone clinic) received a facility license from DDAP to add 105 Buprenorphine treatment slots to the clinic. For fiscal year 22-23, LCCDAA entered into a contract with the Lebanon Treatment Center to provide Buprenorphine treatment.
 - Drug and Alcohol programs/services to serve the adolescent population, especially inpatient.

- Expansion of MAT services with our outpatient providers (RFP process).
- Expansion of CRS services with T.W. Ponessa and Mazzitti & Sullivan providers.
- Enhanced MAT maintenance program at the Lebanon County Correctional Facility.
- Expansion of case management services in Lebanon County with Pennsylvania Counseling Services as the provider.
- **c.** Provide an overview of any use of HealthChoices reinvestment funds to develop new services:
 - Expansion of MAT services embedded in Outpatient clinics.
 - Expansion of Certified Recovery Specialist's (CRS) services embedded in Outpatient clinics.
 - SUD supported housing projects.
 - Contingency management services for adults.
- **5.** Access to and Use of Narcan in County: Please describe the entities that have access to Narcan, any training or education done by the SCA and coordination with other agencies to provide Narcan.

Narcan resources available in Lebanon County.

In 2015, the LCCDAA established a heroin task force due to the high overdose deaths in Lebanon County. The distribution of Narcan kits to the general public, social agencies, and Law enforcement was a priority of the task force. The following groups were provided with Narcan kits after the appropriate training was completed. They Included: The LCCDAA, Pa Counseling, T.W. Ponessa Counseling, RASE Project, Lebanon County Correctional Facility, Lebanon County Probation Services, Lebanon Valley College, HACC Lebanon campus, Lebanon Family Health, 911 Rapid Response, WellSpan Family Medicine, Empower the Mind, Compass Mark, Lebanon Treatment Center, Naaman Center counseling, Mazzitti and Sullivan counseling, and Volunteers in Medicine.

Lebanon County SCA will distribute Fentanyl test strips when available through PCCD.

Note: The local EMT staff and law enforcement agencies & police Departments in Lebanon County also have Narcan kits. The Lebanon County SCA Director is now the CCE (Centralized Coordinating Entity) for Lebanon County.

630 Narcan kits were distributed during 2021-2022.

6. County Warm Handoff Process: Please provide a brief overview of the current warm handoff protocols established by the county including challenges with implementing warm handoff process.

The Lebanon County Commission on Drug & Alcohol Abuse (LCCDAA) will use the <u>Contracted Provider Model</u> when addressing the needs of individuals who are drug overdose survivors/warm handoff cases The LCCDAA contracts with Lebanon County Crisis Intervention agency and Pennsylvania Counseling Services (PCS) for this purpose.

During LCCDAA normal business hours, 8:00am to 4:30pm Monday through Friday, area emergent care facilities will contact the Lebanon County Commission on Drug & Alcohol Abuse when an individual presents in their emergent care facilities as a result of a drug related overdose. The LCCDAA case manager will locate an open bed at a contracted facility and work with the emergent care facility to get the individual into treatment as soon as possible. Interim services will be provided as necessary.

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This policy will be reviewed annually and updated as needed. When changes occur, the new information will be redistributed by D&A Commission staff to the following Lebanon County emergency departments and DDAP:

WellSpan Good Samaritan Hospital Emergency Room 4th and Walnut Street, Lebanon

Revised on 8/1/23

a. Warm handoff data from 2022-2023:

# of Individuals contacted	557
# of individuals who entered treatment	171
# of individuals who have completed treatment	unknown

30.7% of individuals entered treatment.

Intellectual Disabilities Services

Continuum of Services to Enrolled Individuals:

Lebanon County MH/ID/EI currently provides services too approximately 549 individuals with a diagnosis of an Intellectual Disability, Autism, Developmental Disability under the age of 9, and/or a child under the age of 21 who is medically complex who are registered with the agency. Upon being determined eligible for services, an individual is provided with the choice of a Supports Coordination Organization (SCO). Currently SAM, Inc., ECCM, CCR, and People First provide SCO services within Lebanon County. After choosing an SCO, a Supports Coordinator (SC) is assigned to the individual. The SC will meet with the individual to complete an Individual Support Plan (ISP) and a Prioritization of Urgency of Need for Services (PUNS).

The ISP will determine what services and supports are needed. The PUNS will be completed to determine the urgency of needs of services and supports. The PUNS is a planning and information gathering tool. The information from the PUNS is entered into HCSIS. The Office of Developmental Programs has developed protocols on how the PUNS are to be administered and utilized. Depending on the urgency of the individual's need they may have to wait for funding, they may receive a waiver slot (if available), or those with an intellectual disability may receive funding with base dollars (if available). Information on the resources available through ASERT are also provided. Depending on the needs of the individual referrals may be made to other sources such as OVR, OLTL, MH, EPSDT, etc. All individuals and families will be provided with information and assistance with accessing the Community of Practice/Lifecourse Framework and information for the PA Family Network (PAFN)

Individuals Served

	Estimated	Percent of	Projected	Percent of
	number of	total	Number of	total
	Individuals	Number of	Individuals	Number of
	served in	Individuals	to be	Individuals
	FY 22-23	Served	served in	Served
			FY 23-24	
Supported Employment	25	24	27	26
Pre-Vocational	0	0	0	0

Community Participation	1	2	0	0
Base Funded Supports	87	16	89	17
Coordination				
Residential	1	1	1	1
(6400)/unlicensed				
Life sharing	0	0	0	0
(6500)/unlicensed				
PDS/AWC	1	2	2	4
PDS/VF	1	7	2	14
Family Driven Family	25	100	25	100
Support Services				

Supported Employment:

Supported Employment remains a priority service in Lebanon County for individuals with Intellectual Disabilities and Autism. In addition to numerous providers of more traditional employment services there are several providers in Lebanon County that have staff who are certified in the Discovery Process and have received training in the area of Customized Employment. The Lebanon AE is encouraging providers to work with individuals using these techniques, in particular with individuals who have historically found it difficult to find and/or maintain employment. Lebanon County has access to numerous providers of employment services.

Over the last year The Lebanon Employment Coalition merged with the Lancaster Employment Coalition. The merging of these two groups will allow for additional collaboration as both counties share the same providers and Intermediate Unit. The group is composed of staff from the AE, SCO, Local School Districts and IU, provider agencies, the local Arc, consumers, and OVR. The group discusses employment strategies, best practices, and ways to best promote employment in both counties. Networking opportunities are also encouraged. Some goals of the group over the next year include Increasing Stakeholder Involvement, increasing employer engagement, and increasing awareness amongst employers and the community of employment for individuals with disabilities. The Central Region ODP Employment Lead has been an active participant in this group. The Lebanon AE is also continuing to meet with representatives from each school district in order to explain services available for those with an Intellectual Disability and Autism. The meetings are also used to discuss the benefits of employment and Lebanon Counties support of employment as choice upon transition into the adult system. This group continues to focus on the area of employer engagement, and we regularly have employers who attend our meetings. Some of these same employers also make the group aware of job postings within their company. These job openings have then been shared with the employment coalition.

The Lebanon AE is requiring that all ISPs for individuals who are transition age and older include information regarding employment, the discussion that was held, and individual's interest in employment. Every attempt will be made to make base funds available to individuals who are choosing employment, if no other funding source is available. In conjunction with the SCO, the AE will continue to review the PUNS for anyone who is listed as needing funding for employment. Part of the review process will be to determine how funding will be obtained for employment. SCOs are always

encouraged to discuss the benefits and opportunities of employment with individuals and families and to work closely with schools and OVR. Lebanon also has an outcome in the Quality Management Plan to increase the number of individuals employed. Several of the strategies already listed are included in the plan. The outcome is to increase the number of those employed by 5% each year. For the current FY we are on target to surpass the 5% increase. The Lebanon AE will also be focusing on Benefits Counseling this year and reviewing with our SCO's. Trainings are being planned for both the SCO's, providers, and individuals and families.

Lebanon County has participated in the Employment Pilot for many years and has been receiving an allocation of \$17,995. We did not serve anyone under the pilot during FY 22-23 as there was no one who met the criteria for the pilot. However, during FY 23-24 we are estimating that 2-3 individuals will be served.

Supports Coordination:

Current SCOs offering services in Lebanon County include SAM, Inc., ECCM, CCR, and People First.

Lebanon County will continue to encourage and assist the local Support's Coordination Organizations (SCOs), to engage individuals and families in a conversation to explore the communities of practice/supporting families using the life course tools to link individuals to resources available to anyone in the community. All AE and SCO staff have been trained. SCO staff are using the tools. Ongoing discussions are held between the AE and SCOs regarding the use of the tools. Many SCs are using the toll as part of the Annual Review Update meeting. Support and technical assistance are provided as needed. Lebanon County is also part of a Regional Collaborative along with Dauphin, Cumberland/Perry and Lancaster Counties. Planning for the development of this collaborative continues and SCOs are updated on an ongoing basis.

The AE works with all SCOs to actively plan for individuals on the waiting list and work closely with the involved teams. AE's routinely participate in team meetings for those with more complex needs. SCOs also routinely review individuals on PUNS through weekly staff meetings and individual supervision. On a monthly basis both SCOs provide Lebanon County with a listing of individuals who are in need of services and are closely involved in choosing who will receive any vacant waiver slots. SCOs also provide a weekly update to Lebanon County and will alert Lebanon County if the situation has changed. Lebanon County will also support both SCOs in the introduction of Community of Practice/Lifecourse Framework to individuals and families who are currently on the waiting list. SCOs are also encouraged to refer individuals and families to the PA Family Network.

Lebanon County actively encourages the use of self-direction. The Arc has provided trainings for individuals and families on self-directing their own services. Families are also referred to PAFN trainings, in particular the use of self-directed supports. SCO staff discuss the option of self-directing with individuals and families. SCOs routinely provide information on Support Brokers as a service and how it might be beneficial to individuals. It is also a topic of discussion at meetings between the SCO and AE. Discussions have centered on the use of the service and how to best present information to families.

Lifesharing and Supported Living:

Lifesharing Options are always presented as a viable option for individuals seeking residential services and for those already receiving residential services. Discussions are held at ISP and other scheduled meetings. Individuals and families are presented with the information, discussions are held, and the individual and family make a decision on what is the best option for them. Lebanon County has included an objective in the AE Quality Management plans to increase the number of individuals seeking Lifesharing. The Lebanon AE fully supports the growth of Lifesharing by participating in conversations with providers and SCOs concerning the benefits of this service. Lebanon County is also providing base funding for this service. SCOs are also encouraged to discuss and explore Lifesharing for individuals who are seeking emergency or immediate residential services.

Supported Living provides another option for some individuals. The AE continues to work with SCOs to determine which individuals currently served might be interested in this option. We are hopeful that we will see an increase in the use of this service. The AE also continues to engage providers in discussions about offering Supported Living.

A current barrier to increasing Life Sharing has been the number of families/individuals who are available to provide the service. Lebanon has still been able to increase the number of individuals in Life sharing by reaching out to providers in neighboring counties who may have more opportunities and choices for the individual and families. Lebanon County has also been reaching out to providers to discuss their ability to expand their current program. An additional barrier to both services continues to be lack of waiver funding (Consolidated and Community Living Waiver) opportunities for those who have voiced an interest and are not in an emergency situation. We have designated some base funding for use in the 22-23 fiscal year for both Lifesharing and Supported Living. We had one person move into Lifesharing during this fiscal year who received base funding for this service. ODP can continue to be of assistance in the expansion of these services by providing training on the benefits of Lifesharing and providing technical assistance to providers interested in expanding this service. Additional funding for these services would also allow for and encourage the expansion of these services.

Cross Systems Communications and Training:

Lebanon County is committed to increasing the capacity of our community providers to more fully support individuals with multisystem needs. The AE routinely participates in local complex case reviews with various local agencies such as MH, CYS, and Probation. Various resources and strategies are discussed. Training is continually offered to community providers on the specific needs of the individual (for those with medical complexities) and how to best meet those needs based on the specific diagnosis or circumstances of the individual. For example, if there is an individual with a seizure disorder training on seizures and how to develop a protocol for the management of the seizures would be provided. We believe that all individuals regardless of their need can and should have access to services provided in their home community. If an individual has significant needs, they may require additional staffing in order to receive services and the additional staffing may be funded with base dollars. We have also offered providers training in the Fatal Four. Training has been provided by our local HCQU. We have also

along with the SCOs reviewed individuals who are at risk for the Fatal Four and strongly suggested training for providers who serve these individuals.

Lebanon County recognizes the importance of effective communication and collaboration with local school districts in order to engage individuals and families at an early age. Lebanon County is part of a regional collaborative for the Community of Practice. Efforts are being made within the county to provide information to local school districts on the life course/supporting families' paradigm and how this process is able to be coordinated with the transition of students into the adult system. AE staff meet at least annually with all local school district staff to discuss eligibility, services, employment, and the Lifecourse Framework. SC staff will continue to attend IEP and other meetings families and school district staff. SC staff will continue to discuss the paradigm switch as they engage families, school district, and other team members in the process.

Lebanon County communicates and collaborates with other agencies in many ways. Lebanon County Mental Health and Intellectual Disability staff meets two times a month to discuss individuals who are dual diagnosed and are currently experiencing difficulties. The purpose of the meetings is to discuss resources, recommendations, and potential services. The focus is on providing community-based services. A plan of action is developed and is implemented by the Mental Health, Intellectual Disabilities, and various other involved community agencies such as the Area Agency on Aging, Children and Youth, etc. The plan also outlines who is responsible for completing what action. OMHSAS, ODP, and/or the local Positive Practices Committee may provide technical Assistance. Ongoing cross system training is provided by and available through the South Central HCQU. SCO and AE staff are members of the CASSP core team and participates in CASSP meetings. The Lebanon AE also participates in Lebanon County's regularly scheduled meetings of the Children's Services Planning Committee. Needed Agency/System Changes are regularly discussed at these meetings. SCOs are aware of resources available through other systems (EPSDT, OLTL waivers, MH, Aging. Etc.) and provide this information to individuals and families as appropriate. Over the last FY the Lebanon AE has also participated with other county agencies to develop a local complex Case Process for youth. The Lebanon Complex Case Review Team meets on a regular basis.

Emergency Supports:

Lebanon County does reserve some HSBG funds for those who may emergency needs. If an emergency situation occurs the team would determine what supports are needed. If an individual has waiver funding those funds would be utilized. If waiver funds were not available, base funds would be utilized to meet short-term needs. Generic and natural supports would also be explored to determine if the individual's emergency and/or ongoing needs could be met. Base funds would then be reviewed to determine if the person's long-term needs could be met through available base funding. If base funds are not sufficient to meet, the long-term needs and there is no available waiver capacity an unanticipated emergency request would be made to ODP for additional waiver capacity. The search for emergency services for an individual begins in Lebanon County. If the service is not available within Lebanon County, then the surrounding counties are searched until the service is found. Lebanon County continues to actively work with providers to build capacity and resources for emergency situations.

During normal working hours, the plan in the previous paragraph would be followed. Outside of normal working hours, the county crisis Intervention program provides Emergency Supports. The Lebanon County MH/ID/EI Administrator is available 24 hours a day and seven days a week to respond to emergency needs. Additional administrative staff may also become involved depending on the need. Both SCOs are available 24 hours a day and depending on the situation may be contacted to assist. Needed services would then be obtained through the local provider network.

Lebanon County via the contracted provider does provide mobile crisis services within the county. Mobile crisis within Lebanon County is provided by individual crisis counselors and is not a team delivered service. Crisis staff have been trained to work with individuals who have an ID and/or an Autism diagnosis. On a yearly basis Crisis staff are required to receive training from the HCQU on various topics pertinent to working with individuals who are diagnosed with an Intellectual Disability and/or Autism. Several staff have a background in working with individuals with either an ID and/or an Autism diagnosis.

Lebanon County has met the requirement of a 24-hour Emergency Response Plan as required under the Mental Health and Intellectual Disabilities Act of 1966 by contracting with Philhaven, a Behavioral Health Provider, to provide 24-hour crisis intervention services.

Administrative Funding:

We are involving the PA Family Network in the planning and implementation of our Regional Collaborative Community of Practice development plans within Lebanon County. The PA Family Network has been part of our ongoing development of the Community of Practice by providing training to families and individuals in both a group and individual basis. Information on trainings by the PA Family Network are provided to families. The Lebanon AE has developed an email list of individuals and families and pertinent emails regarding PA Family Network Events and trainings are forwarded. Families are also informed of the option to work directly with the PA Family Network for planning and the completion of the Lifecourse tools. All SCO and AE staff have been trained and are familiar with Community of Practice and the Lifecourse tools. At the local level, we have involved families of all age groups but have on focused on families of very young children. These families will then guide how strategies are developed at the local level to provide discovery and navigation and the connecting and networking for individuals and families.

We continue to work closely with our local Arc and have ongoing discussions about how to best support individuals and families. The Arc of Lancaster Lebanon has also been fundamental in providing trainings to families and individuals and in the development of local support groups.

Lebanon County continues to work closely with the South Central PA HCQU in order to ensure that all individuals living in the County will have the quality of life that they choose. The county works with the HCQU to ensure that technical assistance is provided when a health-related concern is noted in incident reports. In addition, staff continues to make referrals for individual or provider training to improve health status and insure

proper care. The HCQU continues to be utilized for Comprehensive Data Collection reviews to ensure all health-related concerns can be addressed. The county also continues to utilize the Positive Practices and Rapid Response meetings, the pharmacy reviews, and Behavior Support Plan reviews in order to assist individuals, families, provider agencies and county staff in addressing difficult situations. The county has used the data generated by the HCQU to determine specific training needs for staff and providers. Lebanon County is planning to use data supplied by the HCQU on medication errors, which are filed as an increase in medication errors has been noted. We will collaborate with the HCQU in the review of the data and the identifying of issues. A goal to reduce the number of medication areas and strategies to achieve this will then be developed and included in the Quality Management Plan. We have also been working with the HCQU over the last fiscal year to provide training to providers on the Fatal Four.

The IM4Q process allows Lebanon County to measure people's quality of life and the quality of services delivered. When concerns, questions, or issues are determined through the IM4Q process, the county ensures that follow-up is completed to address the issue presented. Considerations generated by the IM4Q process are addressed by the SC and other team members in order to effect positive changes in the individual's life. The IM4Q information is reviewed, and any patterns noted are considered for the QM plan. Our current QM plan includes one outcome related to the IM4Q process.

Lebanon County supports local providers to increase competency and capacity to support individuals with a higher level of need by being available to provide technical assistance to providers on specific situations. Lebanon County also strongly encourages providers to take participate in the statewide positive practices meetings/trainings. The ODP Central Region Clinical D has also been involved in offering recommendations for individuals who have a higher level of need. We continue to receive technical assistance from Local agencies such as Aging, Children and Youth, etc. have also been involved with various teams with Lebanon County acting as a liaison and bridge to these various agencies. ODP can provide assistance in this area by continuing to offer technical assistance and trainings on how to meet the needs of these individuals with higher-level needs, in particular individuals who also have significant mental health needs. We encourage providers to utilize HCQU trainings and consultation to better meet the physical health, aging, and communication needs of individuals served. Technical Assistance provided by ODP in the various areas has also been useful in supporting local providers.

The Lebanon County MH/ID/EI Risk Management Committee has been developed for the purpose of providing a process in which to reduce the frequency and severity of adverse events to individuals with an Intellectual Disability through risk identification, evaluation, action planning, and action plan implementation. The Risk Management Committee continues to utilize the HCQU, IM4Q process, Quality Council, and training to maintain a high quality of living for the individuals that the county serves. Risk Management Committee meets on a weekly basis in order to identify and mitigate risk with any areas of concerns identified. Assistance in analyzing incident data is given to providers in order to prevent and/or decrease the occurrence of similar types of incidents. Lebanon County has developed a Human Rights Committee, which is composed of individuals, families, providers, and advocates. The committee reviews behavior support plans and incidents involving rights violations or incidents of concern. Family members

also participate in the local Quality Management review team. ODP can support this effort by continuing to provide technical assistance when requested.

The County Housing Coordinator will be contacted as resource to supply information to the SC, team, individual, and family on the housing options available and how these options could be accessed. This information will be used in the planning process for the individual. We have also partnered with our local Community Action Partnership (CAP) to develop housing options for individuals we support. Over the last year, CAP has assisted individuals with locating, furnishing, and maintaining their own apartments. Any supports/services, which are needed, are coordinated by the SC.

The development of an Emergency Preparedness Plan is not an area that has been addressed in Lebanon County in the past. A discussion would need to be held with providers to determine if their particular agency has a plan and to what extent the plan would meet the needs of the individuals served. The discussion could start at a regularly scheduled provider meeting. There are many resources on Emergency Preparedness on the Temple website, which might be used as a starting point. The local Emergency Management Agency would also be a resource. The local LINK program recently held a training on emergency preparedness. The AE staff attended the training and LINK will be a valuable resource in this process. We have over the last several years worked closely with providers in dealing with the COVID-19 pandemic. The information/resources developed and disseminated by ODP have greatly assisted our work with the providers, individuals, and families.

Participant Directed Services (PDS):

Individuals and families continue to be provided with information on participant-directed services by the AE during intake meetings and when funding is available to enroll an individual in any of the ID/A Waivers. SCO agencies review these options during the initial ISP development and annually during ISP meetings. Reminders of PDS options are also given any time choice of providers is discussed and at any time an individual or family requests information regarding PDS services. The AE also ensures that the SCO has documented that choice of provider was reviewed, including PDS options, prior to authorizing services for newly enrolled individuals in the ID/A Waivers.

Barriers and challenges to the use of PDS services remain similar to prior years. This includes that families do not always have natural supports or know of individuals who would be able to provide services through this model. Families have also expressed that while they might be interested in being an SSP, they might not know someone who would be able or interested in serving as the Managing Employer or as the CLE. Individuals and families may also not be interested in the responsibilities and time commitment involved in being a CLE. Utilizing a Supports Broker has been found to be helpful to some families and this continues to be a service suggested by the SCO and/or AE.

The number of individuals using AWC services remains stable with 44 individuals authorized in FY 23/24 compared to 48 in FY 22/23. 17 individuals are authorized under the VF/EA option for FY 23/24 which remains consistent with prior years.

There continues to be an increase in families who are familiar with PDS options. When explained during the Waiver enrollment process, families often express being aware of this type of option and frequently mention knowing other families utilizing this type of model. This is a change from past years when families had no knowledge of PDS.

The SCO's and AE will continue to offer the 2 PDS models to families as noted above. SCO and AE staff will also continue to offer any training to individuals and families as needed or requested regarding questions about PDS services, documentation requirements for the provision of services, etc. In addition, the local ARC has continued to provide support in Lebanon County regarding Supports Broker services.

Information on any seminars or training opportunities that ODP offers will be passed along to SCO's, individuals and families as a way to offer them another way to receive information about the PDS options. This is done by the AE emailing the information to the AE's individual/family email list. Information from the PA Family Network on a workshop series on Participant-Directed Services was recently sent to the email list.

Community for All:

Lebanon County currently has approximately 18 individuals living in congregate living situations. Five of the individuals are living in a state ICF (one of these individuals is part of the Benjamin litigation) and thirteen of the individuals are living in a private ICF. The SC will attend regularly scheduled meetings discuss with the individual and family their desire to return to the community. If the individual and family are interested in leaving the facility, the SC and team will develop outcomes for their return to the community. In addition, when openings occur within the county providers will be approached regarding their ability to serve the individuals. Funding would then be requested from ODP.

❖ HOMELESS ASSISTANCE PROGRAM SERVICES

Lebanon County Community Action Partnership (CAP) operates 3 units of bridge housing, 3 units of affordable permanent housing, and 2 units of shelter housing for homeless families with children.

Bridge Housing Services:

Homeless families, from the streets, shelters, or through eviction can move into Bridge Housing and could remain for up to 2 years with permission from the State. While in Bridge Housing the families must agree to receive case management services and work with the Case Manager in removing the barriers that caused them to become homeless. As a program, Case Management and Bridge Housing go hand in hand. The adults are expected to gain meaningful employment, reduce their debt, and work on their goals as outlined in their individual goal plans. Through the Community Services Block Grant, the expense of child care and/or transportation costs are covered so the head/heads of households can secure employment. Upon entrance into the program, all families must complete and submit applications to all the subsidized housing providers in the county. Upon entrance into the program, the Case Manager also ensures that all the families are receiving mainstream resources that they are entitled to receive. Upon exiting from the

program, families are expected to transition, with the help of their Case Manager, into permanent housing and maintain meaningful employment. If a family needs additional time, beyond 2 years and an opening is available, the family is moved into affordable permanent housing. The efficiency of Bridge Housing is evaluated based on its occupancy rate which is always at capacity, with the exception of a week or two for repairs/cleaning of each unit. We will continue to provide Bridge Housing during the 2023-2024 program year since Bridge Housing is a vital piece in Lebanon's continuum of services to the homeless.

Case Management:

CAP approaches housing issues through a team effort/holistic approach. The housing team consists of 1 Case Manager, 1 Housing Assistance Officer, Administrator and the Director of Social Services. The housing team meets once a month to review the progress of each family in Bridge Housing, Affordable Permanent Housing, and Shelter Housing. These case reviews are done to ensure the family is moving forward in meeting their goals. Transportation and child care, through the Community Services Block Grant, will provide funding to pay for child care and/or transportation so heads of households can get to and from work. Vouchers for food and clothing through Lebanon County Christian Ministries can be written by the case manager. An ongoing issue faced by our program participants is being able to secure safe affordable permanent housing. The County evaluates the efficiency of this service through an exit interview with each of the families as well as whether they transition into permanent housing and maintain a living wage. Case Management is a vital part of the Bridge House Program and will continue to be offered in 2023-2024.

Rental Assistance:

Lebanon County Community Action Partnership has been working in the housing arena for the past 32 years. Families in a housing crisis, in threat of eviction or homeless, are instructed to contact Community Action Partnership for assistance. Rental Assistance will be provided to individuals and families who are homeless or in threat of becoming homeless through the Homeless Assistance Program, Community Services Block Grant, and the Emergency Food and Shelter National Board Program. Lebanon County is a small community and since resources are limited, we try to not duplicate services. Agencies we work closely with when dealing with homelessness and at risk of homelessness, include but are not limited to, Lebanon County Housing Authority, Rescue Mission/Agape Family Lebanon County Christian Shelter. Jubilee Ministries, Ministries, Health/Intellectual Disabilities/Early Intervention, Area Agency on Aging, Lebanon County Domestic Violence Intervention of Lebanon County and Crisis Intervention and Information Services as well as local landlords. Because we are a small community, the social service agencies work closely together through cross referrals/shared clients and regular communications to ensure clients are receiving all the services they are eligible to receive. All families and/or individuals seeking rental/shelter assistance through CAP's array of services are thoroughly screened to ensure they are receiving all the mainstream services they are eligible/entitled to receive. The Housing Assistance Officer reviews each families/individuals budgets and makes suggestions on where they may be able to cut costs in order to save money. Because of limited funding, we have had to put a cap on monthly rent payments so the dollars can be stretched to provide assistance to more families/individuals in need. The efficiency of the Rental Assistance Program is based on the utilization rate and the very low number of families/individuals who return for additional rental assistance. There is always a need for rental assistance based on the demand for the service. Because of the demand, there are no proposed changes for the 2023-2024 program year.

Emergency Shelter:

Lebanon County Christian Ministries' FRESH Start Resource Center and Emergency Shelter provides basic shelter to homeless families and individuals. Lebanon County Community Action Partnership will provide Emergency Shelter at a motel, through a voucher system using Homeless Assistance Program and Emergency Food and Shelter National Board Program funding. Emergency Shelter is needed, especially during the winter months. FRESH Start Resource Center and Emergency Shelter fills up quickly which leaves no options for the over flow of additional homeless families/individuals. Community Action also provides assistance to fire victims through referrals from the American Red Cross. Community Action also provides shelter assistance due to condemnations through referrals from Public Safety. Shelter funding is limited and from time to time, we run out of shelter funding. The efficiency of the Emergency Shelter Program is based on the very low number of families/individuals who return for additional assistance later in the program year. Families/individuals placed in shelter are usually able to secure permanent housing with the help from Community Action Partnership. There are no changes for the 2023-2024 program year since Emergency Shelter is a vital piece in our continuum of services to the homeless.

Innovative Supportive Housing Services:

In 2010 the Rescue Mission had a house that became available to house one homeless family for a short period of time until the family could secure permanent housing. CAP screened the family and provided case management and thus the concept of "shelter houses" came into existence. Lebanon County Community Action Partnership currently operates 1 shelter house, which can accommodate families up to 90 days. Our two unit apartment is owned by the Church of the Brethren. Homeless families are referred to the Shelter Houses by FRESH Start Resource Center and Emergency Shelter or from within Community Action Partnership through the intake process. CAP's only expense with the shelter houses is the utilities, furnishings, and case management services. Motivated homeless families in the shelter houses can transition into permanent housing, and if there is a vacancy and they need more time, bridge housing. All the families in shelter houses receive intensive case management services. The shelter houses will fall under the category of Other Housing Supports under the Homeless Assistance Program. The shelter houses are evaluated by the county as successful based on the utilization and placement rate. Because the shelter houses are deemed successful, there will be no changes for the 2023-2024 program year under the Other Housing Supports.

Homeless Management Information Systems:

Lebanon County Community Action Partnership currently participates in the HMIS and has for the past twelve years.

HUMAN SERVICES AND SUPPORTS/ HUMAN SERVICES DEVELOPMENT FUND (HSDF)

Please use the fields and dropdowns to describe how the county intends to utilize HSDF funds on allowable expenditures for the following categories.

Dropdown menu may be viewed by clicking on "Please choose an item." Under each service category.

Adult Services: Please provide the following:

Program Name: Second Start

Description of Services: This component supports case management services as it relates to working with homeless and/or in threat of becoming homeless families and/or individuals. Funding for this position is utilized in conjunction with the Emergency Food and Shelter National Board Program, Community Services Block Grant, and the Homeless Assistance Program. The goal of case management services is to assist the homeless in removing barriers in order to become self-sufficient. Results are achieved through goal planning which can include, but is not limited to, budget counseling, applying for mainstream resources, applying for subsidize housing, establishing a savings account, securing and maintaining employment.

Service Category: <u>Service Planning/Case Management - a series of coordinative staff activities to determine with the client what services are needed and to coordinate their timely provision by the provider and other resources in the community.</u>

Aging Services: Please provide the following:

Program Name:

Description of Services:

Service Category: Please choose an item.

Children and Youth Services: Please provide the following:

Program Name:

Description of Services:

Service Category: <u>Please choose an item.</u>

Generic Services: Please provide the following:

Program Name: Information and Referral Services

Description of Services: The County provides a successful Information and Referral (I&R) program which serves the community and clients of various social service agencies. The program provides a comprehensive array of detailed information regarding human services agencies, referrals, elderly reassurance calls, etc. I&R staff refer clients to appropriate agencies for food, clothing, shelter and transportation, and provide necessary after-hour coverage for both county and various non-profit social service agencies on behalf of Lebanon residents. This service is provided 24 hours a day.

Service Cate	egory: <u>Informat</u>	ion & Referral	- The direct pr	ovision of info	rmation about		
social and other human services, to all persons requesting it, before intake procedures are							
<u>initiated. Th</u>	nitiated. The term also includes referrals to other community resources and follow-up.						
Please indic	Please indicate which client populations will be served (must select at least two):						
\boxtimes Adult \boxtimes Aging \boxtimes CYS \boxtimes SUD \boxtimes MH \boxtimes ID							
\boxtimes H	IAP						

Specialized Services: Please provide the following: (Limit 1 paragraph per service description)

Program Name:

Description of Services:

Interagency Coordination: (Limit of 1 page)

If the county utilizes funds for Interagency Coordination, please describe how the funding will be utilized by the county for planning and management activities designed to improve the effectiveness of categorical county human services. The narrative should explain both:

- how the funds will be spent (e.g., salaries, paying for needs assessments, and other allowable costs).
- how the activities will impact and improve the human services delivery system.

Other HSDF Expenditures – Non-Block Grant Counties Only

If the county plans to utilize HSDF funds for Mental Health, Intellectual Disabilities, Homeless Assistance, or Substance Use Disorder services, please provide a brief description of the use and complete the chart below.

Only HSDF-allowable cost centers are included in the dropdowns.

Category	Allowable Cost Center Utilized			
Mental Health				
Intellectual Disabilities				
Homeless Assistance				
Substance Use Disorder				

Note: Please refer to Planned Expenditures directions at the top of Appendix C-2 for reporting instructions (applicable to non-block grant counties only).

3. Human Services Proposed Budget and Service Recipients Spreadsheet

County:	1.	2.	3.	4.	5.	6.
LEBANON	ESTIMATED INDIVIDUALS SERVED	HSBG ALLOCATION (STATE & FEDERAL)	HSBG PLANNED EXPENDITURES (STATE & FEDERAL)	NON-BLOCK GRANT EXPENDITURES	COUNTY MATCH	OTHER PLANNED EXPENDITURES
MENTAL HEALTH SERVICES						•
ACT and CTT	3		\$ 7,245			
Administrative Management	416		\$ 96,272		\$ 204,314	\$ 87,664
Administrator's Office			\$ 405,740			\$ 557,018
Adult Developmental Training	-		\$ -			
Children's Evidence-Based Practices	-		\$ -			
Children's Psychosocial Rehabilitation	-		\$ -			
Community Employment	6		\$ 55,179			
Community Residential Services	8		\$ 518,515			\$ 82,080
Community Services	466		\$ 232,980			
Consumer-Driven Services	50		\$ 116,934			\$ 52,414
Emergency Services	247		\$ -			\$ 250,468
Facility Based Vocational Rehabilitation	-		\$ -			
Family Based Mental Health Services	1		\$ 9,081			
Family Support Services	2		\$ 140			
Housing Support Services	56		\$ 299,483			\$ 49,600
Mental Health Crisis Intervention	2,290		\$ 323,547			\$ 485,491
Other	1		\$ 334			
Outpatient	8		\$ 217,396			\$ 58,100
Partial Hospitalization	1		\$ 505			
Peer Support Services	3		\$ 8,747			
Psychiatric Inpatient Hospitalization	1		\$ 1,644			
Psychiatric Rehabilitation	6		\$ 150,026			
Social Rehabilitation Services	58		\$ 243,406			\$ 29,873
Targeted Case Management	94		\$ 195,764			
Transitional and Community Integration	3		\$ 5,460			
TOTAL MENTAL HEALTH SERVICES	3,720	\$ 2,888,398	\$ 2,888,398	\$ -	\$ 204,314	\$ 1,652,708

INTELLECTUAL DISABILITIES SERVICES

INTELLECTOAL DISABILITIES SERVICES												
Administrator's Office			\$ 686,283			\$	276,652					
Case Management	85		\$ 161,417									
Community-Based Services	55		\$ 152,394			\$	225,927					
Community Residential Services	1		\$ 324,389									
Other	-		\$ -									
TOTAL INTELLECTUAL DISABILITIES SERVICES	141	\$ 1,324,483	\$ 1,324,483	\$ -	\$ -	\$	502,579					
HOMELESS ASSISTANCE SERVICES												
Bridge Housing	15		\$ 12,500									
Case Management	25		\$ 30,000									
Rental Assistance	145		\$ 76,289									
Emergency Shelter	100		\$ 6,500									
Innovative Supportive Housing Services	6		\$ 5,500									
Administration			\$ 15,500									
TOTAL HOMELESS ASSISTANCE SERVICES	291	\$ 146,289	\$ 146,289		\$ -	\$	-					
SUBSTANCE USE DISORDER SERVICES			1.									
Case/Care Management	5		\$ 8,368									
Inpatient Hospital												
Inpatient Non-Hospital	68		\$ 143,750									
Medication Assisted Therapy												
Other Intervention	273		\$ 122,313									
Outpatient/Intensive Outpatient												
Partial Hospitalization												
Prevention												
Recovery Support Services												
Administration			\$ 17,000									
TOTAL SUBSTANCE USE DISORDER SERVICES	346	\$ 291,431	\$ 291,431	\$ -	\$ -	\$	-					
-												

HUMAN SERVICES DEVELOPMENT FUND

GRAND TOTAL	5,025	\$ 4,740,417	\$ 4,740,417	\$ -	\$ 204,314	\$ 2,155,287
TOTAL HUMAN SERVICES DEVELOPMENT FUND	527	\$ 89,816	\$ 89,816		\$ -	\$ -
Administration			\$ 8,981			
Interagency Coordination						
Specialized Services						
Generic Services	500		\$ 69,197			
Children and Youth Services						
Aging Services						
Adult Services	27		\$ 11,638			