

**MAPLE NEWS  
TIPS & TIDBITS AT MSSCC!**

**Holiday Meal Entertainment**

**Thrift Store Fashion Show**  
Purchase an outfit from your favorite thrift store and model your outfit after a delicious meal!

Cool weather is just around the corner!



Join us inside when it's too cold outside!



**Upcoming Missing Apron Dates**

December 18th, Udder Choice in Ephrata, date changed from 12/25/24 (Christmas Day)  
January 24, 2024, Tratatelli, Lebanon

Meeting at 2pm on each date



**Save the date!**  
**Thursday, January 9, 2025**  
**Hebron Catering at Hebron Hall**  
**Maple Street Senior Community Center**  
**Christmas Party**

November  
2024

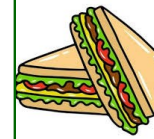
**MAPLE STREET**  
LEBANON COUNTY  
SENIOR COMMUNITY CENTER PROGRAM



SPECIAL MEAL  
**SOUP & SANDWICH**

NOVEMBER 14, 2024

CHANGE FROM EVERY  
WEEK



**TAI CHI**  
**FOR**  
**ARTHRITIS**

TIME CHANGE!

MONDAY SESSIONS WILL BEGIN  
AT 9:45AM AND CONCLUDE AT  
10:45AM

10:45–11AM

MOVE CHAIRS TO MIDDLE OF  
ROOM OR TO EQUIPMENT WALL

PICKLEBALL PLAYERS WILL SET  
THE NETS IN PLACE

The Missing Apron Lunch Group is scheduled to  
have lunch at

**Vesuvio**

8495 Lancaster Ave Bethel  
Date Change! November 20, 2024 at 2pm

**Qigong is at Maple Street  
Senior Community Center!**



Exercises to optimize energy within  
the body, mind, and spirit.  
See you Thursday's at 10am!

Keeping you social, active,  
healthy & independent!



Eat Healthy, Stay Active,  
Be Positive, YOU GOT THIS!

**Anville**  
717.867.1796  
**Michele Allen**  
200 S. White Oak St.  
Anville, PA 17003  
Christ Church UCC

**Maple Street**  
717.273.1048  
710 Maple St  
Lebanon, PA 17046  
Area Agency on Aging  
**Myerstown**  
717.866.6786

**Anne Kim**  
59 N. Ramona Rd.  
Myerstown, PA 17067  
Myr. Baptist Church  
**Northern Lebanon**  
717.675.9548

**Helene Heisey**  
335 N. Lancaster St.  
Jonestown, PA 17038  
American Legion  
**Palmyra**  
717.838.8237

**Matthew Cipri**  
101 S. Railroad St.  
Palmyra, PA 17078  
Interfaith Manor