

MYERSTOWN



MAY 2024

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is available Mon-Fri. Orders need to be placed by 11:00am on the previous business day. Suggested donation for meal is \$4.50	Upcoming Events 6/5- Happy May Luncheon @ Quentin Haus* 6/12 - Farmers Market Check Distribution 6/13 - Father's Day special carpool trip to Alpacas Farm	1 <u>All Centers Closed</u> Health is Wealth Information & Resource Fair @ 710 Maple Street, Lebanon 10:00-2:00 PM (RSVP for Lunch by 4/24) 5:00 Sole Supporters Walk	2 10:00 Activity Calendar Distribution 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/Planning Meeting	3 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch
5 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	7 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	8 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise 12:00 Happy Mother's Day Luncheon @ Mick's* (SU by 5/1) 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	9 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ Kauffman's (Sign up by 5/2)	10 10:30-11:30 Collect for Events & Trips 10:00-2:00 Pinochle* 10:30-11:30 Bingo* 12:00-12:30 Lunch
13 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	14 8:00 Golden Sneakers Walking @ Fairlane& Breakfast* 10:30-12:00 Mother's Day Tea Party & Entertainment (Sign up by 5/7) 12:00-12:30 Lunch	15 10:30-11:30 Stretch Resistance Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	16 10:30-11:30 Chair Exercise 12:00 Soup & Sandwich Special Meal* (order by 5/9) Menu: Italian Wedding, Minestrone Soup, Turkey Sandwich, Cole Slaw, Strawberry Pie, Milk.	17 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch
20 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch	21 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study	22 10:30-11:30 Stretch Resistance Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	23 <u>Center Closed</u> Myerstown Senior Center 50 th Anniversary Celebration @ Hebron Banquet Hall* 11:30 – 2:30 PM	24 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch
27 <u>All Centers/Office Closed</u>	28 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch	29 10:00-10:30 Stretch Resistance Exercise 10:30-12:00 Craft* 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk	30 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ Wetlands (Sign up by 5/23)	31 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch