

Trauma Informed Care

Research shows that **67%** of the population has experienced at least one adverse childhood experience. These trauma-based adversities are predictive of a multitude of toxic physical, mental and social outcomes throughout a person's lifetime.

Jayne Miller, Certified Trainer

Jayne Miller, a graduate of Alvernia University, has worked for WellSpan (formerly Philhaven) since 2003. Currently she serves as a Social Service Specialist with the Arches to Wellness Program. Jayne is a certified trainer in Trauma-Informed Care through Lakeside Global Institute. With her first-hand knowledge and experience, Jayne has a unique understanding of the need for de-stigmatization of mental health concerns and a keen sense of the need for early prevention/ intervention. Bringing a strong sense of personal commitment to the community, Jayne believes that as community members and leaders become more versed in the dynamics of mental health, we can, together, encourage hope, healing and wholeness.

Trauma 101

To be better informed and prepared to prevent and address the traumatic impact of childhood adversities, professionals work together in this interactive workshop to build a powerful image that helps them appreciate the complex nature of trauma and its aftermath.

Date

March 11, 2025 OR
July 29, 2025

Time

9:00 AM - 12:00 PM

Trauma 102

Prerequisite Trauma 101

Building on information provided in Trauma 101, professionals will expand their understanding of trauma and are provided specific skills that enhance abilities to interact in emotionally and relationally healthy ways with people impacted by trauma. This workshop provides professional opportunities to practice the skills presented.

Date

March 11, 2025 OR
July 29, 2025

Time

1:00 - 4:00 PM

Location

Lebanon County MH/ID/EI Office
220 East Lehman Street, Lebanon

No cost to attend but registration is required.

TO REGISTER: email Monica.Boyer@lebanoncountypa.gov. Indicate session date. If you are registering for Trauma 102 and not 101 please send proof of completion of 101.