



Inside Lebanon

The key to your community

Celebrate Women's History Month
A 'HERSTORY' LESSON
Volunteers Help Those in Need
THE BEST MEDICINE
Another Successful Santa Season
HO HO HO-LIDAY CHEER

March 2014

A 'Grand' Old Time

Inaugural United Way of Lebanon County Event Raises Funds

{relief} DEFINED



(from left: Andrew Tinsley, M.D., Walter Koltun, M.D., Emmanuelle Williams, M.D., Marc Schaefer, M.D.)

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Message from the Editor

If it's already time to put out the March issue, it must be time for Spring too, right?

This issue went to print too early for me to know what good old Punxsutawney Phil predicted, but I'm betting that the cold season will extend into March like usual, regardless of what Phil did or did not see.

But we've got some stories that should at least warm your heart (while the rest of you waits for warmer weather).

For example, just in time for Women's History Month, in March, this month's main feature, on Page 14, tells the inspiring "herstory" of the women's right movement in the United States and right here in Lebanon. The story was put together by a group of women who contribute to women's history themselves through their work with the Lebanon County Commission for Women.

On Page 24, American Wine Society member Kathy Thomas encourages people to take a day trip to a Pennsylvania winery or wine trail. She says it's an opportunity to enjoy not just the vino, but also the company of family and friends. That combo is sure to make you feel warm inside, regardless of how the groundhog feels about his shadow this year.

Danielle Zimmerman

Submit photos, events or articles to:
lebanon@hibu.com



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Inside Lebanon

The key to your community

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A fond farewell from this month's issue of the magazine.

On the Cover

Children holding balloon animals pet an American Red Cross therapy dog during the United Way of Lebanon County's inaugural The Grand Pledge event on Jan. 10.

Photo courtesy of United Way of Lebanon County



You could be a community contributor!

Kathy Thomas, left, contributes a regular column about wine, found on Page 24 this month. It's easy to join the community conversation; just email articles, photos, information and ideas to the email address shown below.

Get involved! Send your photos, stories or events to:

lebanon@hibu.com

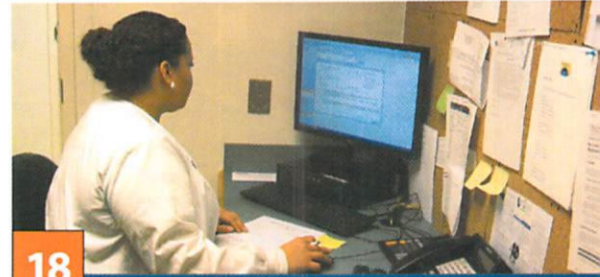
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14

Photo courtesy of the Woman's Club of Lebanon



18

Photo courtesy of Linda Jackson



25

Photo courtesy of United Way of Lebanon County



30

Photo courtesy of Robert Wenrich



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A 'Herstory' Lesson in Honor of Women's History Month

Many people and organizations have fought for women's rights, including some right here in Lebanon.

*by Beverly Heishman, Jo Ellen Litz and Heidi Neiswender
Community contributors*

Women have always been roughly half of all the persons living at any given time in history. Yet often their contributions have been overlooked; their interests, passions, work and efforts have been hidden behind the walls of their homes.

"Our Hidden Heritage: Pennsylvania Women in History" notes that our Colonial-era society needed the full efforts of each person — male and female — to survive and prosper. Some of the earliest women settlers, for example, were fur trappers and traders, doing work we now think of as being a man's territory. With independence and the diminishing frontier, society's definition of a woman's role and work gradually changed and narrowed to focus on the hearth and home.

From 1776 up into the 1970s, women in many states could not obtain credit or open a bank account, make a will, manage their inheritance or own property. Legally, women had standing only through their husband or a male family member. There were women who defied the expectations of society to become

lawyers or medical doctors or business owners, but these women were rare. The vast majority of women were essentially invisible, hidden in their homes, known only as the "wife of" or "widow" or "spinster." Today, women are far more visible. They have careers, hold political offices, protect our country and expect to juggle family life with outside responsibilities.

March is set aside as a time to celebrate and honor women through Women's History Month. It is a time to reflect on how women's lives and roles have evolved through legislation and changing attitudes in society. The history of women in the United States is deeply rooted in the movement to abolish slavery. The women who actively supported abolition gradually came to see themselves from a different perspective and began to question basic societal assumptions about the role of women. Imagine the "aha moment" experienced by women who discovered that they could not speak out against slavery because women were not permitted to speak in public.

Yes, many of the old barriers are gone, with many more falling, as the definition of a woman's role and work expands to meet the needs of this new century.

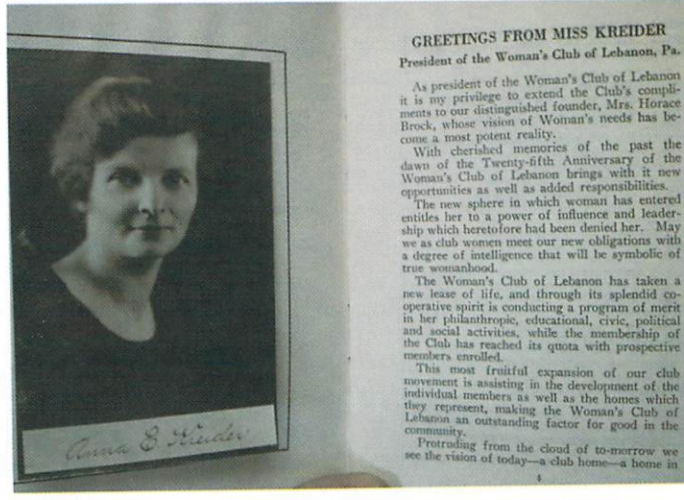
Lucretia Mott and Cady Stanton, leading abolitionists, organized the first women's rights convention, held in Seneca Falls, N.Y., in 1848. The concerns of the gathered women were diverse and many. The Seneca Falls Declaration of Sentiments,

Continued on next page



On Jan. 18, 1897, Mrs. Horace Brock founded the Woman's Club of Lebanon and also formed a statewide organization.

Photo courtesy of the Woman's Club of Lebanon



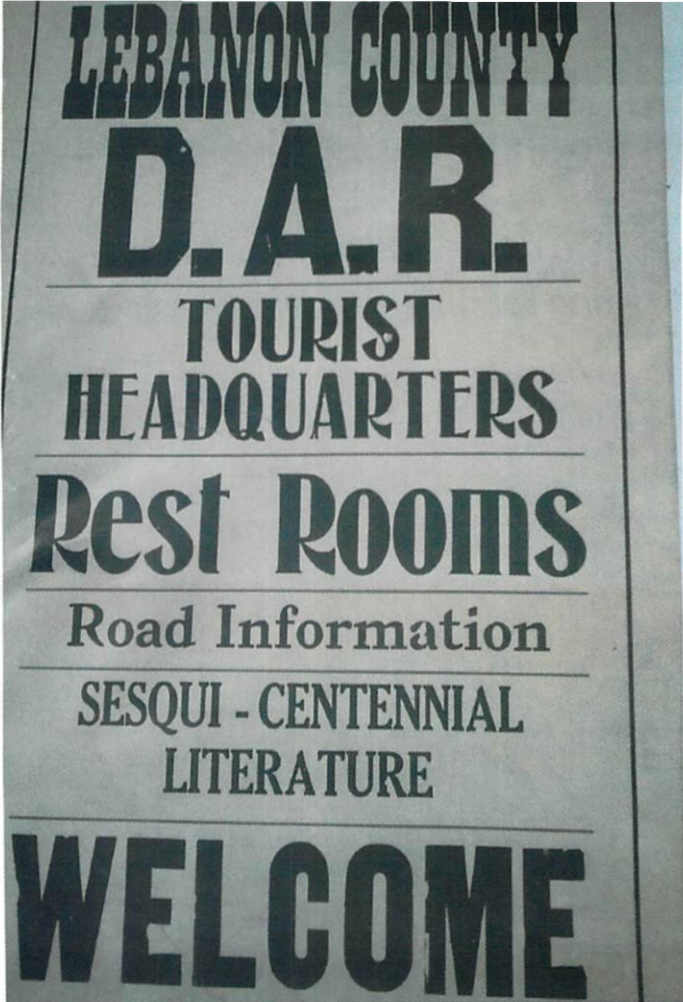
Serving from 1920-27 and 1932-52, a total of 27 years, the longest running Woman's Club of Lebanon president was Mrs. Anna Kreider.

Photo courtesy of the Woman's Club of Lebanon



Woman's Club founder Mrs. Horace Brock donated money to assist with the purchase of a Victorian mansion for a clubhouse. Evidenced by a capacity attendance, membership grew so large that it was closed.

Photo courtesy of the Woman's Club of Lebanon



At one time, the Woman's Club of Lebanon hosted the Daughters of the American Revolution and a tourist bureau in their clubhouse. Photo courtesy of the Woman's Club of Lebanon

was a controversial amendment, and it did not pass. Nearly 50 years later, according to "Our Hidden Heritage," Pennsylvania revived and revised the amendment and became the first state to add an equal rights amendment to its constitution, in 1972.

The Nineteenth Amendment, the civil rights legislation of the 1960s, Title IX and Pennsylvania's Equal Rights Amendment have changed the role and status of women in so many ways that it is hard to envision what girls and women experienced in the past. There is very little written history of their day-to-day lives. They are hard to find because they had no individual identity outside the home. In fact, the practice of referring to a woman by her married name, for example, "Mrs. John Doe," without reference to her given name, has only disappeared from the modern scene over the past 30 odd years.

In the more recent past, a high school girl who married or became pregnant would be automatically expelled from school. It was once common practice for employers to ask a married woman, when she applied for a job, about her family and plans for children. In the past, a pregnant woman could be fired from her job simply because of the pregnancy.

Yes, many of the old barriers are gone, with many more falling, as the definition of a woman's role and work expands to meet the needs of this new century.

Like this story? Tell us why.
hibumagazine.com/survey

Get Involved With Groups

Learn more about or attend a meeting with the Woman's Club of Lebanon or the Lebanon County Commission for Women.

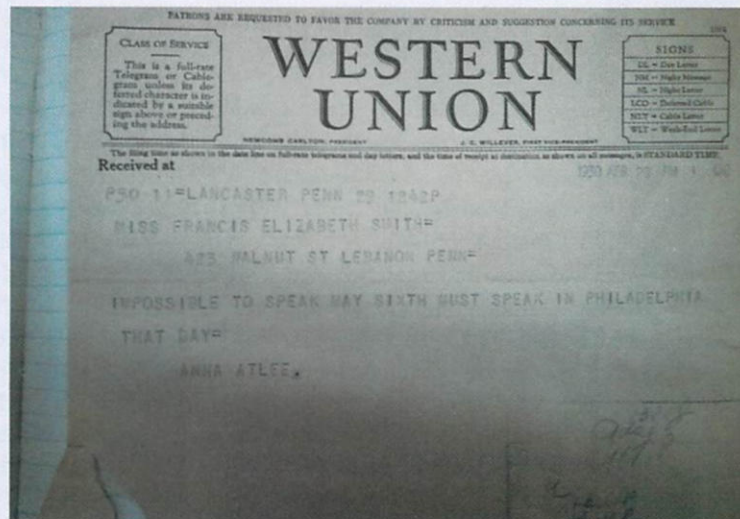
The Woman's Club of Lebanon

The Woman's Club of Lebanon has endured triumph and turmoil, as women gained the right to vote and experienced two world wars and numerous natural disasters. In times of conflict, its members have pulled together to survive with grace and dignity.

- **The Woman's Club** of Lebanon meets on Saturdays at 2 p.m. in the former clubhouse at 450 Cumberland St., in Lebanon. For membership information, contact President Elizabeth Wentling at ewent2@comcast.net or membership chair Jo Ellen Litz at litz@mbcomp.com.
- **Like the Woman's Club** of Lebanon Facebook page at facebook.com/pages/womans-club-of-lebanon/290765664321590.

The Lebanon County Commission for Women

With the combined spirit and commitment of all women in Lebanon County, the Lebanon County Commission for Women works to assist women and enhance their status in the community. Its goal is to promote awareness, be a catalyst for change and facilitate action in concerns facing women and their families. The commission works with a variety of community organizations to carry out its mission. Visit lebcountry.org/womens_commission to learn more.



A Western Union telegram of a canceled speaking engagement may have prompted a Woman's Club of Lebanon member to share her own story at one of the group's monthly meetings.

Photo courtesy of the Woman's Club of Lebanon

March 15



Photo courtesy of Melissa R. Kulbitsky

Cooks to Compete at Soup-R-Bowl Event

The Community of Lebanon Association invites Lebanon County soup makers to create their favorite batch of homemade soup for the Soup-R-Bowl contest at the Lebanon Farmers Market, a popular annual event that has attracted more than 100 taste testers and voters in past years.

Entrants are asked to bring a 6-quart batch of soup in a crock pot to the market at 10 a.m. on March 15, along with the recipe for their creation. Soup samples will be available to the public, who will pay \$5 to sample each soup and vote for their favorites. Market gift certificates will be awarded to the top three soup makers, with the grand prize winner receiving a special Soup-R-Bowl gift.—*Diana Hartman, past president of Community of Lebanon Association*

Only 20 soup entrants will be accepted. Soup creators are asked to register by contacting Jeannie Mason at 717-273-7215 or cla.jeannie@verizon.com. Visit lebanonpa.com for more information.

March 5



Courtesy of Lebanon County Commission for Women

Commission to Induct 13 Women Into Hall of Fame at Luncheon

The Lebanon County Commission for Women will honor 13 local women at the fifth annual Hall of Fame Luncheon at the Hebron Banquet Hall, located at 701 E. Walnut St., from 11:30 a.m. to 1 p.m. The luncheon is open to the public and costs \$25 per person, payable to the Lebanon County Commission for Women, c/o Cindy Heisey, TempForce, 827 Cumberland St., Lebanon, PA 17042.

lebcounty.org/womens_commission
717-272-8811

March 7



Photo courtesy of Mathew Samuel

Artists to Open Up Their Work Spaces at First Friday Art Walk

Among other offerings, this month's First Friday Art Walk, from 5 to 8 p.m., will include an open studio exhibition and tour at the Lebanon Art Center, located at 734 Willow St., in which artists renting space at the center, including Mathew Samuel, who created the work shown above, open up their work spaces to the public. For more information, visit the website below.

lebanonartscouncil.org
717-273-0033

March 16



Photo courtesy of hibu

Historical Society to Shed Light on Real Photo Postcards

Real photo postcards of Lebanon County, the Lebanon Valley and elsewhere will be displayed and shown on slides in "Real Photo Postcards: Their Role in Deltiology, Photography and Historic Preservation," a free program presented by Don Brown at the Lebanon County Historical Society, located at 924 Cumberland St., at 1:30 p.m. Their role in the democratization of photography will be explored.

lchsociety.org
717-272-1473