



LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

Manager: Anne Kim 101 S. Railroad St, Myerstown, PA 17067 (717) 675-9546 myerstown.seniorcenter@lebanoncountypa.gov

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch is available Mon-Fri. Orders need to be placed by 11:00 AM on the previous business day.</p> <p>Suggested Donation for meal is \$4.50</p>	<p><u>Inclement Weather Info</u> TV: WGAL (CH.8) Radio: WLBR Closing notice: Lebanon County Area Agency on Aging: Meals on Wheels and Senior Centers are closed.</p>	<p>1 <u>Center Closed</u></p>	<p>2 10:00 Activity Calendar Distribution 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/Planning Meeting.</p>	<p>3 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>6 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>7 8:00 Indoor Walking-Gym & Breakfast 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study</p>	<p>8 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise 12:00 Happy New Year Luncheon @ Mick's*</p>	<p>9 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Pickle Ball (Gym)</p>	<p>10 10:00-2:00 Pinochle* 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>13 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>14 8:00 Indoor Walking-Gym & Breakfast 10:30-12:00 Games 12:00-12:30 Lunch</p>	<p>15 10:30-11:00 Stretch Resistance Exercise 11:00-12:00 Shuffleboard Games (2nd Floor) 12:00-12:30 Lunch</p>	<p>16 10:30-11:30 Chair Exercise 12:00-12:30 Soup & Sandwich Special Meal* (Order by 1/9) 1:00-2:00 Pickle Ball (Gym)</p>	<p>17 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>20 <u>Center Closed</u></p>	<p>21 8:00 Indoor Walking-Gym & Breakfast 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study</p>	<p>22 10:30-11:00 Stretch Resistance Exercise 11:00-12:00 Shuffleboard 12:00 "Snowman" Luncheon @ Cedar Grill*</p>	<p>23 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Pickle Ball (Gym)</p>	<p>24 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>
<p>27 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch</p>	<p>28 8:00 Indoor Walking-Gym & Breakfast 10:30-12:00 Games 12:00-12:30 Lunch</p>	<p>29 10:00-10:30 Stretch Resistance Exercise 10:30-12:00 Craft Club 11:00-12:00 Shuffleboard Games (2nd Floor) 12:00-12:30 Lunch</p>	<p>30 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Pickle Ball (Gym)</p>	<p>31 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch</p>

*Program w/ cost & reservation required

PROGRAM CALENDAR

MYERSTOWN



JANUARY 2025

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

Manager: Anne Kim 101 S. Railroad St, Myerstown, PA 17067 (717) 675-9546 myerstown.seniorcenter@lebanoncountypa.gov

--	--	--	--	--

*Program w/ cost & reservation required