

MYERSTOWN



MAY 2024

LEBANON COUNTY SENIOR COMMUNITY CENTER PROGRAM

| Manager: Anne Kim 59 N Ramona Rd, PO Box 611, Myerstown, PA 17046 | 717) 679-9546 | myerstown.seniorcenter@lebanoncountypa.gov |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| Lunch is available Mon-Fri. Orders need to be placed by 11:00am on the previous business day. Suggested donation for meal is \$4.50 | Upcoming Events 6/5- Happy May Luncheon @ Quentin Haus* 6/12 - Farmers Market Check Distribution 6/13 - Father's Day special carpool trip to Alpacas Farm | 1 <u>All Centers Closed</u> Health is Wealth Information & Resource Fair @ 710 Maple Street, Lebanon 10:00-2:00 PM (RSVP for Lunch by 4/24) 5:00 Sole Supporters Walk | 2 10:00 Activity Calendar Distribution 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 1:00-2:00 Advisory/Planning Meeting | 3 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch |
| 5 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch | 7 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study | 8 10:00 Nutrition Ed Flyer Distribution 10:30-11:00 Stretch Resistance Exercise 12:00 Happy Mother's Day Luncheon @ Mick's* (SU by 5/1) 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk | 9 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ Kauffman's (Sign up by 5/2) | 10 10:30-11:30 Collect for Events & Trips 10:00-2:00 Pinochle* 10:30-11:30 Bingo* 12:00-12:30 Lunch |
| 13 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch | 14 8:00 Golden Sneakers Walking @ Fairlane& Breakfast* 10:30-12:00 Mother's Day Tea Party & Entertainment (Sign up by 5/7) 12:00-12:30 Lunch | 15 10:30-11:30 Stretch Resistance Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk | 16 10:30-11:30 Chair Exercise 12:00 Soup & Sandwich Special Meal* (order by 5/9) Menu: Italian Wedding, Minestrone Soup, Turkey Sandwich, Cole Slaw, Strawberry Pie, Milk. | 17 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch |
| 20 10:15-11:15 Coupon Clipping for Troops 10:30-11:30 Line Dancing 12:00-12:30 Lunch | 21 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch 1:00-2:00 Bible Study | 22 10:30-11:30 Stretch Resistance Exercise 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk | 23 <u>Center Closed</u> Myerstown Senior Center 50 th Anniversary Celebration @ Hebron Banquet Hall* 11:30 – 2:30 PM | 24 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch |
| 27 <u>All Centers/Office Closed</u> | 28 8:00 Golden Sneakers Walking @ Fairlane & Breakfast* 10:30-12:00 Games 12:00-12:30 Lunch | 29 10:00-10:30 Stretch Resistance Exercise 10:30-12:00 Craft* 12:00-12:30 Lunch 2:00 Bocce @ Fairlane 5:00 Sole Supporters Walk | 30 10:30-11:30 Chair Exercise 12:00-12:30 Lunch 4:00 Mini Golf & Dinner @ Wetlands (Sign up by 5/23) | 31 10:30-11:30 Collect for Events & Trips 10:30-11:30 Bingo* 12:00-12:30 Lunch |