




June Menu

Lebanon County
Home Delivered Meals/Meals On Wheels

Monday	Tuesday	Wednesday	Thursday	Friday
	Please call the Area Agency on Aging with all meal questions/concerns 717-273-9262 cancellations: call on the previous business day before 11:00am <i>*menu is subject to change based on availability</i>		1 Baked Chicken Cutlet 1/2c Whipped Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie	2 Tuna Salad Sandwich w/lettuce & tomato 1/2c Coleslaw 2 White Bread Fresh Orange
5 Warm Roast Beef Sandwich W/Mozz. 1/2c. Roasted Parmesan Redskins 1/2c. Carrots 1 Sandwich Roll Fresh Banana	6 Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Potato Salad 1 Dinner Roll 1/2c Gelatin	7 Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit	8 Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit	9 Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie
12 Baked Chicken w/ Gravy 1/2c Rice Pilaf 1/2c Green Beans 1 Wheat Bread 1/2c Peaches	13 Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears	14 Hawaiian Chicken Breast 1/2c Buttered Noodles 1/2c Island Blend Vegetables Seasonal Fresh Fruit Cookie	15 Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Mandarin Oranges	16 Baked Crab Cake Over 1c. Mixed Greens w/ Tomato & Hardboiled Egg 1/2c Fresh Broccoli Salad 1 Dinner Roll 1/2c. Pineapple
19 Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange	20 Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding	21 Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	22 Baked Pollock 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit 	23 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad
26 Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	27 Chicken Cacciatore (2oz Tomato Sauce, Peppers, Onions) 1/2c. Blended Rice 1/2c Mixed Vegetables 1 Breadstick 1/2c Applesauce 	28 Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	29 Pizza Burger 1/2c Cheesy Potatoes 1/2c. French Style Green Beans 1 Hamburger Bun 1/2c Pineapple & Mandarin Oranges	30 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread 1/2c Gelatin