

March

Lebanon County Cold Dinner Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
|  |  | | | |
| | | 1 | 2 | 3 |
| | | 3oz Chicken Breast 1oz Cheddar Cheese 4oz Fruit Juice Whole Grain Sandwich Roll 1/2c Sliced Peaches Mayo Pkt Milk | 4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c Applesauce Milk | 2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk |
| 6 | 7 | 8 | 9 | 10 |
| 3oz Sliced Turkey Breast 1oz Provolone Cheese 1/2c Tomato, Onion, Pepper Salad 2 Multi Grain Bread Fresh Fruit Mayo Pkt Milk | 4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk | 3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk | 2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk | 3oz Sliced Roast Pork 1oz Cheddar Cheese 1/2c Carrot Raisin Salad 2 Rye Bread Fresh Fruit Ketchup Pkt Milk |
| 13 | 14 | 15 | 16 | 17 |
| 3oz Sliced Baked Ham 1oz American Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Sliced Peaches Mayo Pkt Milk | 3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk | 2 T Peanut Butter. 1 T. Jelly 1/2c Cottage Cheese 4oz Fruit Juice 2 Multi Grain Bread 1/2c Pineapple Tidbits Milk | Happy St. Patrick's Day! 16 3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk  | 3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk |
| 20 | 21 | 22 | 23 | 24 |
| 4oz Egg Salad 1/2oz Cheddar Cheese 1/2c Vegetable Salad 2 Multi Grain Bread 1/2c. Applesauce Milk | 3oz Sliced Roast Beef 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c. Tropical Fruit Salad Mayo Pkt Milk | 3oz Turkey Breast 1oz Cheddar Cheese 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Tropical Fruit Salad Mayo Pkt Milk | 3oz Chicken Breast 1/2oz Cheddar Cheese 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Mayo Pkt, Milk | 3oz Meatloaf 1oz Provolone Cheese 1/2c. Broccoli Salad 2 Whole Wheat Bread Fresh Fruit Mayo Pkt Milk |
| 27 | 28 | 29 | 30 | 31 |
| 4oz Ham Salad 1/2oz Cheddar Cheese 2 Tomato Slices 4oz Fruit Juice 2 Whole Wheat Bread 1/2c Diced Peaches | 3oz Chicken Breast 1oz Provolone Cheese 1/2c Broccoli Salad 2 Whole Wheat Bread 1/2c Mandarin Oranges Mayo Pkt Milk | 3oz Corned Beef 1oz Swiss Cheese 1/2c Cucumber Salad 2 Rye Bread Fresh Fruit Mayo Pkt Milk | 4oz Creamy Chicken Salad 1/2oz Swiss Cheese 1/2c Carrot Raisin Salad 2 Multi Grain Bread 1/2c Sliced Pears Milk | Tuna Salad Sandwich - 4oz 1/4c Lettuce, 1 slice Tomato 4oz Fruit Juice Wheat Sandwich Roll 1/2c Mixed Fruit Salad Milk |