




# June

Lebanon County  
**Home Delivered Meals/Meals On Wheels**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Please call the  <b>Area Agency on Aging</b>                      with all meal questions/concerns  <b>717-273-9262</b>                      cancellations: call on the previous                      business day before 11:00am  <i>*menu is subject to change                      based on availability</i></p>		
<p>3                      1c Stuffed Pepper Casserole                      1/2c Wax Beans                      1/2c Peas &amp; Carrots                      1 White Bread                      1/2c Pudding</p>	<p>4                      Sweet &amp; Sour Pork                      1/2c. Rice                      1/2c Mixed Vegetables                      1 Wheat Bread                      Seasonal Fresh Fruit</p>	<p>5                      Turkey Chef Salad                      (2oz Turkey, 1oz Cheddar, over                      1c Mixed Greens w/ Tomato)                      1/2c Beets                      1 Dinner Roll                      1/2c Gelatin</p>	<p>6                      4oz Sloppy Joe                      Baked Potato                      1/2c. Green Beans                      1 Hamburger Bun                      1/2c. Apple Crisp</p>	<p>7                      Parmesan Chicken Over                      1/2c. Lemon Asparagus Pasta                      1c. Tossed Salad W/Tomato                      1 Breadstick                      Seasonal Fresh Fruit</p>
<p>10                      Swiss Steak                      w/ 2oz Onion Gravy                      1/2c Parsley Potatoes                      1/2c Carrots                      1 Wheat Bread                      1/2c Blushed Pears</p>	<p>11                      Creamy Vegetable Lasagna                      .5oz Shredded Mozzarella                      1c Tossed Salad                      1 Garlic Breadstick                      1/2c Peaches w/ 1/4c Cottage Cheese</p>	<p>12                      Creamy Garlic Chicken Breast                      1/2c Buttered Noodles                      1/2c Spinach                      1 Wheat Bread                      1/2c Mandarin Oranges</p> <p><b>NEW ITEM</b></p>	<p>13                      Baked Lemon Pepper Fish                      1/2c Rice Pilaf                      1/2c California Blend Vegetables                      Dinner Roll                      Seasonal Fresh Fruit</p> <p><b>NEW ITEM</b></p>	<p>14                      Baked Meatloaf w/ Gravy                      1/2c Mashed Potatoes                      1/2c Peas                      1 White Bread                      1/2c Gelatin</p>
<p>17                      Creamy Parmesan Pork Chop                      1/2c Diced Redskin Potatoes                      1/2c Green Beans                      1 Dinner Roll                      1/2c Pineapple Tidbits                      Cookie</p>	<p>18                      Pasta &amp; Meatballs (4)                      1/2c Pasta w/ Marinara                      1c Tossed Salad w/ Tomato                      1 Garlic Breadstick                      1/2c Mixed Fruit Salad</p>	<p>19                      Grilled Chicken Caesar Salad                      1c Mixed Greens (3 oz Diced Chix                      1t Parmesan, Tomato, Croutons)                      1/2c Broccoli Salad                      Dinner Roll                      1/2c Blushed Pears</p>	<p>20                      Cheese Omelet                      1 Sausage Patty                      1/2c Breakfast Potatoes                      1 English Muffin w/ Jelly                      4oz Apple Juice</p>	<p>21                      Mango BBQ Chicken Breast                      1/2c. Brown Rice                      1/2c. Carrots                      Wheat Bread                      Fresh Orange</p>
<p>24                      Stadium Hot Dog                      1/2c Cheesy Potatoes                      1/2c Green Beans                      1 Hot Dog Roll                      1/2c Pineapple &amp; Mandarin Oranges</p>	<p>25                      Breaded Cod                      w/ Tarter Sauce                      1/2c White Rice                      1/2c Island Blend Vegetables                      1 Hamburger Bun                      1/2c Cinnamon Applesauce</p>	<p>26                      Pot Roast w/ Gravy                      1/2c Mashed Potatoes                      1/2c Mixed Vegetables                      1 White Bread                      1/2c Peach Crisp</p>	<p>27                      Salisbury Steak w/ Gravy                      Baked Potato w/ Margarine                      1/2c Beets                      1 Wheat Bread                      1/2c Gelatin</p>	<p>28                      Pesto Chicken                      1/2c. Buttered Pasta                      1c. Tossed Salad w/ tomato &amp; dressing                      Dinner Roll                      Seasonal Fresh Fruit</p> <p><b>NEW ITEM</b></p>

**Call AAA Office no later than the PREVIOUS BUSINESS DAY by 11:00am if you need to cancel your meal!**  
**¡Llame a la oficina a más tardar el DÍA HÁBIL ANTERIOR antes de las 11:00 a. m. si necesita cancelar su comida!**

**717-273-9262**