



June

Lebanon County Cold Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Please call the Area Agency on Aging with all meal questions/concerns 717-273-9262 cancellations: call on the previous business day before 11:00am <i>*menu subject to change</i>		3oz Chicken Breast 1/2oz Cheddar Cheese 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Mayo Pkt, Milk	3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk
4oz Creamy Chicken Salad 1/2oz Swiss Cheese 1/2c Carrot Raisin Salad 2 Multi Grain Bread 1/2c Sliced Pears Milk	Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk	3oz Chicken Breast 1oz Cheddar Cheese 4oz Fruit Juice Whole Grain Sandwich Roll 1/2c Sliced Peaches Mayo Pkt Milk	4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c Applesauce Milk	2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk
3oz Sliced Turkey Breast 1oz Provolone Cheese 1/2c Tomato, Onion, Pepper Salad 2 Multi Grain Bread Fresh Fruit Mayo Pkt Milk	4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk	3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk	2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk	3oz Sliced Roast Pork 1oz Cheddar Cheese 1/2c Carrot Raisin Salad 2 Rye Bread Fresh Fruit Ketchup Pkt Milk
3oz Sliced Baked Ham 1oz American Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Sliced Peaches Mayo Pkt Milk	3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk	2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk	3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk	3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk
4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk	3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk	3oz Turkey Breast 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Tropical Fruit Salad Mayo Pkt Milk	3oz Chicken Breast 1/2oz Cheddar Cheese 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Mayo Pkt, Milk	3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk