





LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

Manager: Anne Kim 59 N Ramona Rd, PO Box 611, Myerstown, PA 17046 (717) 675-9546 myerstown.seniorcenter@lebanoncountypa.gov

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is available Mon-Fri. Orders need to be placed by 11:00am on the previous business day. Suggested donation for meal is \$4.50.	Upcoming Events 7/3 – Happy Independence Day Banquet @ Country Fare* 7/11 – Mini Golf & Dinner @ Big Bertha* 7/25 – Dinner @ Kauffman’s*	6/20 Soup & Sandwich Menu NE Clam Chowder Beef Vegetable Soup Ham Sandwich Cole Slaw Cherry Crumb Pie Milk	6/12 FMNP Check Distribution: Eligible persons receive five-\$10 checks for a total benefit of \$50 for PA grown produce	
3 10:00 Activity Calendar Distribution 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	4 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	5 10:30-11:00 Stretch Resistance Exercise 12:00 Happy June Luncheon @ Quentin Haus* 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	6 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/Planning Meeting	7 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch
10 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	11 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch	12 10:00 Nutrition Ed Flyer Distribution Farmers Market Nutrition Program: Check Distribution 10:00am-12:00pm 10:30-11:00 Stretch Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	13 Carpool Trip to “Over Home Alpacas” Farm & Lunch @ 501 Grill* 10:30 AM (Sign up by 6/6) 	14 10:30-11:30 Collect for Events & Trips 10:00-2:00 Pinochle* 10:30-11:30 Bingo* 12:00-12:30 Lunch
17 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	18 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	19 10:30-11:00 Stretch Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	20 10:30-11:30 Chair Exercise 12:00-12:30 Soup & Sandwich Special Meal* (Order by 6/13)	21 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch
24 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	25 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch	26 10:00-10:30 Stretch Exercise 10:30-12:00 Scrapbooking/ Craft Club 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	27 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ the Jigger Shop* (Sign up by 6/20) 	28 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch

*Program w/ cost & reservation required