

LEBANON COUNTY PERSONAL CARE HOMES



Lebanon County Area Agency on Aging

710 Maple Street, 2nd Floor

Lebanon, PA 17046

(717) 273-9262

www.lebcountypa.gov

January 2025

TABLE OF CONTENTS

ACKNOWLEDGEMENT.....	3
CHOOSING A FACILITY.....	4-5
DECIPHERING A STATE SURVEY OF PC HOMES.....	6
FINANCIAL CONSIDERATIONS FOR PC HOMES.....	7-8
PERSONAL CARE HOME RESIDENT’S RIGHTS.....	9-10
ASSISTED LIVING RESIDENT’S RIGHTS.....	11-15
AFTER PLACEMENT INFORMATION.....	16
IN-HOME SERVICES.....	17
DEFINITIONS OF CARE.....	17
PER DIEM RATE CHART.....	18-19
ALPINE NURSING AND REHABILITATION.....	20
AMERICAN HOUSE.....	21
CELEBRATION VILLA OF LEBANON.....	22
COLUMBIA COTTAGE.....	23
CORNWALL MANOR.....	24
DOWHOWER PERSONAL CARE HOME.....	25
JUNIPER VILLAGE.....	26-27
KADIMA REHAB & NURSING AT CAMPBELLTOWN.....	28
LEBANON VALLEY HOME.....	29
LINDEN VILLAGE.....	30
LONDONDERRY VILLAGE.....	31
RICHLAND CHRISTIAN HOME, INC.....	32
STONERIDGE RETIREMENT LIVING	33
TRADITIONS OF HERSHEY.....	34

ACKNOWLEDGEMENT

The purpose of this directory is to provide a single consolidated source of information about personal care homes in Lebanon County. Information on each facility was furnished by its administrator or owner during an interview. Drafts of this information were also submitted to the administrators or owners for their approval prior to printing.

This directory is not meant to provide an evaluation of each facility. Nor is it intended to take the place of an actual visit to a personal care home. The information was gathered to provide current facts and descriptive information to individuals and families so that their choices about long-term care can be more informed ones.

It is also important to note that there are many differences between the personal care homes represented in this directory. Some provide strictly personal care services, while others exist as part of a larger complex that includes a variety of care alternatives and living arrangements. Furthermore, there is likely to be great variation among facilities regarding staffing.

Personal care homes are required to have an administrator, or a designee who is 21 years of age or older appointed by the administrator, to be on the premises on a 24-hour basis. They are required to maintain enough trained staff persons to provide the necessary level of care required by the residents, and to ensure a safe and efficient evacuation of the facility in case of an emergency. The staffing of each facility is based upon the number of residents and their needs. Some facilities have various types of staff present on a regular basis (either full-time or part-time), while others might have arrangements for staff to be present on an on-call basis through contractual arrangements with outside agencies. In addition, the way meal preparation, housekeeping and maintenance services are provided varies between homes. In any case, staffing decisions are made at the discretion of each personal care home administrator/owner in accordance with the Personal Care Home State Licensing Rules and Regulations. Specific questions about any personal care home should be addressed to its administrative or admissions staff. It is also advisable that individuals, their families and caregivers request a tour of any facility in which they are interested. For more information on the regulations, please visit the PA Department of Human Services' website at www.pa.gov/agencies/dhs/resources/licensing/pch

**Adrian Layser
Administrator
Lebanon County Area Agency on Aging**

CHOOSING A FACILITY

*Selecting a Personal Care Home or Nursing Home

Selecting a personal care or nursing home is a very important and often difficult decision. However, with proper planning and adequate information, a decision can be made that will best suit each person's personal needs. The following checklist has been included to help evaluate and choose a personal care home or nursing home objectively.

<u>SELECTION CRITERIA</u>	NAME OF FACILITY	NAME OF FACILITY
For each facility visited or being considered, you may want to rate and compare the following factors on this basis: "2" for Outstanding; "1" for Acceptable; or "0" for Unacceptable		
APPEARANCE AND GENERAL ATMOSPHERE Does it have a homelike atmosphere: Comfortable? Attractively furnished? Nicely decorated? Are the patients well-groomed and neatly dressed? Are their rooms clean and comfortable? Are the grounds well cared for?		
GENERAL ADMINISTRATION Does the administrator have a current license? How recently was the home inspected? Were there any deficiencies? Were they willing to show you around and let you look on your own?		
STAFF MEMBERS Are the nurses and/or staff members friendly and courteous? Are they attentive and conscientious? Is there high staff morale? Do they enjoy their work? Do they show a caring and positive attitude? Does the nursing home offer career growth opportunities to enhance the quality of their services?		
MEDICAL SERVICES Who is the physician available for emergencies? Can a resident choose his own physician for routine care? How are the resident and family involved in plans for care? Does the resident have a choice of where prescriptions are purchased? Does the home have a transfer agreement with a nearby hospital and, if so, which one? Will family be notified immediately of a transfer?		

	NAME OF FACILITY	NAME OF FACILITY
RECREATIONAL THERAPY/ACTIVITIES Are arts and crafts available? Reading and letter writing? Group activities? Social events? Holiday celebrations? Trips and concerts? Visits home? Games? Volunteer visiting programs? Monthly published activities calendar?		
DIETARY SERVICES Does the facility offer nutritious and appetizing meals? Snacks between meals? Registered Dietician? Special Diets? Do patients seem to enjoy the food? Good kitchen facility? Are meals served in the dining room?		
FINANCIAL ASPECTS What is the basic rate for care? Are there additional charges for other services such as hair care, laundry, transportation, therapy, etc? What will happen to the resident when private money runs out? How does the home handle personal finances? What happens to any admission deposit, etc., if the resident leaves or dies? Is there any financial assistance available (such as Medicare or Medical Assistance)?		
RELIGIOUS PROGRAMS Is there a staff chaplain? Pastoral counseling? Religious services? Group counseling? Community pastors' program? Youth Group visits? Bible Study? Goal planning sessions? Positive, uplifting atmosphere?		
SECURITY Is the facility safe? Fire resistant? Meets local, state and federal fire safety requirements (ask to see their current Fire Safety Inspection document)? Are there around-the-clock fire safety procedures?		
ODOR Is there an odor problem? Should odors occur, are they eliminated quickly through adequate ventilation?		
ADD SCORES AND COMPARE TOTALS		

DECIPHERING A STATE SURVEY OF A PERSONAL CARE HOME

Once a year, the Department of Human Services conducts an on-site re-licensing survey of each of the state's nearly 1500 personal care homes. During these inspections, surveyors review resident records and other documentation, paying special attention to the following:

- That resident records are complete and include:
 - The current and previous two years physician's examination reports, including copies of the medical evaluation forms.
 - A copy of the written agreement between the facility and the resident
 - A list of prescribed medications
 - Dietary restrictions, if any
 - An inventory of the resident's personal property as voluntarily declared by the resident upon admission and voluntarily updated
 - A list of allergies, if known
- Unusual incident reports
- Documents which verify employee work schedules to ensure that required staffing levels are met
- A copy of the home's rules
- A weekly activity calendar
- Permits and Certificates
- Waivers (if any have been granted)
- A record of monthly fire drills and fire safety records
- Adherence to posted menus and nutritionally balanced meals
- Administration training and orientation documentation
- Personal care home non-discrimination services, admission and employment policies

If the Department surveyor finds that the personal care home is not in compliance with the licensing regulations, it may issue a Class I, Class II, or a Class III citation. These classifications are based upon the severity, duration, and the adverse effect on the health and safety of residents.

Class I violations have a substantial probability of resulting in death or serious mental or physical harm to a resident

Class II violations have a substantial adverse effect upon the health, safety or well-being of a resident

Class III violations are minor violations which have an adverse effect upon the health, safety or well-being of a resident.

Depending on the nature and classification of a violation of the Personal Care Home Licensing Regulations, the administrator of the home may be required to:

- Pay a fine for each day the violation is left uncorrected
- Give each resident oral and/or written notification of the violation

In addition, the Department of Human Services is required to provide immediate written notification of Class I violations to the appropriate long-term care Ombudsman. To review a home's most recent survey, simply ask the administrator or contact the Pennsylvania Department of Human Services

FINANCIAL CONSIDERATIONS FOR PERSONAL CARE HOMES

It is very important to have a clear understanding of the financial requirements of any facility before proceeding with admission. Costs and financial arrangements vary greatly among personal care homes, and each home under consideration should be contacted directly to get specific information.

Depending upon the size, character and services of the home, daily rates will vary. In addition, there may be hidden costs which are not reflected in the daily rate but may add substantially to the bill. For example, medications, medical supplies and appliances, and personal laundry may be extra. Specific items included in the daily rate will vary depending upon an individual's payment source, so it is advisable to discuss coverage with administrative or admissions staff of facilities being considered.

There are typically three ways of paying for personal care home fees: Private Pay, Supplemental Security Income (SSI) supplement, and Long-Term Care Insurance.

- **PRIVATE PAY.** This means paying the personal care home fees out of one's own pocket, utilizing personal resources.
- **SUPPLEMENTAL SECURITY INCOME (SSI) SUPPLEMENT.** SSI is a federal program administered by the Social Security Administration; but SSI is **not** the same as Social Security. The SSI supplement will pay for personal care for persons who need such care and whose income and resources are within certain limits. Eligible persons usually do not need additional insurance because they receive a Medicaid card as well. Not all personal care homes will accept the SSI supplement; therefore, it is important to inquire about this when selecting a personal care home, even if a person expects to enter on a private pay basis. It should be determined whether the personal care home will continue to provide care when a patient's resources are depleted.

Persons receiving the SSI supplement in a personal care home also receive a nominal monthly sum for personal use. In many homes this sum may be used to pay for items not included in the regular charges, such as laundry services, hair care, particular brands of soap and shampoo.

When a person applies for the SSI supplement, an assessment is required to determine if personal care is the proper level of care. This is completed by the ASSESSMENT unit of the Lebanon County Area Agency on Aging.

- **LONG-TERM CARE INSURANCE.** The need for long-term care insurance arises in part from the fact that Medicare does not pay for custodial care, the kind of care that older people need. (Medicare assists only with skilled nursing care).

When a long-term care insurance policy refers to custodial care, it is referring to assistance with activities of daily living (such as bathing, dressing, eating, walking, etc.) which can be provided by someone without special medical skills.

Policies are available to cover the cost of assistance for custodial care and nursing care. Anyone looking for long-term care insurance should contact an insurance agent to discuss the different options a policy can offer that could cover the cost of a personal care homes.

PERSONAL CARE HOME RESIDENT'S RIGHTS

The patient and family should be aware of their basic rights as a resident of a personal care home before being admitted. The personal care home resident has the right to:

- A resident may not be discriminated against because of race, color, religious creed, disability, handicap, ancestry, sexual orientation, national origin, age or sex.
- A resident may not be neglected, intimidated, physically or verbally abused, mistreated, subjected to corporal punishment or disciplined in any way.
- A resident shall be treated with dignity and respect.
- A resident shall be informed of the rules of the home and given 30 days written notice prior to the effective date of a new home rule.
- A resident shall have access to a telephone in the home to make calls in privacy. Non-toll calls shall be without charge to the resident.
- A resident has the right to receive and send mail.
- Outgoing mail may not be opened or read by staff persons unless the resident requests.
- Incoming mail may not be opened or read by staff persons unless upon the request of the resident or the resident's designated person.
- A resident has the right to communicate privately with and access the local ombudsman.
- A resident has the right to practice the religion or faith of the residents choice, or not to practice any religion or faith.
- A resident shall receive assistance in accessing health services.
- A resident shall receive assistance in obtaining and keeping clean, seasonal clothing.
- A resident has the right to access, review and request corrections to the resident's record.
- A resident has the right to furnish his room and purchase, receive, use and retain personal clothing and possessions.
- A resident has the right to leave and return to the home at times consistent with the home rules and the resident's support plan.
- A resident has the right to relocate and to request and receive assistance, from the home, in relocating to another facility
- A resident has the right to freely associate, organize and communicate with others privately.
- A resident shall be free from restraints.

PERSONAL CARE HOME RESIDENT'S RIGHTS continued

- A resident shall be compensated in accordance with State and Federal labor laws for labor performed on behalf of the home.
- A resident has the right to receive visitors for a minimum of 12 hours daily, 7 days per week.
- A resident has the right to privacy of self and possessions.
- A resident has the right to file complaints with any individual or agency and recommend changes in policies, home rules and services of the home without intimidation, retaliation or threat of discharge.
- A resident has the right to remain in the home, if it has an operating license.
- A resident has the right to receive services contracted for in the resident-home contract.
- A resident has the right to use both the home's procedures and external procedures to appeal involuntary discharge.
- A resident has the right to a system to safeguard money and property.
- A resident has the right to choose his own health care providers.

Commonwealth of Pennsylvania
Assisted Living Resident Rights

1. The resident, or a designated person, has the right to rescind the contract for up to 72 hours after the initial dated signature of the contract.
2. Either party has a right to rescind the informed consent agreement within 30 days of the execution of the agreement.
3. Upon admission, each resident and, if applicable, the resident's designated person, shall be informed of resident rights and the right to lodge complaints without intimidation, retaliation or threats of retaliation by the residence or its staff persons against the reporter. Retaliation includes transfer or discharge from the residence.
4. Notification of rights and complaint procedures shall be communicated in an easily understood manner and in a language understood by or mode of communication used by the resident, and applicable, the resident's designated person.
5. The Department's poster of the list of resident's rights shall be posted in a conspicuous and public place in the residence.
6. A copy of the resident's rights and complaint procedures shall be given to the resident and, if applicable, the resident's designated person upon admission.
7. A statement signed by the resident and, if applicable, the resident's designated person acknowledging receipt of a copy of the resident's rights and complaint procedures, or documentation of efforts made to obtain signature, shall be kept in the resident's record.
8. A resident may not be discriminated against because of race, color, religious creed, disability, ancestry, sexual orientation, national origin, age or sex.
9. A resident may not be neglected, intimidated, physically or verbally abused, mistreated, subjected to corporal punishment or disciplined in any way. A resident must be free from mental, physical, and sexual abuse and exploitation, neglect, financial exploitation and involuntary seclusion.
10. A resident shall be treated with dignity and respect.
11. A resident shall be informed of the rules of the residence and given 30 days written notice prior to the effective date of a new residence rule.
12. A resident shall have access to a telephone in the residence to make calls in privacy. non-toll calls must be without charge to the resident.
13. A resident has the right to receive and send mail. Outgoing mail may not be

opened or read by staff persons unless the resident requests. Incoming mail may not be opened or read by staff persons unless upon the request of the resident or the resident's designated person.

14. A resident has the right to communicate privately with and access the local ombudsman.

15. A resident has the right to practice the religion or faith of the resident's choice, or not to practice any religion or faith.

16. A resident shall receive assistance in accessing health care services, including supplemental health care services.

17. A resident shall receive assistance in obtaining and keeping clean, seasonal clothing. A resident's clothing may not be shared with other residents.

18. A resident and the resident's designed person, and other individuals upon the resident's written approval shall have the right to access, review and request corrections to the resident's record.

19. A resident has the right to furnish his living unit and purchase, receive, use and retain personal clothing and possessions.

20. A resident has the right to leave and return to the residence at times consistent with the residence rules and the resident's support plan.

21. A resident has the right to relocate and to request and receive assistance, from the residence, in relocating to another facility. The assistance must include helping the resident get information about living arrangements, making telephone calls and transferring records.

22. A resident has the right to freely associate, organize and communicate privately with his friends, family, physician, attorney and other persons

23. A resident shall be free from restraints.

24. A resident shall be compensated in accordance with State and Federal labor laws for labor performed on behalf of the residence. Residents may voluntarily and without coercion perform tasks related directly to the residents' personal space or common areas of the residence.

25. A resident has the right to receive visitors at any time provided that the visits do not adversely affect other residents. A residence may adopt reasonable policies and procedures related to visits and access. If the residence adopts those policies and procedures, they will be binding on the residence

26. A resident has the right to privacy of self and possessions. Privacy shall be provided to the resident during bathing, dressing, changing and medical procedures.
27. A resident has the right to file complaints, grievances or appeals with any individual or agency and recommend changes in policies, residence rules and services of the residence without intimidation, retaliation or threat of discharge.
28. A resident has the right to remain in the residence, as long as it is operating with a license, except as specified in §2800.228 (relating to transfer and discharge).
29. A resident has the right to receive services contracted for in the resident-residence contract.
30. A resident has the right to use both the residence's procedures and external procedures to appeal involuntary discharge.
31. A resident has the right to a system to safeguard a resident's money and property.
32. To the extent prominently displayed in the written resident-residence contract, a residence may require residents to use providers of supplemental health care services as provide in §2800.142 (relating to assistance with medical care and supplemental health care services). When the residence does not designate, the resident may choose the supplemental health care service provider. The actions and procedures utilized by a supplemental health care service provider chosen by a resident must be consistent with the residence's systems for caring for residents.
33. The resident has the right to choose his primary care physician.
34. A resident may not be deprived of his rights.
35. A resident's rights may not be used as a reward or sanction.
36. Waiver of any resident right shall be void.
37. Prior to admission, the residence shall inform the resident and the resident's designated person of the right to file and the procedure for filing a complaint with the Department's Assisted Living Residence Licensing Office, local ombudsman or protective services unit in the area agency on aging, the Disability Rights Network or law enforcement agency.
38. The residence shall permit and respond to oral and written complaints from any source regarding an alleged violation of resident rights, quality of care of other matter without retaliation or the threat of retaliation.
39. If a resident indicates that he wished to make a written complaint, but needs assistance in reducing the complaint to writing, the residence shall assist the resident

in writing the complaint.

40. The residence shall ensure investigation and resolution of complaints. The residence shall designate the staff person responsible for receiving complaints and determining the outcome of the complaint. The residence shall keep a log of all complaints and the outcome of the complaints.

41. Within 2 business days after the submission of a written complaint a status report shall be provided by the residence of the complainant, the resident and the resident's designated person shall receive the status report unless contraindicated by the support plan. The status report must indicate the steps that the residence is taking to investigate and address the complaint.

42. Within 7 days after the submission of a written complaint, the residence shall give the complainant and, if applicable, the designated person, a written decision explaining the residence's investigation findings and the action the residence plans to take to resolve the complaint. If the resident is not the complainant, the affected resident shall receive a copy of the decision unless contraindicated by the support plan. If the residence's investigation validates the complaint allegations, a resident who could potentially be harmed or his designated person shall receive a copy of the decision, with the name of the affected resident removed, unless contraindicated by the support plan.

43. The telephone number of the Department's Assisted Living Residence Licensing Office, the local ombudsman or protective services unit in the Area Agency on Aging, the Disability Rights Network, the local law enforcement agency, the Commonwealth Information Center and the assisted living residence complaint hotline shall be posted in large print in a conspicuous and public place in the residence.

44. Nothing in §2800.44 (relating to complaint procedures) shall affect in any way the right of the resident to file suit or claim for damages.

45. Residents have the right to purchase groceries and prepare their own food in addition to the three-meal plan required in §2800.220(b) (relating to service provision) in their living units unless it would be unsafe for them to do so consistent with their support plan.

46. The residence shall educate the resident of the right to question or refuse a medication if the resident believes there may be a medication error. Documentation of this resident education shall be kept.

47. A resident or a designated person has a right to request the review and modification of his support plan.

48. If the legal entity chooses to voluntarily close the residence or if the Department has initiated legal action to close the residence, the Department working in conjunction

with appropriate local authorities, will offer relocation assistance to the residents. Except in the case of an emergency, each resident may participate in planning the transfer, and shall have the right to choose among the available alternatives after an opportunity to visit the alternative residences. These procedures apply even if the resident is placed in a temporary living situation.

49. If the relocation of residents is due to the failure of the residence to apply for a license, the Department will offer relocation assistance to the residents. This assistance will include each resident's involvement in planning the relocation, except in the case of an emergency. Each resident shall have the right to choose among the available alternatives after an opportunity to visit the alternative residences. These procedures will occur even if the residents are placed in a temporary living situation.

AFTER PLACEMENT INFORMATION

Handling Complaints

Careful selection of a personal care home should minimize the likelihood of problems. However, at times problems may arise and should be addressed. It is best to first follow the procedures established by the facility. If the issue cannot be resolved through this channel, the Area Agency on Aging's Long-Term Care Ombudsman program may be contacted.

What is an Ombudsman?

- A trained individual who investigates complaints on behalf of residents in nursing facilities, personal care homes, and domiciliary care homes. The Ombudsman will also address problems with in-home services provided to those living in the community.
- A resident advocate who works to resolve these complaints to the satisfaction of both the resident and the facility.

How does it work?

- The resident, family members or friends, contact the long-term care ombudsman for questions or to register a complaint about the treatment or care of an individual in a LTC facility.
- The Ombudsman considers each complaint to determine what steps, if any, have been taken to resolve this issue with the personal care home or nursing facility administrator, director of nursing or social worker.
- With the consent of the resident, or responsible party if resident is unable to give consent, the Ombudsman contacts all parties involved and attempts to objectively resolve the complaint.
- If resolution at the local level is impossible, the complaint is referred to the State Long-Term Care Ombudsman at the Pennsylvania Department of Aging.

IN-HOME SERVICES

Lebanon County Area Agency on Aging provides services primarily for county residents, 60 years of age and over, which enable them to remain independent within their own homes. Area Agency on Aging services includes care management, assessment of needs and services.

Services typically include assistance with meals, personal care, housekeeping and laundry; financial assistance with caregiving expenses; and Adult Day Care services. More intensive services may be offered to persons who are appropriate for nursing home care, to enable them to remain in their own homes. Nursing facility eligible persons who are 60 years of age and over and meet criteria for Medical Assistance eligibility may be served through the PDA Waiver program.

DEFINITIONS OF CARE

Personal Care Home

Personal Care is a term meaning the supervisory care received by guests who need a protective facility mostly as an overseer for financial affairs, supervision of medication, diet, and other personal needs which they are beginning to have problems handling independently. Personal Care residents may have assistance with their personal care, and some of the exhausting tasks of independent living (i.e. laundry, cleaning, meal preparation, scheduling of appointments, etc.) which are performed by trained facility staff. The Personal Care resident is under the care of the staff physician, or his own physician in the community. The home provides food, shelter, and supervision for four or more adults. Residents do not require the level of care offered in a hospital or nursing home, personal care is the right choice when, for reasons of comfort, safety and peace of mind, a senior and his/her relatives realize that professional assistance in a residential setting is appropriate.

Assisted Living Residence

Assisted Living Residence licensure is more stringent than Personal Care regulations and the facility can use the title "Assisted Living Residence" only if they have been approved for licensure.

For more information on Personal Care or Assisted Living Residence licensure and regulations, you may refer to the PA Department of Human Services' website, www.dhw.state.pa.us.

PERSONAL CARE HOME PER DIEM RATE CHART RATES, AS OF 6/2024

FACILITY NAME			
Alpine Valley	Semi-private companion suite-\$167/day. Small private-\$203/day. Large private suite-\$265/day		
American House	RATES VARY UPON INDIVIDUAL BASIS		
Celebration Villa of Lebanon	STUDIO DELUXE-\$3,207/month, DELUXE-\$3,695/month 6 Levels of Care, additional amt./month, from 1@\$451-6@\$2,703		
Columbia Cottage	Starts at \$145 per day. Community fee is a \$2,000 deposit	RATES VARY UPON SIZE AND LOCATION OF UNITS AND CUSTOM CARE NEEDS OF INDIVIDUALS-10 levels of care starting at \$35 additional up to \$5,400.	
Cornwall Manor	Alcove (1 rm w/bath)- \$223/day	Suite (2 rms w/bath)- Single-\$241/day Double-\$323/day	Double Suite Single-\$284/day Double-\$366/day Level 2(additional assistance)+\$35/day
Dowhower PC Home	BASE RATES BASED ON INCOME		
Juniper Village	Suites from \$3,780(semi-private)- \$5,980(private)	Levels of Care from included-\$500/month	One-time Community Fee-\$2,000, add'l fees may apply
Kadima Rehab & Nursing at Campbelltown	Skilled Nursing Private \$330	Skilled Nursing Semi-Private \$320	Personal Care: LG Private/Shared Bath - \$95 Semi-Private/Shared Bath-\$79 XL Private/Shared Bath-\$110 XXL Private/Private Bath/CCRC-\$111
Lebanon Valley Home	All Private Rooms	\$150-\$172/day based on care needs	
Linden Village	\$4,750/month-full bath	All Private Rooms	Memory Care \$5,725/month
Londonderry Village	Double-\$151/day	Private-\$206/day(small-14x16)	Private-\$270/day(large-16x18)
Richland Christian Home	PLEASE CALL FOR RATES & MORE INFORMATION		
StoneRidge Retirement Living-Poplar Run	\$194/day for personal care		
Traditions of Hershey		Large Private Suite \$255-279 2 nd Person- \$63-87	Semi-Private Suite \$161-183

PERSONAL CARE HOME PER DIEM RATE CHART RATES AS OF 2024

FACILITY NAME	RATES		
Alpine Valley (formerly known as Spang Crest)	Small private-\$224/day. Large private suite-\$292/day 2 nd Resident for large suite (Spouse) - \$72		
American House	RATES VARY UPON INDIVIDUAL BASIS		
Celebration Villa of Lebanon	STUDIO DELUXE-\$3,207/month, DELUXE-\$3,695/month 6 Levels of Care, additional amt./month, from 1@\$451-6@\$2,703		
Columbia Cottage	Starts at \$145 per day Community fee is a \$2,000 deposit	RATES VARY UPON SIZE AND LOCATION OF UNITS AND CUSTOM CARE NEEDS OF INDIVIDUALS-10 levels of care starting at \$35 additional up to \$5,400.	
Cornwall Manor	<u>Single Occupancy</u> Alcove (1 Rm /Full Bath) \$238 Suite (2 Rms /Full Bath) \$258 Deluxe Suite \$305 Level II; Additional Care \$39 <u>Double Occupancy</u> Suite (2 Rms./Full Bath) \$346 Deluxe Suite \$393		
Dowhower PC Home	BASE RATES BASED ON INCOME		
Juniper Village	SEE DETAILS ON PAGE XX		
Kadima Rehab & Nursing at Campbelltown	PERSONAL CARE \$110/DAY		
Lebanon Valley Home	PERSONAL CARE \$160 - \$182/DAY		
Linden Village	\$4,750/month-full bath	All Private Rooms	Memory Care \$6,680/month
Londonderry Village	Double-\$162/day	Private-\$219/day (small-14x16)	Private-\$286/day (large-16x18)
StoneRidge Retirement Living-Poplar Run	\$194/day for personal care		
Traditions of Hershey		Large Private Suite \$255-279 2 nd Person- \$63-87	Semi-Private Suite \$161-183

ALPINE VALLEY
Post Acute and Healthcare Center
(formerly Spang Crest)
945 Duke Street
Lebanon, PA 17042
PHONE: 717-274-1495



Christine Pearsall, NHA
Executive Director

Ashley Ziegler, LPN, PCHA
Personal Care Home Administrator

Spang Crest Manor Personal Care Christman Memory Center offers personal care services through its 14 Personal Care units for early-stage memory support care.

The Facility

10 Private Rooms
4 Large Private Suites (Suites can accommodate a married couple)

Admission/Payment Information

Average Waiting Time for Admission – 1 month

Special Features

Secured Courtyard
Secured Memory Support Unit
Transition to Skilled Care, if needed

Staffing – 24 hour staffing

LPNs
CNAs
Companions

Resident Program

Assistance w/Activities of Daily Living
Medication Management
Specialized Activities-Social & Recreational
Hairdresser on Site
Special Diets available
On-site: Physical Therapy
Occupational Therapy
Speech Therapy
Podiatry Care available

AMERICAN HOUSE
25 South 9th Street
Lebanon, PA 17042
PHONE: 717-594-4767
FAX: 717-272-7149
EMAIL: info@americanhouse.pc.com

ADMINISTRATOR:
Deion Adams



The American House is a privately owned and operated Personal Care Home for individuals who need assistance with activities of daily living such as personal care, laundry, meals, medication administration and financial management.

The American House is located in center city of Lebanon on 9th Street, within a short walking distance of community businesses.

The Facility

Number of beds – 74
Visiting Hours (suggested)
 9am to 8pm
3 levels, no elevator

Admissions/Payment Information

Average Waiting Time for Admission
 depends on bed availability & suitability
Accepts SSI Supplement
No Admission Fee
Payments due on a Monthly Basis

Staffing: 3 Administrators

Personal Care Assistants
Housekeeping
Maintenance
Dietary Staff

Special Features

Resident Lounge w/TV, DVD
Recreation Room w/TV, DVD, Radio
Smoking permitted outside, **only** in
 smoking areas

Resident Programs

Arts and crafts
Bingo
Ice Cream Socials

CELEBRATION VILLA OF LEBANON

860 Norman Drive

Lebanon, PA 17042

PHONE: 717-228-0909

FAX: 717-228-1047

Tanya Todaro
Executive Director

Gail Bardsley
Sales Director



Celebration Villa of Lebanon, established in November 2021, is a part of Priority Life Care, out of Fort Wayne, Indiana. Residents in our Senior Living Communities are proud of the independence they maintain while enjoying the security of 24-hour personalized assistance, including a helping hand with day-to-day tasks such as bathing, dressing, and medication monitoring. At Celebration Villa of Lebanon, you will enjoy comfortable, secure surroundings that feel just like home, without the hassle of daily chores and upkeep. Also provided with transportation, restaurant style dining, engaging activities, housekeeping and linen services, paid utilities, and a 24-hour emergency call system, each of your needs is met by our caring staff.

The Facility

Number of Beds – 58 Private Apts.
Visiting Hours Anytime

Admission/Payment Information

Average Waiting Time for Admission

Depends on Bed Availability
Payments Due on a Monthly Basis
Rent and Level of Care

Special Features

Laundry Services
Pantry Area
Beauty Shop
Restaurant Style Fine Dining
Medical Transportation
Guest Lectures
Activity Room
Living Room w/Fireplace
Weekly Group Outings
Cable Television
Housekeeping
Maintenance
Small Pets Allowed

Staffing

LPNs or Resident Assistants provide
direct care on every shift
Resident centered physical,
occupational and speech therapy
provided in-house
by Powerback Rehabilitations
Services

Resident Programs

Arts and Crafts
Bingo
Baking
Day Trips
Mall/Restaurant
Gardening
Sing-A-Long
Happy Hour
Family Nights
Musical Entertainment
Church Services
Bible Study
Devotions
Exercise Classes
Painting Classes
Cards/Dominoes
Wii Tournaments

COLUMBIA COTTAGE
103 N Larkspur Drive
Palmyra, PA 17078
PHONE: 717-832-2900
FAX: 717-832-2943
www.columbiacottage.com

Jenna Swope, LPN, PCHA
Resident Services Director

Columbia Cottage is a licensed Assisted Living Community nestled on the edge of the Thistledown Development on Route 322 (3 miles from the Hershey Medical Center). Along with three other communities in Pennsylvania, it is owned and operated by The Horst SeniorCare Group from Lancaster. Columbia Cottage is unique in having ten levels of individualized care. It is the ONLY licensed Assisted Living in Lebanon County. Our ten levels include independent-living through providing personal care assistance and serving as an alternative to skilled nursing without a change in location. We also provide memory support

The Facility

Number of Units – 52
Open Visiting (not during Covid restrictions)

Admission/Payment Information

Admission upon unit availability
Private Pay community
Monthly payment depending on size and location of unit

Staffing

Managing Director
Resident Services Director
RNs and LPNs
Certified Nurse Aides
Coordinators
Homemakers
Food Services Director and Assistant
Maintenance



Special Features

Country Kitchen
2 Enclosed Courtyards
Beauty Shop
Home-like Environment
One-level Living
Communal Areas
52 Private Units

Resident Programs

Unique 10 Levels of Care
Daily Activities
Church Services
Intergenerational Programs
Outings
Posit Science (Brain Fitness Program)

Services

3 Home Cooked Meals daily
Assistance with Medications
Housekeeping
Transportation
Laundry
Social and Recreational Programs
Support to persons living with dementia

CORNWALL MANOR
P. O. Box 125
Cornwall, PA 17016-0125
PHONE: 717-273-2647
FAX: 717-274-8052

Mr. Harry McConnell
President

Personal Care Manager



Cornwall Manor was founded in 1949 in mission with the Eastern Pennsylvania Conference of the United Methodist Church. As a non-profit home, it is part of a Continuing Care Retirement Community (CCRC). In addition to the residential lifestyle options in a wide variety of houses and apartments, a full scope of health services are available on the 200 acre campus. Located in Lebanon County, the campus is surrounded by beautiful woodland scenery.

The Facility

Number of Rooms – 36
Visiting Hours (suggested)-anytime
Skilled Care Facility Available

Admission/Payment Information

Average Waiting Time for Admission
depends on availability
No Admission Fee
Payments Due on a Monthly Basis

Staffing

LPNs
Certified Nurse Aides
Social Worker
Therapy Services
Pastoral Care
Housekeeping
Maintenance

Special Features

Activity Rooms
Chapel
Laundry Rooms
Beauty Shop
Resident Lounge w/TV & Internet

Resident Programs

Arts & Crafts
Bible Study
Musical Events
Exercise
Movies
Cards

Other

Wellness Office: on-site access
to Physicians & Pharmacy Service
The Wright Family Wellness Center
Fitness Equipment

DOWHOWER PERSONAL CARE HOME
120 South 10th Street
Lebanon, PA 17042
PHONE: 717-274-1474
FAX#: 717-274-5609

Lauren Moskal, B.S.
Administrator



Dowhower Personal Care Home offers a home-like atmosphere, located a few blocks from downtown Lebanon.

The Facility

Number of Beds – 36

Visiting Hours (suggested): 8 a.m. to 8 p.m.

Admission/Payment Information

Accepts SSI Supplement

Private Pay Beds Available

Payments due on a Monthly Basis

No Admission Fee

Average Waiting Time for Admission

Depends on Bed Availability

Staffing

Counselors

DCS (Direct Care Staff)

Resident Programs

Halcyon Activity Center

Trips to local events

Shopping Malls

Picnic



Erin Garcia
1125 Birch Road
Lebanon, PA 17042
PHONE: 717-272-8782
FAX: 717-272-8809

Juniper Village at Lebanon is owned and operation by Juniper Communities, LLC. Our mission and pledge is to promote an active body, engaged mind, and fulfilled spirit in each individual we touch. Our communities and signature programs are designed to do just that!

Juniper Village at Lebanon offers beautiful and spacious surroundings including large gathering room with stone fireplace, open dining room with view of our lovely green space, multiple activity rooms, and a variety of private and semi-private suites.

Our programs include Connections – activities designed to promote healthy aging; Partners in Caring – to offer additional health services such as physical, occupational and speech therapy; H’art of Dining – designed to share the joy of good food and spirited service. These are just three of the many quality programs offered at Juniper Village.

We offer both personal care and independent living accommodations. Our personal care suites include private bathrooms, kitchenettes, and are individually temperature controlled. And unlike many other independent living communities, there is no up-front buy in for our Garden Apartments. Personal Care fees and rates are listed on the following page.

Juniper Village at Lebanon | PERSONAL CARE SERVICES and PRICING

Juniper offers personalized options to support wellbeing through active bodies, engaged minds, and fulfilled spirits. Rates include all-day dining, housekeeping, engagement programs, 24-hour monitoring and support of a clinical team.

Monthly Rates Starting At	Personal Care
Studio	\$4,655
Studio Deluxe	\$5,590
One Bedroom	\$6,670
Semi-Private	\$4,060
Respite minimum	\$230/day;30 day

Additional Information

Community Fee, One-time	\$2,000
Second Person Fee, Monthly	\$2,100

Levels of Care

The multiple levels of care and medication management are tailored to meet each individual’s specific needs. An assessment will be completed prior to move-in and regularly thereafter to assure any changes in care and service needs are met. *Monthly rates* below.

Village Living	Included
Supportive Independent lifestyle that includes base services.	
Village Living Plus	\$400
Supportive lifestyle for individuals who require supervised care and services.	
Helping Hands	\$900
Supportive lifestyle for individuals who require supervised care and services.	

Juniper offers additional levels of care beyond those noted above. These advanced levels of care enable most residents to age in place. To see a complete list, please refer to Appendix A.

KADIMA NURSING AND REHAB OF CAMPBELLTOWN
2880 Horseshoe Pike
Palmyra, PA 17078
PHONE: 717-838-2231
FAX: 717-838-2064

Latifa Scott
 Administrator

Susan Deitzler, LPN/PC
 Administrator



Kadima Rehab and Nursing at Campbelltown is a personal care facility as well as a skilled nursing unit. The newly renovated and redecorated single-story construction of the building allows easy access to all parts of the building.

Located along Route 322 in the center of Campbelltown.

The Facility

Number of Beds:
 Skilled beds – 53
 PC beds – 24
 Visiting Hours (suggested)
 24 hours/day
 Nursing Care Facility Available

Admission/Payment Information

Average Waiting Time for Admission
 Depends on Bed
 No Admission Fee
 Payments Due One Month in Advance

Staffing

Personal Care Aide
 Social Worker
 Activities Coordinator
 Therapy Services Available
 Dietician
 Podiatrist
 Psychiatrist
 Optometrist Available
 Audiologist

Resident Programs

Arts & Crafts
 Bible Study
 Bingo
 Exercise
 Movies
 Shopping Trips
 Sunday Church Service
 Pet Therapy
 Variety of Musical Programs

Special Features

Activities Room
 Outdoor Courtyard
 is surrounded by
 buildings for security
 Sun Room
 Resident Lounge w/TV
 Laundry Room
 Library
 Beauty Shop

Other: Respite Care on Personal Care wing, depending on availability

LEBANON VALLEY HOME
550 East Main Street
Annville, PA 17003
PHONE: 717-867-4467
FAX: 717-867-7060



Meredith Schell Fields, NHA
Executive Director

Sandra Epting, PCHA, LPN
Personal Care Home Administrator

Lebanon Valley Home, in addition to Licensed Personal Care, has a 55 bed, skilled nursing care facility available and 12 Independent Living cottages.

Located on Main Street (Route 422) in Annville.

The Facility

Number of Beds – 40
Visiting Hours (Suggested):
Anytime
Nursing Care Facility Available

Admission/Payment Information

*Average Waiting Time for
Admission*

Depends on Bed Availability
No Admissions Fee
No Application Fee
Payment Due on a Monthly Basis

Staffing

Resident Asst 24 hrs/day
Social Worker
Activities Director
Chaplain
Physical, Occupational
and Speech Therapist
LPN Daily
24 Hours

Special Features

Activities Room
Chapel
Laundry Room
Beauty Shop
Private Dining Room
Patio
Fireplace
Private Rooms
Resident Lounges w/Big
Screen Televisions
Internet Access

Resident Programs

Arts & Crafts
Bible Study/Worship
Bingo
Musical Events
Exercise
Movies
Cooking
Cards
Coffee/Snack Stations
Special Meals/Programs
Computers w/Internet
Out of House Trips
Holiday Happenings
Pet Visits
Wii
Manicures
Library
(books/audiobooks)
Resident Council
Puzzle Table

LINDEN VILLAGE
100 Tuck Court
Lebanon, PA 17042
PHONE: 717-274-7400
FAX: 717-274-8800



Executive Director:
Margie McCarty

At Linden Village our residents have Choice, Purpose, & Independence. Choices they make, Purposes they have, and Independence they continue to enjoy. Our Continuum of Care offers a wide range of services on one Campus. Resident Programming provided daily with many different options to choose from. The Longevity of our Staff and the Experience of our Dedicated Team is why we have been able to care for the Lebanon Community and over 500+ residents for over 25+ years!

Linden Village is a unique one-story Personal Care Community designed to enhance community style living. Four Cottages are connected by pathways to our community center, making it a neighborhood brimming with life! Each of our cottages features 16 private rooms to include common family rooms, living and dining rooms. Three of our cottages are designed to meet the needs of residents with Alzheimer's and related Dementias with

The Facility

Number of Beds - 64
 Visiting Hours: Anytime

Admission/Payment Information **Average Waiting Time for Admission**

Able to accommodate appropriate residents within a short period of time
 We accept Weekend Admissions
 Move-in Fee
 Payment Due on a Monthly Basis

Staffing

RNs - On-call
 LPNs - 24 hr/day
 Caregivers - 24 hr/day
 in each cottage
 Program Services Coordinator
 Resident Services Coordinator
 Maintenance
 Housekeeping

Special Features

Great Room for Community and Family Events
 Beauty/Barber Shop
 Home-like Décor
 Family Room
 Family-style meals
 All Rooms are private with full or half bath
 Laundry Room
 Living Room w/TV and Fireplace
 Therapy Services
 (PT, OT, Speech Therapy)

Resident Programs

Arts & Crafts
 Men's/Women's Clubs
 Bingo
 Musical Events
 Daily Exercise
 Daily Devotions
 Cards/Board Games
 Intergenerational Programming
 Heart's Desire
 Resident Council
 Engagement Therapy
 Special programs

LONDONDERRY VILLAGE
1200 Grubb Street
Palmyra, PA 17078
PHONE: 717-838-5406



Londonderry Village is a Christian Community of elderly persons. The Home is an outreach ministry of the Church of the Brethren. In addition to personal care, other options available are independent living (apartments, cottages, duplexes) and nursing care.

Located south of Forge Road from Route 422, then approximately 2 miles, then left onto Londonderry Boulevard and turn right onto Grubb Street.

The Facility

Number of Beds – 38
Visiting Hours (suggested)
10:00am to 8:00pm
Nursing Care Facility Available

Admission/Payment Information

Average Waiting Time for Admission Med Techs
Depends on Bed Availability
Payments Due on a Monthly Basis

Special Features

Activities Room
Laundry Room
Resident Lounge w/TV
Snack Shop
Therapeutic Pool
Gift Shop
Library
Exercise Room
Convenience Store
Thrift Shop
Bank
Pharmacy
Hair Care Shop
Transportation

Staffing

LPNs
Personal Care Assistants
Therapeutic Recreation
Chaplain
Housekeeping
Dietary

Resident Programs

Arts & Crafts
Bible Study
Bingo
Musical Events
Exercise
Movies
Cooking
Sewing
Cards
Outside Bus Trips

Other

Massage Therapy
Speech, Occupational &
Physical Therapies

RICHLAND CHRISTIAN HOME, INC.
211 Race Street
Richland, PA 17087
PHONE: 717-628-1530



Joseph Martin
Administrator

**PLEASE CALL FOR FACILITY AND SERVICE INFORMATION AND
RATES**

**STONERIDGE RETIREMENT HOME AT
POPLAR RUN**
Personal Care
450 East Lincoln Avenue
Myerstown, PA 17067
PHONE: 717-866-3208
FAX: 717-866-3286

Leanne Kemmerling
Personal Care Administrator



StoneRidge – Poplar Run offers personal care services through its Personal Care unit. In addition to personal care, the community offers a variety of services from independent living through skilled nursing.

Located along Route 422 on 26 acres in rural Myerstown.

The Facility

Number of Beds – 36
Visiting Hours – Anytime
Nursing Care Facility Available

Admissions/Payment Information

Payments Due on Monthly Basis

Average Waiting Time for Admission

Depends on Bed Availability

Staffing

LPN
Nurse Aides
Activities
Physical Therapy
Occupational Therapy
Speech Therapy
Transportation
Chaplain
Dietary
Housekeeping
Maintenance/Laundry

Special Features

Activities Room
Beauty Shop
Resident Lounge w/TV
Library
Gift Shop
Spacious Patios
Restaurant
Outdoor Living Space
Small Kitchenette

Resident Programs

Arts & Crafts
Bible Study
Bingo
Musical Events
Exercise
Movies
Bus Trips
Discussion
Reminisce
Trivia



**100 N. Larkspur Drive
Palmyra, PA 17078
PHONE: 717-838-2330**

Director

FAX: 717-838-9026

<http://www.traditionsofhershey.com>

**Mike Lapinsky, Executive Director
Becky Weaver, Resident Care**

Traditions of Hershey is a unique senior community located on the outskirts of Hershey, Pennsylvania between Harrisburg and Lebanon. Traditions of Hershey offers both Independent and Personal Care apartments. Independent Living residents enjoy the luxury of a carefree lifestyle with the conveniences of a five-star hotel! Our personal care program provides 24-hour assistance, such as help with medication management, bathing and dressing.

Personal Care Beds – 36

Apartment Units – 120

Payment Type – Monthly lease. No buy-in needed

Respite/Transitional Care Daily Rates

Personal Care Services

Research shows that seniors who receive proper nutrition, stay fit, and engage in an active social life live longer, happier and healthier. Our Personal Care community provides assistance with basic care needs in an environment that provides healthy meals, exercise programs and a full social calendar of activities. In addition, our Personal Care Program provides residents with daily health monitoring by a professional staff of nurses and caregivers.

Monthly Rent Includes:

- 24-hour personal care assistance with professional nurse on site or on call
- Three Delicious well-balanced meals served daily plus daily snacks (we accommodate special diets)
- A variety of therapeutic and social activities including exercise programs, health clinics, music programs, cooking classes and movies
- Scheduled transportation to local medical appointments, cultural and sporting events, restaurants and shopping
- Laundry and housekeeping services
- On-site healthcare services including therapy and pharmacy
- Emergency Medical Alert system
- Medication Management

Community Features:

- 24-hour personal care assistance with professional nurse
- on site or on call
- Three meals served daily in our dining room, plus daily snacks
- A variety of therapeutic and social activities
- Scheduled group transportation
- On-site Beauty and Barber services
- Laundry and Housekeeping services
- State-of-the-art Pharmacy services
- Emergency Medical Alert Systems
- On-site Therapy Services
- Secured entrances
- Small pets welcome
- Physician communication
- Posit Science Brain Fitness Program

Monthly Rent Includes: Cont

- Individual care coordinated by Personal Care director
- Physician communication
- All utilities except telephone and cable
- Trash removal
- Maintenance of community interior, grounds and parking areas