




# March

## Lebanon County Cold Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			<i>*menu subject to change</i>	<b>1</b> 3oz Sliced Roast Pork 1oz Cheddar Cheese 1/2c Carrot Raisin Salad 2 Rye Bread Fresh Fruit Ketchup Pkt Milk
<b>4</b> Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk	<b>5</b> 3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk	<b>6</b> 3oz Turkey Breast 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Tropical Fruit Salad Mayo Pkt Milk	<b>7</b> 3oz Chicken Breast 1/2oz Cheddar Cheese 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Mayo Pkt, Milk	<b>8</b> 3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk
<b>11</b> 4oz Ham Salad 1/2oz Cheddar Cheese 2 Tomato Slices 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Diced Peaches	<b>12</b> 3oz Chicken Breast 1oz Provolone Cheese 1/2c Broccoli Salad 2 Whole Wheat Bread 1/2c Mandarin Oranges Mayo Pkt Milk 	<b>13</b> 3oz Corned Beef 1oz Swiss Cheese 1/2c Cucumber Salad 2 Rye Bread Fresh Fruit Mayo Pkt Milk	<b>14</b> 4oz Creamy Chicken Salad 1/2oz Swiss Cheese 1/2c Carrot Raisin Salad 2 Multi Grain Bread 1/2c Sliced Pears Milk	<b>15</b> Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk
<b>18</b> 4oz Creamy Chicken Salad 1/2oz Swiss Cheese 1/2c Carrot Raisin Salad 2 Multi Grain Bread 1/2c Sliced Pears Milk	<b>19</b> Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk	<b>20</b> 3oz Chicken Breast 1oz Cheddar Cheese 4oz Fruit Juice Whole Grain Sandwich Roll 1/2c Sliced Peaches Mayo Pkt	<b>21</b> 4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c Applesauce Milk	<b>22</b> 2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk
<b>25</b> 3oz Sliced Turkey Breast 1oz Provolone Cheese 1/2c Tomato, Onion, Pepper Salad 2 Multi Grain Bread Fresh Fruit Mayo Pkt Milk	<b>26</b> 4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk	<b>27</b> 3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk	<b>28</b> 2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk	<b>29</b> <b>Good Friday!</b> Area Agency on Aging Office Meals on Wheels are <b>CANCELLED TODAY!</b> 