








# August

Lebanon County  
Home Delivered Meals/Meals On Wheels

Monday	Tuesday	Wednesday	Thursday	Friday
	Please call the <b>Area Agency on Aging</b> with all meal questions/concerns <b>717-273-9262</b> cancellations: call on the previous business day before 11:00am <i>*menu is subject to change            based on availability</i>		Baked Lemon Pepper Fish 1/2c Rice Pilaf 1/2c California Blend Vegetables Dinner Roll Seasonal Fresh Fruit 	Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Peas 1 White Bread 1/2c Gelatin
Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	Western Omelet w/ Ham, Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	Grilled Chicken Caesar Salad 1c Mixed Greens (3 oz Diced Chicken 1t Parmesan, Tomato, Croutons) 1/2c Broccoli Salad Dinner Roll 1/2c Blushed Pears	Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Peach Crisp	 Baked Salmon w/ White Wine Cream Sauce 1/2c White Rice 1/2c Island Blend Vegetables Wheat Bread 1/2c Cinnamon Applesauce	Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Warm Beets 1 Wheat Bread 1/2c Gelatin	Pesto Chicken 1/2c. Buttered Pasta 1c. Toss Salad w/ tomato & dressing Dinner Roll Seasonal Fresh Fruit 
1c Baked Cabbage Casserole w/ 2oz Sauce 1c Tossed Salad 1 White Bread Seasonal Fresh Fruit	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie	Baked Pollock 1/2c Macaroni & Cheese 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges	Taco Bake (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple 
BBQ Pulled Pork Sandwich 1/2c Hawaii Coleslaw 1/2c Ranch Potatoes Sandwich Roll Cookie	 Baked Beef Ravioli (6 Ravioli) w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit	Chicken, Spinach & Cranberry Salad w/ Dressing (3oz chix, .5oz cheese, 1t. Cran) 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1 Piece Cake

Call AAA Office no later than the PREVIOUS BUSINESS DAY by 11:00am if you need to cancel your meal!  
 ¡Llame a la oficina a más tardar el DÍA HÁBIL ANTERIOR antes de las 11:00 a. m. si necesita cancelar su comida!

717-273-9262

